

Additional Pages Attached

# PRIMARY TREATING PHYSICIAN'S PROGRESS REPORT

Check the boxes which indicate why you are submitting a report at this time.		
<input checked="" type="checkbox"/> Periodic Report	<input type="checkbox"/> Change in treatment plan	<input type="checkbox"/> Release from care
<input type="checkbox"/> Change in work status	<input type="checkbox"/> Need for referral or consultation	<input type="checkbox"/> Response to request for information
<input type="checkbox"/> Change in patient's condition	<input type="checkbox"/> Need for surgery or hospitalization	<input type="checkbox"/> Request for authorization
<input type="checkbox"/> Other		

**Patient**

Last Name Anderson	First Name Tiffany	MI		
Address 2856 APPLEWOOD DR	City Lodi	State CA	Zip 95242	Sex F
Occupation	Phone Number (209) 369-2408	Date of Birth 08/22/1970		
				Date of Injury 6-19-08

**Claims Administrator**

Name AIMS	Claim No. VE0700184		
Address	City	State	Zip
Phone	Fax		
Employer:	Phone		

**Subjective Complaints:**

See attached.

**Objective Findings:**

1	Chondromalacia patellae, right knee	ICD-10	M22.41
2	Complex tear of lateral meniscus, current injury, right knee, subsequent encounter	ICD-10	S83.271D
3	Pain in right knee	ICD-10	M25.561
4		ICD-10	

5		ICD-10	
6		ICD-10	
7		ICD-10	
8		ICD-10	
9		ICD-10	
10		ICD-10	
11		ICD-10	
12		ICD-10	

**Treatment Plan:**

See attached.

**Work Status:**

The patient has been instructed to:

Remain off-work until:

Return to *modified* work on:

with the following limitations or restrictions:

Return to full duty on

with no limitations or restrictions.

**Primary Treating Physician:** Gary Murata, MD

Date of exam: 11/29/2016

I declare under penalty of perjury that this report is true and correct to the best of my knowledge and that I have not violated Labor Code section 139.3.

Signature



Cal. License number: G50229

Executed at: San Joaquin, California

Date: 12/1/2016

Physician Name Gary Murata, MD

Specialty Orthopaedic Surgery

Physician Address: 2488 N. California St.  
Stockton, CA 95380

Phone Number (209) 948-3333

CC: DOH

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ADMINISTRATOR

## Attachment for PR-2

## Visit Note

**Date of Exam:** 11/29/2016  
**Patient Name:** Tiffany Anderson  
**Date of Birth:** 08/22/1970

**Past History:**  
 See Chart for Past History

**Chief Complaint:**  
 Knee: Follow up right knee pain.

**History of Present Illness:**  
 Knee: Ms. Anderson continues to have pain and weakness as well as catching about her right knee. In the past she has had improvement with these symptoms with physical therapy. She is interested in another course of physical therapy. She also notes improvement with over-the-counter topical essential oils as well as ingested oils. She brought in a number of her records outlining exposures and different types of complaints. Apparently in June of 2004, she had a first exposure with a rash. On January 25th, she had a second exposure. On October 1st, she had a third exposure where she fell into a ditch with water. She documents injuries to her right knee in June of 2008, March 2009, and July 2009. On November 17, 2009, she noted a whistle blower complaint. She states she had a fourth injury on June 29, 2011, with another exposure. She contacted OSHA from December 9, 2009, to April 4, 2014, noting no training, problems with gaining access to properties, no MSDS for all chemicals being applied, poor training, and working around water without a floatation device. She states there are other violations from March of 2004 to January of 2013. She also wanted me to be aware that she was ill in 2012 for six months. She apparently had a room mate who had clostridium difficile and died from aspiration pneumonia. She had exposure to this person. She did not go to PT as she had a death in the family. She states that she feels more pain and a rash about her trunk and head secondary to toxic exposure from her most recent knee injury. Her Dermatology consult was denied by WC insurance.

The above history was reviewed. No fever or chills. She is feeling slightly better since last visit. She still feels more pain in his right knee. Her mother passed away in last visit. She is more concern about her medical records regarding the pain meds and PT for her right knee. She did not attend the PT which was ordered in last visit due to her family issues. She is

interested in more PT and requesting for the PT again. She is also requesting a consultation to Chiropractor.

**Exam:**

**RIGHT KNEE:**

Range of motion of the right knee is 0-120 degrees. Quadriceps strength again is 4+/5. She has mild diffuse joint tenderness. No effusion. Ligaments are stable. Gait pattern is normal.

About the right lower extremity, nontender log rolling of the right hip.

**Impression:**

RIGHT Chondromalacia patellae, right knee

RIGHT Complex tear of lateral meniscus, current injury, right knee, subsequent encounter

RIGHT Pain in right knee

**Plan:**

Knee: Diagnosis and treatment options were thoroughly discussed with the patient at this point. She again states that she has had multiple chemical exposures. Again I advised her that I am not an expert in this type of injury. I explained the pathology to the patient that if the patient fails with all the conservative treatments, the patient is a possible candidate for the arthroscopy of the right knee. She would like to keep her future treatment open. Her condition will be observed. I have recommended and ordered 6 sessions of PT for her right knee. Follow-up in the office in 6 months. Prescribed Tramadol #90 today to be taken for severe pain but not daily. She is considering changing her primary treater to a Chiropractor.

Work Status: Standing and walking occasional. No kneeling or squatting.

**Medications Prescribed:**

tramadol 50 mg tablet 1 TID 90 0 y

tramadol 50 mg tablet 1 TID 90 y

I have not violated Labor Code Section 139.3, and the contents of the report and bill are true and correct to the best of my knowledge. This statement is made under penalty of perjury in San Joaquin County, CA, dated 12-1-16.



Gary Murata, MD

Electronically signed on 12/1/2016 9:17:43 AM