

DAILY NOTE

PATIENT'S NAME:

Tiffany Anderson

DATE:

9/30/11

Visit #:

3, 3

Patient Reported Status (Today and Overall):

MD to ✓ for infectious diseases because was riding in water of who knows what.

Objective/Treatment:

- E-Stim. To ① knee Type ① nerve Time 15
- Ultrasound/Phonophoresis to _____ Cont./Pulsed _____ % x _____ min. @ _____ W/cm²
- Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
- Hot Pack to: _____ x _____ min.
- Cold Pack to: _____ x _____ min.
- Aquatic Therapy, see flow sheet. x _____ min.
- Therapeutic Exercise/Activity, see flow sheet. x 40 min.
- Manual Therapy Technique x 10 min.: STM to medial knee, pes anserine, mm
- HEP issued:
- Case Conference with PTA
- Other, describe: _____

Patients Response To Treatment/ Patient Needs:

NO edema compared to ① knee. No palp to medial knee @ jt line and pes anserine. Tissue quality more "gummy" feeling, loss smooth @ ①.

Rational For Skilled Care:

optimize pt ① strength, functional mobility and amb amb to A work ability

Plan:

- Progress per treatment plan
- Re-evaluate
- Discharge

Therapist:

Renee Mercado, PT

P.T.A.:

- Monty Merrill PT
- Brijpal Pataria PT
- Piper Barnes PT
- Renee Mercado PT
- Lauri Merrill PT
- Danielle Sartori PT
- Fatema Ghani PT

RX: 9/10/11

F & D: 2x4

AUTH: 9

EXP: none