Account: WC123764

ALPINE ORTHOPAEDIC

Date this day of 10-20 99 at San Joaquin County, California. DATE PRINTED:

Patient: BEARD, TOM G. PRIMARY PHYSICIAN'S PROGRESS REPORT PR-2 [] Change in Work Status
[] Change in patient's condition
[] Need consultation referral
[] Need surgery/hospitalization
[] Other: PATIENT Doctor: D.O.B.: 09/24/49 Account: WC123764 SEX: M TOM G. BEARD CA 95203 STOCKTON PHONE: (209) 941-4816 2937 TOYON DRIVE #2 SS#: 558-76-6159 CLAIMS ADMINISTRATOR DOI: 05-25-95 Claim #: 6938950005 BRAGG AND ASSOC. 95678 CA ROSEVILLE P.O. BOX 1406 Employer: S.J. CTY MOSQUITO CONTROL DIAGNOSIS 1. SPRAIN/STRAIN MED MENISCUS/CARTILAG 836.0 715.96 274.9 This patient has been instructed to: 3. WORK STATUS [] Remain off work until with the following [] Return to Modified Work on limitations and instructions: with no limitations or Return to Full Duty on restrictions. [] Full Duty [] Modified Work SUBJECTIVE: Patient's left knee has been painful. He has noticed the cold weather has bothered it more. He needs a new prescription for a gym membership. They want him to go to a different gym which has a different OBJECTIVE: Medial joint line tenderness is persistent. No effusion. No ligamentous laxity. Patellofemoral grind test is negative. ASSESSMENT: Osteoarthritis of both knees. Obesity. Status post left knee arthroscopic partial medial meniscectomy. PLAN: Continue Celebrex 200 mg 1 po qd. CBC and chemistry panel will be obtained to monitor any toxicity to the medication. Return to office in two weeks to discuss his laboratory findings. EDWARD L. CAHILL, M.D./alr/ BRAGG & ASSOC. "I have not violated Labor Code Section 139.3 and the contents of the report and bill are true OCT 28 1999 and correct to the best of my knowledge. This statement is made under penalty or perjury."