

SH, INC. dba LODI PHYSICAL THERAPY

631 S HAM LANE

LODI, CALIFORNIA 95242

DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE:

10/10/08

Visit #:

1.8

Subjective: pt still very achy, stairs getting better
still slow & using handrails

Objective/Treatment:

☐ Initial Evaluation / Re-evaluation Completed

- ☐ E-Stim. To _____ Type _____ Setting _____ Time _____
- ☐ Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
- ☐ Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
- ☐ Hot Pack to: _____ x _____ min.
- ☐ Cold Pack to: _____ x _____ min.
- ☐ Aquatic Therapy, see flow sheet. x _____ min.
- ☒ Therapeutic Exercises, see flow sheet. x 60 min.
- ☐ Therapeutic Activities, see flow sheet. x _____ min.
- ☐ Manual Therapy Technique x _____ min.
- ☐ Neuro-muscular re-educ, see flow sheet x _____ min.
- ☐ HEP issued:
- ☐ Other, describe:
- ☐ Case Conference with PTA

Add NE guards/horns & plates
ring.

Assessment: pt did well w new thurex. pt had discomfort
in calf/pt was able to walk on reformer. pt
doing well & on progression. pt will be at home.

Plan: ☒ Progress per treatment plan

☐ Re-evaluate

☐ Discharge

Therapist:

Danika Santaw, PT

RX 10/7/8

2X4

authorized

DATE:

10-10-08

Visit #:

2.8

Subjective: knee is doing well. Taking pain pills 4x/day.

Objective/Treatment:

☐ Initial Evaluation / Re-evaluation Completed

- ☒ E-Stim. To R knee Type IFC Setting hi Time 15
- ☐ Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
- ☐ Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
- ☐ Hot Pack to: _____ x _____ min.
- ☒ Cold Pack to: R knee x 15 min.
- ☐ Aquatic Therapy, see flow sheet. x _____ min.
- ☒ Therapeutic Exercises, see flow sheet. x 60 min.
- ☐ Therapeutic Activities, see flow sheet. x _____ min.
- ☐ Manual Therapy Technique x _____ min.
- ☐ Neuro-muscular re-educ, see flow sheet x _____ min.
- ☐ HEP issued:
- ☐ Other, describe:
- ☐ Case Conference with PTA

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ADAMS/OTO

Assessment: performed ther ex & ↑ ex. corrected hip position & plates ring.
Encouraged pt to begin wearing off pain meds as tolerated.

Plan: ☒ Progress per treatment plan

☐ Re-evaluate

☐ Discharge

Therapist:

Alicia Lima, PT