

1. NC. dba LODI PHYSICAL THE. rY
 631 S HAM LANE
 LODI, CALIFORNIA 95242
 DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE: 9/19/08

Subjective: pt had pre-op appt. scheduled for surgery on 9/22/08. PT knee a little sore from cleaning house.

Visit #: 518

Objective/Treatment: Initial Evaluation / Re-evaluation Completed
 E-Stim. To (R) knee Type IFC Setting high Time 15
 Ultrasound/Phonophoresis to _____ Cont./Pulsed _____ % x _____ min. @ _____ W/cm²
 Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
 Hot Pack to: _____ x _____ min.
 Cold Pack to: (R) knee x 15 min.
 Aquatic Therapy, see flow sheet. x _____ min.
 Therapeutic Exercises, see flow sheet. x 05 min.
 Therapeutic Activities, see flow sheet. x _____ min.
 Manual Therapy Technique x _____ min.:
 Neuro-muscular re-educ, see flow sheet x _____ min.:
 HEP issued:
 Other, describe: _____

Assessment: pt has good strength & ROM gang into surgery. no visible swelling.

Plan: Progress per treatment plan Re-evaluate Discharge
plan to ~~discuss~~ out. care p surgery. Therapist: Danella Jantzi, PT

Rx B 27.08 2X4 B ADDITION EXP 10/4/18

DATE: 9/30/08

Subjective: pt level 9/10. Hurt to do stairs 126. Fee & pm meds ease.

Visit #: 618

Objective/Treatment: Initial Evaluation / Re-evaluation Completed
 E-Stim. To (R) knee Type IFC Setting high Time 15
 Ultrasound/Phonophoresis to _____ Cont./Pulsed _____ % x _____ min. @ _____ W/cm²
 Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
 Hot Pack to: _____ x _____ min.
 Cold Pack to: (R) knee x 15 min. 11040
 Aquatic Therapy, see flow sheet. x _____ min. 10°
 Therapeutic Exercises, see flow sheet. x 40 min. supn 39.5 cm
 Therapeutic Activities, see flow sheet. x _____ min. mid 36.2 cm
 Manual Therapy Technique x _____ min.: infra 33.2 cm
 Neuro-muscular re-educ, see flow sheet x _____ min.:
 HEP issued:
 Other, describe: _____

Assessment: pt has ↓ ROM, no visible, ↑ swelling, mild swelling at port holes. pt tolerated exer well.

Plan: Progress per treatment plan Re-evaluate Discharge
 Therapist: Danella Jantzi, PT

W
 4/9/17/18 2X4 8 Approved EXP 11/22/18