

Keith

08

I bring in my Dr's notes and after all of the hassle I am told because my last appointment was at 10:30 even though it was a 2:00 hour class I need to use my vacation time.

Uneasy feeling about Christmas party and Ron being blackballed. asked to leave at 2:00 if I could leave at 3:00 first told no then asked a lot of personal questions. I stayed for 2:30 break helped put away chairs left at 3:00

after

Am. wed. 19th I ask supervisor for 3 things I can do to be a better employee trying to be proactive because I feel I am being set up. Keith (sup) tells me we will discuss this when evaluations come out, I get a concerned look on my face and he tells me he will set 3 attainable goals for me. In the afternoon Emberson tells me instead of resistant and tells me I thought you wanted to be a better employee

80

Review

MSD age therapy 2 years severe
tightness from stress in neck +
shoulders.

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Chiropractor Same

Chronic pain clinic
counseling regarding work