



U.S. HealthWorks

MEDICAL GROUP

Eric G. Helphrey
Stockwell, Harris, Woolverton and Muehl
1545 River Park Drive, Suite 330
Sacramento, CA 95799

Employee: Tiffany Anderson
Date of Injury: 6/29/11
Case Number: VE0700184
Claim Number:

September 27, 2011

Dear Mr. Helphrey,

As you know, Tiffany Anderson presented to USHealthWorks on 7/6/11 with the complaint of pain in the right knee. She alleged to have been walking in a drainage area when she struck her right knee on a "t-bar" short stake in the ground. She was concerned about infectious contamination of the recently healed arthroscopy scars and the healing superficial abrasion on the distal medial thigh and medial knee. It was noted at that time that there was an almost healed abrasion and resolving bruise with minimal tenderness to palpation. There was no swelling, erythema or other signs of infection. Examination of the knee joint was normal except for minimal tenderness of the medial joint. There was full range of motion, no ligament instability. McMurry test was negative (ie. No sign of meniscus injury). She walked with a normal gait.

At the first visit the patient was demanding blood tests and antibiotics for possible contamination; the water she was exposed to in the field was drainage from a dairy farm. There was no signs of infection or contamination of any wounds or scars. Furthermore, it was already a week since the injury. She was informed that treatment with antibiotics was not indicated. She was given a tetanus vaccination. She was returned to full duty.

On 7/18/11 she followed up complaining of onset of severe pain in right knee on 7/17/11, eleven days after the DOI. Examination was normal with healed superficial abrasion and variable tenderness to palpation of the medial knee. There was full range of motion, negative McMurry test, no ligament instability and a normal gait. There were no signs of infection. Phone consultation with her employer was documented in the chart: "employer reports she was doing fine and wanted to be discharged after being seen." She was encouraged to continue full duty and was discharged.

It is my medical opinion this patient sustained a minor right knee injury in the course of her usual employment. At no time during her visits here were there any exam findings to

suggest anything more than a contusion and abrasion to the medial right knee. If fact, she continued to work full duty with no evidence of difficulty or problems with the knee joint. I believe that, unless she has sustained an injury since 7/18/11, she should be capable of returning to regular work. I believe she was permanent and stationary on 7/18/11 with no ratable disability. MRI findings of a recurrent lateral meniscus tear are not consistent with her clinical presentation for this industrial injury while under my care.

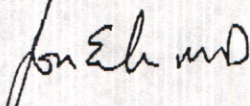
Disclosure Statement

I have not violated Labor Code 139.3 and the contents of this report and bill are true and correct to the best of my knowledge. This statement is made under penalty of perjury.

San Joaquin County, California

If you have any further questions or need any further clarification, please feel free to contact me.

Sincerely,



Jon Eck, M.D.