

SH, INC. dba LODI PHYSICAL THERAPY
 631 S HAM LANE
 LODI, CALIFORNIA 95242
 DAILY NOTE

PATIENT'S NAME: Liviana Anderson

DATE: 10/23/08
 Subjective: 00 // Pt still achy in @ knee, but no change.

Visit #: 518

Objective/Treatment: Initial Evaluation / Re-evaluation Completed
 E-Stim. To @ knee Type IFC Setting high Time 15
 Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
 Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
 Hot Pack to: _____ x _____ min.
 Cold Pack to: @ knee x 15 min.
 Aquatic Therapy, see flow sheet. x _____ min.
 Therapeutic Exercises, see flow sheet. x 65 min.
 Therapeutic Activities, see flow sheet. x _____ min.
 Manual Therapy Technique x _____ min.: _____
 Neuro-muscular re-educ, see flow sheet x _____ min.: _____
 HEP issued:
 Other, describe:
 Case Conference with PTA

Assessment: Pt had no P in achy in @ knee & to step ups harder on @ > @ 2^o part of range being painful. Pt did well w/ strength and power looking equal @ a step ups.

Plan: Progress per treatment plan Re-evaluate Discharge
 Therapist: Annika Sufian, PT

10.7.08

8 PUCH

DATE: 10/29/08
 Subjective: Pt still taking on meds every 4 hrs and wants to L to see how pain really is in @ knee

Visit #: 618

Objective/Treatment: Initial Evaluation / Re-evaluation Completed
 E-Stim. To @ knee Type IFC Setting high Time 15
 Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
 Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
 Hot Pack to: _____ x _____ min.
 Cold Pack to: @ knee x 15 min.
 Aquatic Therapy, see flow sheet. x _____ min.
 Therapeutic Exercises, see flow sheet. x 65 min.
 Therapeutic Activities, see flow sheet. x _____ min.
 Manual Therapy Technique x _____ min.: _____
 Neuro-muscular re-educ, see flow sheet x _____ min.: _____
 HEP issued:
 Other, describe:
 Case Conference with PTA

Assessment: Pt still achy in deep squats and step ups, but improved strength and stability @ knee.

Plan: Progress per treatment plan Re-evaluate Discharge
 Therapist: Annika Sufian, PT

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