

ALPINE ORTHOPAEDIC

PR-2

DATE PRINTED:

03/06/01

Patient: BEARD, TOM G.

Account: WC123764

PRIMARY PHYSICIAN'S PROGRESS REPORT PR-2

[X] Periodic Report
[] Change in Work Status
[] Change in patient's condition
[] Need consultation referral
[] Need surgery/hospitalization
[] Change in Treatment
[] Info requested by
[] Discharged
[] Other:

PATIENT

Account: WC123764 Doctor: 8
TOM G. BEARD SEX: M D.O.B.: 09/24/49
2937 TOYON DRIVE #2 STOCKTON CA 95203
SS#: 558-76-6159 PHONE: (209) 941-4816
CLAIMS ADMINISTRATOR
BRAGG AND ASSOC. Claim #: 6201500. DOI: 05-25-95
P.O. BOX 1406 ROSEVILLE CA 95678
Employer: S.J. CTY MOSQUITO CONTROL

DIAGNOSIS

1. SPRAIN/STRAIN MED MENISCUS/CARTILAG 836.0
2. 715.96
3. 274.9

WORK STATUS This patient has been instructed to:

[] Remain off work until
[] Return to Modified Work on with the following
limitations and instructions:
[] Return to Full Duty on with no limitations or
restrictions.

CONTINUE WITH: [] Modified Work [] Full Duty

DATE OF EXAM: 3/5/01 PART OF BODY: LEFT KNEE
#####

The patient returns to the office today for reevaluation. It has been three months since his last visit. He notes that his gym membership prescription is running out. He feels today that both knees are doing well. This is about as good as he has been. He continues to take Celebrex on a daily basis.

On examination knee range of motion is from 0-120 degrees of both knees. There is no joint line tenderness. No crepitus with either knee. No effusion could be palpated.

ASSESSMENT: Status post right knee medial compartment osteoarthritis. Left knee medial compartment osteoarthritis.

Obesity.

Weight loss encouraged. Celebrex will be encouraged. I plan on

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