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300141-040

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QUALIFIED MEDICAL RE-EVALUATION

AIMS Acclamation
Po Box 269120
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RE:	ANDERSON, TIFFANY
DATE OF REEVALUATION:	November 1, 2011
EMPLOYER:	San Joaquin County
DATE OF INJURY:	June 29, 2011
CLAIM NO:	VE0700184
FILE NO:	86351-3

FEE DISCLOSURE

ML 103-95: This is a Complex Qualified Medical Evaluation, as a result of meeting the requirements of 3 complexity factors, which are listed below:

- 2 hour(s) of record review time (1 factor)
- 45 minutes of face to face time
- Addressing issues of causation (1 factor)
- Addressing issues of apportionment when the physician addresses: (1 factor)
 - 2+ injuries to 2 **DIFFERENT** body system or regions

This is a medical legal report and does not qualify for a PPO/Network discount.

Thank you for the opportunity to evaluate Tiffany Anderson on Tuesday, November 01, 2011 in my office at 333 San Carlos Way, Ste. B, Stockton, CA, 95207.

The history and physical examination is not intended to be construed as a general or complete medical evaluation. It is intended for medical legal purposes only and

focuses on those areas in question. No treatment relationship is established or implied.

This medical-legal evaluation is based only on the current information and records submitted. It is solely the treating physician's responsibility to determine their patient's differential diagnoses and subsequent needs for medical treatment. This would be inclusive of all psychiatric conditions, vascular diseases, neuromuscular disorders, central nervous system disorders, auto-immune diseases, internal medicine disorders and all tumors, benign or malignant, even if they are undiagnosed or currently occult.

She is 40-years-old, 5'4" and 155 pounds, and she was working for San Joaquin County started in 4/04 and continued working until present. Date of the new injury is 6/29/11. She has been working eight hours a day and five days a week. Her job is a Pesticide Applicator located in Escalon. Her primary source is to treat insects found in pounds and irrigated pesters.

I saw her previously on 6/8/10. At that point, based upon her prior claim of injury to the right knee of June 19, 2008 to March 26, 2009, I found her condition to be permanent and stationary and addressed the impairment, need for future medical care, work restrictions, and apportionment to causation. She came back to this office stating that on 6/29/11, she sustained a new injury to the right knee on 6/29/11, when she was walking around a dairy pond and weeds were high and the metal stake or T-bar was hidden in the grass. She hit her knee against the metal bar and according to the patient, that cut her leg about 18-cm down to the leg and she continued working. On 7/16/11, she was examined by a doctor and was given medication. She was then examined by another doctor, who gave her shot for tetanus and requested antibiotics. She was released to full-duty. According to the patient, she was referred for MRI of the knee, and received about 16 visits of physical therapy, which helped her to some extent to reduce the swelling. Overall, she feels her condition has been approved. She is currently working and her job is mainly checking and treating swimming pools in residential. She is currently under care of Dr. Murata and takes Norco six to eight tablets a day, Xanax four tablets a day, and ibuprofen 800 mg three times a day.

PRESENT COMPLAINTS

She complains of constant right knee pain, which is sharp to dull and radiates up to the thigh and leg. She complains that her upper right knee is swollen and pain is associated with some burning sensation. She also feels there is a bruising on the

outside of her right knee. At night, she gets restless leg syndrome with dull pain. She also starts feeling some pain in the left knee. She describes the intensity of pain on a scale of 0 to 10 is about 7, and with medication drops to 5. Pain is associated with stiffness of the lower leg, tingling and numbness of the joint line, and swelling of the upper thigh. She also complains of having grinding in the right knee. There is no weakness, no locking, and no giving-way. Standing about 20 minutes cause pain. She is not using any assistive devices. She is currently working in her job duties with the restrictions within her ability.

PAST HISTORY

She was involved in a motor vehicle accident in December of 2010, which apparently did not cause any injury or received any treatment. She was working full-time without any restrictions when this incident happened.

PATIENT PROFILE

Unchanged.

ACTIVITIES OF DAILY LIVING

She has problem with standing and walking. Lifting over 20 pounds cause pain. She has some sleep disturbances as a result of anxiety and unusual stress. She has been having this problem since 2006.

REVIEW OF MEDICAL RECORDS

06/20/08 - Donald Rossman, M.D. (Occ.Med.) DOI: 6/19/08. C.C.: Climbing up and down bed of truck, developed R knee pain and swelling, 5-7 out of 10. DX: R knee effusion; ACL sprain, R knee. TX: Prescribed Propoxyphene/Acetaminophen 100/650mg. WORK STAT: RTW w/ modified work. (Pg. 250)

06/20/08 - X-ray of Right Knee by David Wong, M.D. DOI: NA. IMP: Negative R knee. (Pg. 249)

06/23/08 - Donald Rossman, M.D. (Occ.Med.) DOI: 6/19/08. C.C.: 5-7 out of 10 R knee pain and swelling. DX: R knee effusion; ACL sprain. TX: Continue medication and home exercise. Prescribed physical therapy 2 x/wk for 3 wks. WORK STAT: RTW w/ modified work. (Pg. 245)

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06/30/08 - Donald Rossman, M.D. (Occ.Med.) DOI: 6/19/08. C.C.: Continued 3 out of 10 R knee pain and swelling. DX: R knee effusion; ACL sprain. TX: Continue medication. Prescribed physical therapy. WORK STAT: RTW w/ modified work. (Pg. 240)

07/08/08 - Donald Rossman, M.D. (Occ.Med.) DOI: 6/19/08. C.C.: Continued 3 out of 10 R knee pain and swelling. DX: R knee effusion; ACL sprain. TX: Continue TENS unit and Ibuprofen 800mg. WORK STAT: RTW w/ modified work. (Pg. 234)

07/15/08 - Donald Rossman, M.D. (Occ.Med.) DOI: 6/19/08. C.C.: Continued R knee pain and swelling. DX: R knee effusion; ACL sprain. TX: Continue medication and physical therapy. WORK STAT: RTW w/ modified work. (Pg. 228)

07/22/08 - Donald Rossman, M.D. (Occ.Med.) DOI: 6/19/08. C.C.: Continued R knee pain and swelling. DX: R knee effusion; ACL Sprain. SPEC STUD REQ: MRI of R knee. TX: Continue Ibuprofen 800mg. WORK STAT: RTW w/ modified work. (Pg. 223)

07/28/08 - MRI of Right Knee by W. Aubrey Federal, M.D. DOI: NA. IMP: Anterior horn medial meniscus tear. (Pg. 221)

07/29/08 - Donald Rossman, M.D. (Occ.Med.) DOI: 6/19/08. C.C.: Continued R knee pain and swelling. DX: R knee effusion; ACL sprain. TX: Continue Propoxyphene/Acetaminophen 100/650mg. WORK STAT: RTW w/ modified work. REF: Orthopedic consultation. (Pg. 217)

08/05/08 - Donald Rossman, M.D. (Occ.Med.) DOI: 6/19/08. C.C.: Continued R knee pain and swelling. DX: R knee effusion; ACL sprain. WORK STAT: RTW w/ modified work. REF: Orthopedic consultation w/ Dr. Murata. (Pg. 210)

08/07/08 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Increasing onset of R knee pain and swelling. DX: R knee lateral meniscus tear. TX: R knee arthroscopy needed. WORK STAT: RTW w/ modified work. (Pg. 208)

08/12/08 - Donald Rossman, M.D. (Occ.Med.) DOI: 6/19/08. C.C.: Continued R knee pain and swelling. DX: R knee effusion; ACL sprain. WORK STAT: RTW w/ modified work. REF: Transfer care to Dr. Murata. (Pg. 204)

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08/22/08 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain. DX: R knee lateral meniscus tear. TX: R knee arthroscopy needed. WORK STAT: RTW w/ modified work. (Pg. 202)

09/22/08 - Operative Report by Gary Murata, M.D. (Orthopedic) DOI: NA. PROCEDURE: R knee arthroscopy w/ partial lateral meniscectomy, chondroplasty of medial femoral condyle. PREOP DX: R knee lateral meniscus tear. POSTOP DX: Complex lateral meniscus tear, grade II chondromalacia medial femoral condyle. (Pg. 192)

09/25/08 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Improved R knee pain. DX: s/p R knee arthroscopy, partial lateral meniscectomy. TX: Prescribed physical therapy. WORK STAT: Off work. DISABILITY: TTD. FU VISIT: 3 wks. (Pg. 191)

10/16/08 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Improved R knee pain. DX: S/p R knee partial lateral meniscectomy. TX: Continue physical therapy 2 x/wk for 4 wks. WORK STAT: Off work. DISABILITY: TTD. FU VISIT: 2 wks. (Pg. 187)

10/30/08 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain. DX: S/p R knee arthroscopy, partial lateral meniscectomy. TX: Continue physical therapy and Vicodin. WORK STAT: Off work. DISABILITY: TTD. FU VISIT: 2 wks. (Pg. 182)

11/18/08 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain and swelling. DX: S/p R knee arthroscopy, partial lateral meniscectomy. TX: continue physical therapy and home exercise. FU VISIT: 1 month. (Pg. 180)

12/17/08 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain and swelling, improving. DX: S/p R knee arthroscopy, partial lateral meniscectomy. TX: Continue home exercise. FU VISIT: 1 month. (Pg. 175)

01/09/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain, diffuse along anterior joint line. DX: S/p R knee partial lateral meniscectomy. TX: Continue Hydrocodone 7.5mg. (Pg. 174)

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01/20/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Some pain along anteromedial joint line, R knee. DX: S/p partial lateral meniscectomy. TX: Continue home exercise. FU VISIT: 6 wks. (Pg. 173)

03/03/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain. DX: Partial lateral meniscectomy. TX: Continue Hydrocodone. WORK STAT: RTW w/ full duty. (Pg. 172)

03/25/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: R knee pain and swelling. DX: Aggravation of R knee pain s/p R knee arthroscopy, partial lateral meniscectomy. TX: Prescribed Motrin 2400mg/day. WORK STAT: Off work. DISABILITY: TTD. (Pg. 170)

03/31/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08.cc Continued R knee pain and swelling. DX: Aggravation of R knee s/p R knee arthroscopy w/ partial lateral meniscectomy. SPEC STUD REQ: MRI of R knee. WORK STAT: RTW w/ modified work. (Pg. 169)

04/07/09 - MRI of Right Knee by Daniel Dietrich, M.D. DOI: NA. IMP: Near circumferential horizontal tearing of lateral meniscus. ACL mildly attenuated. Small joint effusion and marrow, elongated Baker's cyst. (Pg. 168)

04/10/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Severe R knee pain lateral and anterior joint line. DX: R knee pain, possible recurrent lateral meniscus tear. TX: Continue physical therapy 2 x/wk for 3 wks. Continue Motrin. WORK STAT: Off work. DISABILITY: TTD. FU VISIT: 3 wks. (Pg. 165)

04/28/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain and swelling. DX: Slight improvement in R knee strain. TX: Prescribed physical therapy 1 x/wk for 4 wks. WORK STAT: RTW w/ full duty. FU VISIT: 2 wks. (Pg. 160)

05/19/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain and swelling. DX: Improved R knee strain s/p partial lateral meniscectomy. TX: Continue physical therapy. WORK STAT: RTW w/ full duty. FU VISIT: 3 wks. (Pg. 155)

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06/09/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain and swelling. DX: R knee pain s/p partial lateral meniscectomy. WORK STAT: RTW w/ full duty. FU VISIT: 1 month. (Pg. 153)

07/07/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain and swelling. DX: S/p partial lateral meniscectomy, R knee. WORK STAT: RTW w/ modified work. FU VISIT: 1 wk. (Pg. 152)

09/08/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain and swelling. DX: Anterior and lateral joint line R knee pain, s/p partial lateral meniscectomy. WORK STAT: RTW w/ modified work. REF: Orthopedic second opinion consultation. (Pg. 150)

10/06/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: R knee pain and intermittent swelling. DX: R/o recurrent lateral meniscus tear, R knee. SPEC STUD REQ: MRI of R knee. WORK STAT: RTW w/ modified work. (Pg. 148)

12/11/09 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Anterior R knee pain, some lateral joint pain, swelling. DX: Recurrent lateral meniscus tear w/ meniscus cyst. TX: R knee arthroscopy and excision of cyst needed. WORK STAT: RTW w/ modified work. (Pg. 146)

01/20/10 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Some improvement in R knee. DX: R knee recurrent lateral meniscus tear w/ lateral meniscus cyst. TX: Repeat R knee arthroscopy w/ possible open excision of meniscus cyst needed. WORK STAT: RTW w/ modified work. FU VISIT: 4 wks. (Pg. 145)

02/17/10 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued lateral R knee pain and swelling. DX: Recurrent medial meniscus tear, small ganglion or meniscus cyst. TX: R knee arthroscopy needed. WORK STAT: RTW w/ modified work. FU VISIT: 4 wks. (Pg. 144)

03/03/10 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain over lateral joint line w/ swelling. DX: Recurrent lateral meniscus tear, lateral meniscus cyst, R knee. TX: R knee arthroscopy needed. Continue medication. (Pg. 142)

03/08/10 - Operative Report by Gary Murata, M.D. (Orthopedic) DOI: NA. PROCEDURE: R knee arthroscopy w/ microfracture of medial femoral condyle,

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partial lateral meniscectomy. PREOP DX: Recurrent lateral meniscus tear, R knee. POSTOP DX: Grade IV chondromalacia medial femoral condyle, 1.5 cm circular lesion; recurrent lateral meniscus tear. (Pg. 139)

04/13/10 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Improved R knee pain. DX: S/p partial lateral meniscectomy, chondroplasty of medial femoral condyle. TX: D/C crutches. Prescribed physical therapy 2 x/wk for 4 wks. FU VISIT: 4 wks. (Pg. 137)

06/03/10 – Deposition of Ms. Tiffany Anderson, pgs 1 to 70. (Pg. 2)

06/08/10 - Khosrow Tabaddor, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Dull R knee pain and swelling, numbness and tingling around joint, weakness and swelling. DX: S/p R knee arthroscopy; s/p retear of lateral meniscus and arthroscopy; chondromalacia, medial femoral condyle. TX: Future medical care to include medication, reevaluation, physical therapy, intraarticular injections. DISABILITY: P&S. IMPAIRMENT: 4% WPI; apportionment 70% to 6/19/08 injury and 30/5 to 6/26/09 injury. . WORK STAT: RTW w/ modified work. (Pg. 121)

08/09/10 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. Review of Records. (Pg. 118)

08/20/10 - Khosrow Tabaddor, M.D. (Orthopedic) DOI: 6/19/08. Review of Medical Records. (Pg. 115)

09/07/10 – Khosrow Tabaddor, M.D. (Orthopedic) DOI: 6/19/08. Review of Medical Records. (Pg. 112)

01/06/11 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Increasing R knee pain and swelling. DX: S/p R knee arthroscopy, partial lateral meniscectomy, microfracture of medial femoral condyle. TX: Continue medication. FU VISIT: 1 month. (Pg. 111)

04/23/11 - James Shaw, M.D. (pain management) DOI: 6/19/08. C.C.: R knee pain, 5 out of 10. DX: R knee internal derangement; arthropathy; myalgia and myositis. TX: Prescribed medication. WORK STAT: RTW w/ modified work. (Pg. 102)

05/20/11 - James Shaw, M.D. (pain management) DOI: 6/19/08. C.C.: Continued R knee pain laterally, patellofemoral area and lateral joint line pain. DX: R knee internal

derangement; arthropathy; myalgia and myositis. TX: Continue medication and exercise. WORK STAT: RTW w/ modified work. (Pg. 98)

07/12/11 – James Shaw, M.D. (pain management) DOI: 6/19/08. C.C.: 10 out of 10 R knee pain. DX: R knee internal derangement; arthropathy; myalgia and myositis. TX: Continue massage therapy, physical therapy. Continue Ibuprofen 800mg. WORK STAT: RTW w/ modified work. (Pg. 93)

07/28/11 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued R knee pain, severe medial joint pain and catching. DX: Possible meniscus tear. SPEC STUD REQ: MRI of R knee. WORK STAT: RTW w/ full duty. (Pg. 91)

08/09/11 – MRI of Right Knee by Daniel Dietrich, M.D. DOI: NA. IMP: Prior surgical truncation of lateral meniscus w/ recurrent tear of body and anterior horn. May be tear of superior meniscocapsular ligament adjacent to periphery of posterior horn. Trace joint fluid and possible mild pes anserine tendinopathy. (Pg. 89)

08/16/11 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Continued anterior medial joint pain. DX: Recurrent lateral meniscus tear. TX: Prescribed Motrin 800mg. Continue physical therapy x8 sessions. WORK STAT: RTW w/ modified work. FU VISIT: 4 wks. (Pg. 87)

08/26/11 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. Review of Records. (Pg. 84)

09/22/11 - Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. Review of Records. (Pg. 81)

09/27/11 – Jon Eck, M.D. DOI: 6/29/11. C.C.: Struck R knee w/ onset of pain. DX: R knee injury. DISABILITY: P&S as of 7/18/11. IMPAIRMENT: 0% WPI. (Pg. 79)

09/29/11 – Gary Murata, M.D. (Orthopedic) DOI: 6/19/08. C.C.: Increasing swelling in knee. DX: R knee pain. WORK STAT: RTW w/ modified work. REF: Infectious Disease consultation. FU VISIT: 2 wks. (Pg. 76)

PHYSICAL EXAMINATION

LOWER EXTREMITIES

HIPS

Examination of right and left hips was within normal limits. There was no evidence of tenderness and movements of the hips in flexion, abduction, internal rotation, and external rotation tested were symmetrical and pain-free.

RIGHT KNEE

Inspection of the right knee revealed a small scar over the anterior aspect of tibia distal to the knee joint. Tenderness to touch detected on the medial and lateral aspects of the right knee. Palpation of patellar tendon was tender. Friction of patella over the distal end of femur caused pain. There was no evidence of swelling and range of motion of the right and left knee was within normal limits. There was no evidence of anteroposterior instability. Valgus and varus stress tests of the knee joint on right knee were within normal limits. Palpation of the quadriceps and hamstring detected diffuse areas of tenderness.

LEFT KNEE

Inspection of the left knee showed no evidence of swelling, skin discoloration, or abrasions. Palpation of the knee was nontender. Movements of the right and left knees in flexion and extension did not cause any pain. There was no evidence of anteroposterior or lateral instability. Lachman and McMurray tests negative.

ANKLES

Inspection of the right and left ankles showed no evidence of swelling. Palpation of the right and left ankles was nontender. Movements of right and left ankles in dorsiflexion, plantar flexion, inversion, and eversion tested were pain-free.

MEASUREMENTS

Measurements of the lower extremities are as follows:

Circumferential girth measurements at:	<u>Right</u>	<u>Left</u>
Upper pole of Patella:	17	16 ³ / ₄
5" above superior pole/patella:	21	21
Calf measurement:	15	15

NEUROLOGICAL EXAMINATION

	<u>Right</u>	<u>Left</u>
1. Patellar Tendon	2-3+	2-3+
2. Achilles Tendon	2-3+	2-3+

SENSATION: Sensation to light-touch and pinprick were within normal limits in lower extremities.

GAIT

There was no evidence of abnormal gait. However, deep squatting increase pain to the right knee and also tiptoe and heel walking increase pain to the knee joint.

DIAGNOSES

1. Contusion to the right knee and leg as a result of claimed injury of 6/29/11.
2. Resolved soft-tissue contusion of the right leg.

DISCUSSION

I have had the opportunity to reexamine Ms. Tiffany Anderson on November 1, 2011, for injuries sustained during the course of her employment on 6/29/11. According to the history described by the patient, she injured her right knee and leg while she was working around the dairy pond and struck her knee against a metal bar. She claimed that there was an 18-cm cut in her leg, although upon today's physical examination, I found no evidence of a scar and if there were any just superficial scratches, apparently they are healed without any residuals. Upon review of submitted medical records, I