

ALPINE ORTHOPAEDIC PR. 'ORM
(209) 948-3333

Patient: Tiffany Anderson

2488 N. CALIFORN STREET
STOCKTON, CA 95204

Account#: DI 168478

- | | |
|--|--|
| <input checked="" type="checkbox"/> Periodic report | <input type="checkbox"/> Change in treatment |
| <input type="checkbox"/> Change in work status | <input type="checkbox"/> Info requested by: |
| <input type="checkbox"/> Change in patient's condition | <input type="checkbox"/> Discharged |
| <input type="checkbox"/> Need surgery/hospitalization | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Need consultation referral | |

PATIENT

Account: DI 168478

Tiffany Anderson

1416 Iris Dr #7

SS#: 549-23-5133

Lofi

Ca 95242

Doctor: Gary T Murata M.D.

Sex: female DOB: 08/22/1970

Phone: 209 333-1037

CLAIM ADMINISTRATOR

A.I.M.S.

Claim #: VE0700184

DOI: 06/19/08

Po Box 269120

Sacramento, CA 95826

Employer: Sj Co Mosquito Control

DIAGNOSIS

1. 836.1 /

WORK STATUS: This patient has been instructed to

Remain off work until

Return to modified work with the following limitations and restrictions:

Return to full duty **1-5-09** with no limitations or restrictions; **light duty now (no squatting or running, walking occasionally, no climbing)**

Continue with: Modified Work

Full Duty

Date of Exam: December 17, 2008

Part of Body: Right Knee

Subjective: Tiffany is slowly improving. Her swelling is much better and she is now taking much less Norco.

Objective: On physical examination no effusion of her knee, good range of motion. Gait pattern is normal.

ASSESSMENT: Continued improvement following arthroscopy with partial lateral meniscectomy.

Tiffany is now 3 months following surgery.

PLAN: Return to regular work after the first of the year. Continue a home exercise program. She is currently moving to a new residence in Stockton, and will have her own personal workout equipment. Follow-up in the office in one month.

I have not violated Labor Code Section 139.3, and the contents of the report and bill are true and correct to the best of my knowledge. This statement is made under penalty of perjury in San Joaquin County, CA, dated 12-18-08.

Gary T. Murata, M.D. / jaq