12/13/99

Patient: BEARD, TOM G.

ALPINE ORTHOPAEDIC

Account: WC123764

## PRIMARY PHYSICIAN'S PROGRESS REPORT PR-2 Periodic Report [ ] Change in Work Status [ ] Change in Treatment [ ] Change in patient's condition [ ] Info requested by [ ] Need consultation referral [ ] Discharged [ ] Need surgery/hospitalization [ ] Other: PATIENT Account: WC123764 Doctor: 8 D.O.B.: 09/24/49 SEX: M TOM G. BEARD CA 95203 2937 TOYON DRIVE #2 STOCKTON PHONE: (209) 941-4816 SS#: 558-76-6159 CLAIMS ADMINISTRATOR DOI: 05-25-95 Claim #: 6938950005 BRAGG AND ASSOC. 95678 ROSEVILLE P.O. BOX 1406 Employer: S.J. CTY MOSQUITO CONTROL DIAGNOSIS SPRAIN/STRAIN MED MENISCUS/CARTILAG 715.96 2. 274.9 3. WORK STATUS This patient has been instructed to: [ ] Remain off work until with the following [ ] Return to Modified Work on limitations and instructions: with no limitations or Return to Full Duty on restrictions. [ ] Full Duty CONTINUE WITH: [ ] Modified Work PART OF BODY: LEFT KNEE 12-8-99 DATE OF EXAM: Patient returns for reevaluation. He is here for his opposite right knee. His left knee is doing fairly well. He notes that during his postoperative period and rehab when he placed excessive pressure on his right knee, it started getting more sore, and on this basis it has been considered a work injury. Certainly, there would be need for apportionment at the time of any final disability settlement. Apparently, the patient stopped taking Celebrex a couple of weeks ago and developed increased pain this week, such that he took himself off work on Monday. On exam the right knee had no effusion. It was difficult to assess, due to the patient's large size. Medial joint line pain was noted on the right knee, none on the left. No crepitus of either knee. 0-120 degree range of motion of both knees. No ligamentous laxity identified. ASSESSMENT: Bilateral knee osteoarthritis. Status post left knee arthroscopic medial meniscectomy in January 1996. I continue to recommend a

gym membership for him. He finds that when he works out regularly he has

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less pain and can function better at work. I gave him a note to keep him off work from 12-6-99 through 12-14-99. I plan to reevaluate him in one month's time. Celebrex may be taken up to twice a day for a period of time to better control his symptoms.//

E.L. Cahill, M.D./jaq

"I have not violated Labor Code Section 139.3 and the contents of the report and bill are true and correct to the best of my knowledge. This statement is made under penalty or perjury."

Date this day of 12-13-9 at San Joaquin County, California.

BRAGG & ASSOC.

JAN 0 3 2000