

☒ 845 S. FAIRMONT AVE. STE. 11
DUBLIN, CA 95240
(209) 334-0651

ULTRASOUND LAB

☐ 1801 E MARCH LANE STE. D400
STOCKTON, CA 95210
(209) 464-3615

☐ **2D M-MODE ECHOCARDIOGRAM**

This is a study where sound waves are used to see the heart and evaluate its function. The size of the heart chambers, the ability of the heart muscle to squeeze and the functioning of the heart valves can all be evaluated. The procedure requires lying on a comfortable bed for approximately 30 minutes while the echo technician obtains the necessary views of the heart. Please wear a shirt/blouse since you will be asked to disrobe from the waist up.

☒ **CAROTID DUPLEX ULTRASOUND**

This is a study where sound waves are used to see whether there are blockages in the carotid arteries, which are located on both sides of the neck. This procedure requires lying on a comfortable bed for approximately 30 minutes while the echo technician obtains the necessary views. Please wear a shirt/blouse since you will be asked to disrobe from the waist up.

☐ **VENOUS DUPLEX ULTRASOUND**

This is a study where sound waves are used to see whether there are blood clots in the deep blood vessels located in the legs. This procedure requires lying on a comfortable bed for approximately 30 minutes while the echo technician obtains the necessary views.

☐ **VARICOSE VEIN STUDY**

This is a study with sound waves that looks for underlying causes of varicose veins in your legs. It can sometimes find underlying problems even if the varicose veins in the leg aren't very noticeable. You may be standing during part of the exam. Please expect the test to take approximately 60 minutes.

☐ **ANKLE / BRACHIAL INDICES (ABI)**

This study is performed to see whether there are blockages in the arteries in the legs. It involves taking blood pressure readings in your ankles and arms to calculate an index. This will be done at rest and, if necessary, following light exercise on a treadmill. The technician also may use ultrasound imaging to assess the blood flow in your feet. Please wear flat, rubber soled shoes.

☐ **ARTERIAL DOPPLER OF THE LOWER EXTREMITIES**

This is a study where sound waves are used to see whether there are blockages in arteries located in the legs due to atherosclerosis. This procedure requires lying on a comfortable bed for approximately two hours while the echo technician obtains the necessary views. **If you are diabetic, you may eat a small, light meal prior to the test.**

☐ **ABDOMINAL AORTIC ULTRASOUND**

This is a study where sound waves are used to see whether there are any abnormalities in the wall of the aorta, the main artery which goes from your heart down through your abdomen to your legs. This procedure requires lying on a comfortable bed for approximately 30 minutes while the echo technician obtains the necessary views. **Please do not chew gum or consume any food that causes bloating or gas for 24 hours prior to the exam and do not eat or drink anything from midnight the night before the procedure.**

☐ **RENAL DUPLEX ULTRASOUND**

This is a study where sound waves are used to see whether there are any blockages of the main kidney arteries which can cause hypertension. This procedure requires lying on a comfortable bed for approximately 1 - 2 hours while the echo technician obtains the necessary views. **Please do not chew gum or consume any food that causes bloating or gas for 24 hours prior to the exam and do not eat or drink anything from midnight the night before the procedure.**

☐ **STRESS ECHOCARDIOGRAM**

This is a study where a treadmill stress test is performed with the addition of cardiac ultrasound (echocardiography) to look at the heart before and after exercise. Use of echocardiography with stress testing increases the accuracy of the test. The test will require walking briskly on a treadmill, in addition to the procedure described above, plan to be here approximately 45 minutes. **Please wear cool, comfortable, clothing and flat rubber-soled shoes. Please drink plenty of fluids during the day of the test so you are fully hydrated. Please DO NOT apply lotion to arms, legs, abdomen or chest on the day of the test. If you use an inhaler, please bring it with you.**

SPECIAL INSTRUCTIONS:

- ☐ Take all medications as usual, except: _____
- ☐ Take diabetes medications as follows: _____
- ☐ Discontinue the following medications 24 hours prior to your test: _____

Resume taking these medications upon completion of your stress test.

♥ _____
Int.

A \$50.00 missed appointment fee may be charged for appointments not kept. Please call the office at the phone numbers above 24 hours in advance if you are unable to keep your scheduled appointment.

♥ _____

To ensure our technicians are able to provide a high quality study, no children are allowed to accompany the patient into the testing area. Children left unattended in the waiting room must be age 14 or over.

Int.

Patient Name: _____

DOB: _____

Date: 9/27/13

Registration Time: 9:35am

Test Time: _____

Pacific Heart & Vascular

Advanced care for the heart... from the heart

1801 E. March Lane, Suite D400, Stockton, CA 95210

Should you need to reschedule, please call (209) 464-3615

Patient Name:

Mary Parvin

DOB:

3/16/43

PHARMACOLOGICAL MYOVUE TEST

This study is done to evaluate the blood supply to the heart. An intravenous line is required in order to make an injection. One of the medicines Regadenosine, Dipyridamole or Adenosine is infused in order to simulate exercise for the heart's arteries. No physical exercise is required; however, sometimes you may be asked to walk slowly, if possible, on a flat surface. Following this, a small amount of radioactive imaging agent, Myovue, is injected so that images of the heart can be obtained. Images are obtained with a nuclear camera after injection and then repeated at a different time. The test will be performed in a one or two day protocol. The test will take approximately two hours.

Int. ☒ DO NOT EAT OR DRINK ANYTHING FOR 12 HOURS PRIOR TO ALL VARIETIES OF STRESS PROCEDURES.

Int. ☒ DO NOT CONSUME ANY CAFFEINE CONTAINING BEVERAGES SUCH AS COFFEE, TEA, COLA, OR CHOCOLATE EVEN IF IT STATES DECAFFINATED FOR 24 HOURS BEFORE THE TEST. DO NOT TAKE ANACIN OR EXCEDRIN AS THESE CONTAIN CAFFEINE.

Int. ☒ If there is a possibility that you have a cold, fever or if you are pregnant or nursing please notify the office immediately.

Int. ☒ Females: The tracer that is injected during the procedure has the potential to cause birth defects in fetuses. For this reason, any females under age 50 or who are still having menstrual periods and have not had surgery to prevent pregnancies are required to undergo a pregnancy test prior to the procedure.

☒ This warning applies to me and I will undergo pregnancy testing two days prior to my test.

☒ This warning does not apply to me since I am over age 50 or I am no longer having menstrual periods or I have had a surgery that prevents pregnancies.

Int. ☒ If you have emphysema (COPD) or asthma, please bring your inhalers. You may use your inhaler, but please let our stress test technician know if you used it or had any wheezing that day prior to the test. DO NOT take asthma medications.

Int. ☒ If you are a diabetic, your test will be scheduled for a morning appointment. Please do not eat breakfast or take your morning diabetes medicine until after the test is completed. We do not anticipate you having a low blood sugar reaction; however, bring something with you to treat a low blood sugar reaction just in case you do experience this.

Int. ☒ Please wear button-up, short sleeved, shirts/blouses and pants or shorts with flat tennis shoes. No dresses or nylons. (Do not wear clothing with metal buttons or snaps).

Int. ☒ MEDICATIONS YOU SHOULD NOT TAKE 72 HOURS PRIOR TO YOUR TEST: THEODUR, THEO-24 EXTENDED RELEASE, UNIDUR, UNIPHYL, SLO-PHYLLIN, THEOLAIR, DYPHYLLINE, LUFYLLIN, THEOPHYLLINE.

Int. ☒ DO NOT TAKE VIAGRA, CIALIS or LEVITRA FOR 7 DAYS PRIOR TO THE TEST.

IF YOUR MEDICATION IS NOT ON THE LISTS ABOVE YOU MAY TAKE IT. PLEASE CALL IF YOU ARE NOT SURE.

SPECIAL INSTRUCTIONS:

Int. ☒ Take all medications as usual, except:

☒ Discontinue the following medications 24 hours prior to your test:

☒ Discontinue the following medications 48 hours prior to your test:

Resume taking these medications upon completion of your stress test.

Date: 9/13/13 Registration/Prep Time: 8:30am Test Time:

Date: / Registration/Prep Time: Test Time:

Int. ☒ Please do not bring young children with you, since they will not be allowed in the testing area due to radioactivity nor can they be left unattended in the waiting room. No one other than an interpreter may accompany the patient in the nuclear lab due to radioactive exposure.

Kindly give 24-hour notice if you are unable to keep your appointment. The radionuclide imaging agent used is mixed the day before especially for your body weight and cannot be used on anyone but you. A \$200.00 unused radionuclide imaging agent fee may be charged for all appointments not kept or the above instructions not complied with.

Int. ☒ This fee is not covered by insurance.