

LODI, INC. dba LODI PHYSICAL THERAPY  
 631 S SHAM LANE  
 LODI, CALIFORNIA 95242  
 DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE: 11/19/08 Subjective: MD appt went well. MD said pt to limit walking to 1 hour up to 3x per day

Visit #: 118

Objective/Treatment:  Initial Evaluation / Re-evaluation Completed

E-Stim. To (R) knee Type TFC Setting high Time 15

Ultrasound/Phonophoresis to (R) ant knee Cont. Pulsed 20 % x 10 min. @ 1.0 W/cm<sup>2</sup>

Traction: Cervical/Lumbar Cont/Inter. @ \_\_\_\_\_ lb. x \_\_\_\_\_ min. (on \_\_\_\_\_ /off \_\_\_\_\_)

Hot Pack to: \_\_\_\_\_ x \_\_\_\_\_ min.

Cold Pack to: (R) knee x 15 min.

Aquatic Therapy, see flow sheet. x \_\_\_\_\_ min.

Therapeutic Exercises, see flow sheet. x 60 min.

Therapeutic Activities, see flow sheet. x \_\_\_\_\_ min.

Manual Therapy Technique x 5 min.: scar mobs & str @ ant knee

Neuro-muscular re-educ, see flow sheet x \_\_\_\_\_ min.

HEP issued:

Other, describe:

Case Conference with PTA

Assessment: pt still feels tight in knee, but now good. pt tolerated gym so well.

Plan:  Progress per treatment plan  Re-evaluate  Discharge

Therapist: [Signature]

Rx 10/30/08 2XU 9 approved

DATE: 11/21/08 Subjective: pt feeling better, knee is less tight & swollen. pt not walking for exercise just riding bike.

Visit #: 218

Objective/Treatment:  Initial Evaluation / Re-evaluation Completed

E-Stim. To (R) knee Type TFC Setting high Time 15

Ultrasound/Phonophoresis to (R) ant. knee Cont. Pulsed 20 % x 10 min. @ 1.0 W/cm<sup>2</sup>

Traction: Cervical/Lumbar Cont/Inter. @ \_\_\_\_\_ lb. x \_\_\_\_\_ min. (on \_\_\_\_\_ /off \_\_\_\_\_)

Hot Pack to: \_\_\_\_\_ x \_\_\_\_\_ min.

Cold Pack to: (R) knee x 15 min.

Aquatic Therapy, see flow sheet. x \_\_\_\_\_ min.

Therapeutic Exercises, see flow sheet. x 60 min.

Therapeutic Activities, see flow sheet. x \_\_\_\_\_ min.

Manual Therapy Technique x 5 min.: scar mobs med & lat ant @ knee

Neuro-muscular re-educ, see flow sheet x \_\_\_\_\_ min.: circumferential movements in V.

HEP issued:

Other, describe:

Case Conference with PTA

Assessment: pt still tender on med scar & lat. pt had discomfort w/ circumferential movement med & sup. pt tolerating gym ex better, less visible swelling.

Plan:  Progress per treatment plan  Re-evaluate  Discharge

Therapist: [Signature]