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(209) 368-7433
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Initial Patient Evaluation

5/12/11 VB

Date:	12-15-11	RE:	ANDERSON, Tiffany	DOB:	8-22-1970
To:	Gary Murata, M.D.	PT:	PIPER BARNES, P.T., D.P.T.	SOC:	12-15-11
Reason for Referral:	Status post right knee arthroscopy, difficulty ambulating, bending and squatting.			Diag:	719.46, V54.9, 719.7
Prior Level of Function:	Patient unrestricted with ambulation on uneven surface, no pain with bend and squat.			Onset: DOS:	11-21-11
Current Level of Function (with objective measurements):				Visits:	1
				Frequency:	2Xwk/4wks

Active range of motion Right knee: 0-135°.
Right knee extension lag: 3°.
Single leg stance: Right: 0 seconds till loss of balance, Left: 15 seconds till loss of balance.
Right lower extremity strength: 4-/5, Left lower extremity strength: 4+/5.
Patient demonstrates minimal to moderate swelling in right knee, but surgical ports are intact.

Living Conditions: Lives in single story home (3 steps to front door), lives with daughter and aunt; currently not working
Comorbidities: History of right knee meniscal repair

Discharge Target Date: 3-13-12

Goals:

1. Patient able to ambulate 20 minutes for short community ambulation with 2/10 right knee pain in 6 visits.
2. Patient able to bend, squat and lunge with 2/10 right knee pain in 12 visits.
3. Patient able to ambulate on uneven surface, step in/out of truck and lift 30 lbs. with 2/10 right knee pain in 18-24 visits.

Treatment Plan

- ☒ Therapeutic Exercise
- ☒ Soft Tissue Mobilization
- ☐ Neuromuscular Re-Education
- ☒ Manual Therapy
- ☐ Mechanical Traction
- ☒ Home Program/ Patient Education
- ☒ Ice/Heat
- ☐ Ultrasound
- ☒ Electrical Stimulation
- ☒ Other:

Patient Rehabilitation Potential is: ☐ Excellent ☒ Good ☐ Fair ☐ Poor

Thank you for your referral!

Therapist Signature: P. Barnes

Provider #: PT 37431