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June 25, 2001

OF COUNSEL  
B. FRANKLIN WALKER

KEVIN R. TWOHY  
(1917-1992)

WORKERS' COMPENSATION APPEALS BOARD  
31 E. Channel Street, Room 344  
Stockton, California 95202

RECEIVED

NOV 02 2001

DIVISION OF  
WORKERS COMPENSATION  
STOCKTON OFFICE

Attention: The Honorable Judge Bovett

RE: THOMAS BEARD v. SAN JOAQUIN MOSQUITO ABATEMENT DISTRICT  
WCAB: STK 124216; STK 124214  
CLAIM: 6201500; 6201527

Dear Judge Bovett:

Pursuant to the Rules of Practice and Procedure of the Workers' Compensation Appeals Board, enclosed for filing please find the following report(s) of:

ALPINE ORTHOPAEDIC GROUP dated June 25, 2001  
ALPINE ORTHOPAEDIC GROUP dated March 6, 2001  
ALPINE ORTHOPAEDIC GROUP dated December 11, 2000

A copy of the above is being served upon the appropriate parties as shown below.

Very truly yours,

TWOHY DARNEILLE & FRYE



DOUGLAS C. SPARKS

DCS\vsf  
Enclosure

cc: BRAGG & ASSOCIATES, P.O. Box 1406, Roseville, CA 95678-1406  
Attention: Gail Matthews

FARRELL, FRAULOB, BROWN & GANT, P.O. Box 160467, Sacramento, CA 95816, Attention: David G. W. Belden (Sent via fax on 6/25/01)

ALPINE ORTHOPAEDIC

PR-2

DATE PRINTED:

06/25/01

Patient: BEARD, TOM G.

Account: WC123764

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PRIMARY PHYSICIAN'S PROGRESS REPORT PR-2

☒ Periodic Report  
☐ Change in Work Status  
☐ Change in patient's condition  
☐ Need consultation referral  
☐ Need surgery/hospitalization

☐ Change in Treatment  
☐ Info requested by  
☐ Discharged  
☐ Other:

## PATIENT

Account: WC123764

Doctor: 8

TOM G. BEARD

SEX: M

D.O.B.: 09/24/49

2937 TOYON DRIVE #2

STOCKTON

CA 95203

SS#: 558-76-6159

PHONE: (209) 941-4816

CLAIMS ADMINISTRATOR

BRAGG AND ASSOC.

Claim #: 6201500.

DOI: 05-25-95

P.O. BOX 1406

ROSEVILLE

CA 95678

Employer: S.J. CTY MOSQUITO CONTROL

## DIAGNOSIS

1. SPRAIN/STRAIN MED MENISCUS/CARTILAG 836.0  
2. 715.96  
3. 274.9

RECEIVED

NOV 02 2001

DIVISION OF  
WORKERS COMPENSATION  
STOCKTON OFFICE

WORK STATUS This patient has been instructed to:

- ☐ Remain off work until  
☐ Return to Modified Work on  
limitations and instructions:  
☐ Return to Full Duty on  
restrictions.

with the following  
with no limitations or

CONTINUE WITH: ☐ Modified Work ☐ Full Duty#####  
DATE OF EXAM: 5/30/01 PART OF BODY: LEFT KNEE  
#####

Overall his knees have been bothering him. His right knee has been having more medial knee pain. He has only been exercising about once a week at the gym. When he does go, he uses the treadmill. He would like to continue his gym membership. His weight he says is about the same.

On examination, right knee medial joint line tenderness was identified. Range of motion of 0-120 motion of both knees is noted. No effusion of either knee could be palpated. No crepitus of either knee.

## ASSESSMENT:

1. Right knee medial compartment arthritis.  
2. Left knee status post arthroscopic partial medial meniscectomy.

PLAN: I recommend annual x-rays be obtained to monitor any progressive joint space narrowing. It would be appropriate to take x-rays of both knees on the followup visit. Laboratory studies will be done a week prior to his next office appointment to monitor any renal, hepatic

VICKI 916 444 6681

JUN 25 2001



ALPINE ORTHOPAEDIC

PR-2

DATE PRINTED:

06/25/01

Patient: BEARD, TOM G.

Page 2

Account: WC123764

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or hematologic toxicity to the Celebex as an anti-inflammatory  
agent which will be continued 200 mg one pill on a once-a-day basis.  
I have given him a prescription to renew his gym membership.  
Patient has been permanent and stationary in regards to his industrial  
injury for many years.  
Edward L. Cahill, M.D./jh

ALPINE ORTHOPAEDIC

PR-2

DATE PRINTED:

03/06/01

Patient: BEARD, TOM G.

Account: WC123764

## PRIMARY PHYSICIAN'S PROGRESS REPORT PR-2

☒ Periodic Report☐ Change in Work Status☐ Change in patient's condition☐ Need consultation referral☐ Need surgery/hospitalization☐ Change in Treatment☐ Info requested by☐ Discharged☐ Other:

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NOV 02 2001

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2. 715.96

3. 274.9

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limitations and instructions:

with the following

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restrictions.

with no limitations or

CONTINUE WITH: ☐ Modified Work ☐ Full Duty#####  
DATE OF EXAM: 3/5/01 PART OF BODY: LEFT KNEE#####  
The patient returns to the office today for reevaluation. It has beenthree months since his last visit. He notes that his gym membership  
prescription is running out. He feels today that both knees are doing  
well. This is about as good as he has been. He continues to take  
Celebrex on a daily basis.On examination knee range of motion is from 0-120 degrees of both knees.  
There is no joint line tenderness. No crepitus with either knee. No  
effusion could be palpated.ASSESSMENT: Status post right knee medial compartment osteoarthritis.  
Left knee medial compartment osteoarthritis.  
Obesity.

Weight loss encouraged. Celebrex will be encouraged. I plan on



ALPINE ORTHOPAEDIC

PR-2

DATE PRINTED:

03/06/01

Patient: BEARD, TOM G.

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PRIMARY PHYSICIAN'S PROGRESS REPORT PR-2

<input checked="" type="checkbox"/> Periodic Report	
<input type="checkbox"/> Change in Work Status	<input type="checkbox"/> Change in Treatment
<input type="checkbox"/> Change in patient's condition	<input type="checkbox"/> Info requested by
<input type="checkbox"/> Need consultation referral	<input type="checkbox"/> Discharged
<input type="checkbox"/> Need surgery/hospitalization	<input type="checkbox"/> Other:

## PATIENT

Account: WC123764

Doctor: 8

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SEX: M

D.O.B.: 09/24/49

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Claim #: 6201500.

DOI: 05-25-95

P.O. BOX 1406

ROSEVILLE

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Employer: S.J. CTY MOSQUITO CONTROL

## DIAGNOSIS

1. SPRAIN/STRAIN MED MENISCUS/CARTILAG	836.0
2.	715.96
3.	274.9

WORK STATUS This patient has been instructed to:

<input type="checkbox"/> Remain off work until	
<input type="checkbox"/> Return to Modified Work on	with the following
limitations and instructions:	
<input type="checkbox"/> Return to Full Duty on	with no limitations or
restrictions.	

CONTINUE WITH: ☐ Modified Work ☐ Full Duty#####  
DATE OF EXAM: 3/5/01 PART OF BODY: LEFT KNEE  
#####

The patient returns to the office today for reevaluation. It has been three months since his last visit. He notes that his gym membership prescription is running out. He feels today that both knees are doing well. This is about as good as he has been. He continues to take Celebrex on a daily basis.

On examination knee range of motion is from 0-120 degrees of both knees. There is no joint line tenderness. No crepitus with either knee. No effusion could be palpated.

ASSESSMENT: Status post right knee medial compartment osteoarthritis. Left knee medial compartment osteoarthritis. Obesity.

Weight loss encouraged. Celebrex will be encouraged. I plan on

ALPINE ORTHOPAEDIC

PR-2

DATE PRINTED:

12/11/00

Patient: BEARD, TOM G.

Account: WC123764

-----  
PRIMARY PHYSICIAN'S PROGRESS REPORT PR-2

- ☐ Periodic Report  
☐ Change in Work Status  
☒ Change in patient's condition  
☐ Need consultation referral  
☐ Need surgery/hospitalization

- ☐ Change in Treatment  
☐ Info requested by \_\_\_\_\_  
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☐ Other:

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restrictions.

with the following

with no limitations or

CONTINUE WITH: ☐ Modified Work ☐ Full Duty

DATE OF EXAM: 12/11/00

PART OF BODY: LEFT KNEE

Tom returns to the office today for reevaluation. His left knee is noted to be better than it has been in the past. He has been taking Celebrex twice a day. If it is not bothering him much, he will take it once a day. He has not missed any time from work since I last took him off for a few days in November.

On examination, there is no effusion of either knee. There is some mild medial joint line tenderness bilaterally. Knee range of motion was from 0-115 degrees of the left knee and 0-110 degrees of the right knee. No ligamentous laxity was noted bilaterally.

## ASSESSMENT:

1. Right knee medial compartment osteoarthritis.  
2. Left knee medial compartment osteoarthritis.  
3. Obesity.

PLAN: Weight loss is encouraged. Celebrex will be continued as an anti-inflammatory agent. He is to return to the office in three months'



ALPINE ORTHOPAEDIC

PR-2

DATE PRINTED:

12/11/00

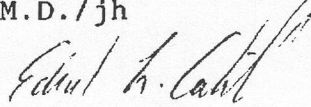
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Patient: BEARD, TOM G.

Account: WC123764

time at which time we will repeat his laboratory work to monitor his liver and kidney function for any renal or hepatic toxicity to the medication.

Edward L. Cahill, M.D./jh



"I have not violated Labor Code Section 139.3 and the contents of the report and bill are true and correct to the best of my knowledge. This statement is made under penalty or perjury."

Date this day of DEC 11 2000  
at San Joaquin County, California.