

PHYSICAL THERAPY, INC. dba LODI PHYSICAL THERAPY  
 631 S HAM LANE  
 LODI, CALIFORNIA 95242  
 DAILY NOTE

PATIENT'S NAME: Richard Anderson

**DATE:** 11/24/08  
**Subjective:** PT did 60 mins on the bike yesterday. No PM soreness

**Visit #:** 318

**Objective/Treatment:**  Initial Evaluation / Re-evaluation Completed  
 E-Stim. To \_\_\_\_\_ Type \_\_\_\_\_ Setting \_\_\_\_\_ Time \_\_\_\_\_  
 Ultrasound/Phonophoresis to \_\_\_\_\_ Cont. / Pulsed \_\_\_\_\_ % x \_\_\_\_\_ min. @ \_\_\_\_\_ W/cm<sup>2</sup>  
 Traction: Cervical/Lumbar Cont/Inter. @ \_\_\_\_\_ lb. x \_\_\_\_\_ min. (on \_\_\_\_\_ /off \_\_\_\_\_)  
 Hot Pack to: \_\_\_\_\_ x \_\_\_\_\_ min.  
 Cold Pack to: \_\_\_\_\_ x \_\_\_\_\_ min. ① knee 0-135°  
 Aquatic Therapy, see flow sheet. x \_\_\_\_\_ min.  
 Therapeutic Exercises, see flow sheet. x 60 min.  
 Therapeutic Activities, see flow sheet. x \_\_\_\_\_ min.  
 Manual Therapy Technique x 10 min.: STM ② cont knee, scar mobs + circumfract  
 Neuro-muscular re-educ, see flow sheet x \_\_\_\_\_ min.: IDS  
 HEP issued: \_\_\_\_\_  
 Other, describe: \_\_\_\_\_  
 Case Conference with PTA \_\_\_\_\_

**Assessment:** PT in a hurry will be at home. Cont tenderness in medial scar, lat scar is fine. No ↑ in swelling from ↑ activity.

**Plan:**  Progress per treatment plan  Re-evaluate  Discharge  
 Therapist: Ramona Jackson, PT

10.30.08 ② approved

**DATE:** 11/26/08  
**Subjective:** PT took it really easy yesterday, colour felt good.

**Visit #:** 418

**Objective/Treatment:**  Initial Evaluation / Re-evaluation Completed  
 E-Stim. To ① knee Type IFC Setting high Time 15  
 Ultrasound/Phonophoresis to \_\_\_\_\_ Cont. / Pulsed \_\_\_\_\_ % x \_\_\_\_\_ min. @ \_\_\_\_\_ W/cm<sup>2</sup>  
 Traction: Cervical/Lumbar Cont/Inter. @ \_\_\_\_\_ lb. x \_\_\_\_\_ min. (on \_\_\_\_\_ /off \_\_\_\_\_)  
 Hot Pack to: \_\_\_\_\_ x \_\_\_\_\_ min.  
 Cold Pack to: ② knee x 15 min. V137°  
 Aquatic Therapy, see flow sheet. x \_\_\_\_\_ min.  
 Therapeutic Exercises, see flow sheet. x 105 min. ② knee girth  
 Therapeutic Activities, see flow sheet. x \_\_\_\_\_ min. supra 41.7 cm  
 Manual Therapy Technique x 5 min.: scar mobs mid 26.8 cm  
 Neuro-muscular re-educ, see flow sheet x \_\_\_\_\_ min.: int 35.2 cm  
 HEP issued: \_\_\_\_\_  
 Other, describe: \_\_\_\_\_  
 Case Conference with PTA \_\_\_\_\_

**Assessment:** continued ↑ swelling in ② knee examined prior to surgery. had visible swelling at post sites. ↑ knee ✓ today.

**Plan:**  Progress per treatment plan  Re-evaluate  Discharge  
 Therapist: Ramona Jackson, PT