

KAISER PERMANENTE STK-WEST LANE
 7373 WEST LANE
 STOCKTON, CA 95210-3377

ANDERSON, TIFFANY K
 MRN: 110007897964
 DOB: 8/22/1970, Sex: F
 Enc. Date: 10/01/07

Patient Secure Message

Visit Information

	Provider	Department	Encounter #
10/1/2007 6:04 PM	HYMAVATHY JASTI MD	Stk-Medc >West Lane	47478599

Allergies as of 10/1/2007

Date Reviewed: 9/10/2007

	Noted	Type	Reactions
No Known Allergies			

Immunizations

No immunizations on file.

Vitals

(None)

Encounter Information

Date & Time	Provider	Department	Center
10/1/2007 6:04 PM	HYMAVATHY JASTI MD	Stk-Medc >West Lane	STKA

Message [785715]

From: Hymavathy (M.D.) Jasti
To: Tiffany K Anderson
Sent: 10/2/07 10:12 AM
Subject: RE: pain clinic the verdicts out
PCP: HYMAVATHY JASTI MD
Last Read in MyChart: 10/13/07 09:48 AM
By: Tiffany K Anderson

Message Body

Hi,
 You are right it is the stress that is making your muscles so sore and stiff.
 Hope fully stress management will help.
 Lets keep working on that.
 Take care.
 Dr.Jasti

----- Message -----
 From: ANDERSON, TIFFANY K
 Sent: 10/2/2007 5:17 AM
 To: Office of HYMAVATHY JASTI MD
 Subject: RE: pain clinic the verdicts out

I really do not feel like I belong there because I am pretty sure that even though my problem was initiated from a trama it is getting worse through repetitive motion at work. I make good money for an uneducated person who hated school. I am however in the process of taking classes lokking to relocate jobs. But I am waiting for six more years so I can be vested with retirement. ANd it will probably take that long to earn a degree in something that I can make the equivelant in salary. This program does offer some interesting topics like stress management. From what I can gather this is the biggest culprit in aggrivating my pain. If I master this I think it will make a huge difference. I will keep you updated. Oh and I went to get the B shot and there was way to many people waiting, But I am still interested.