

DAILY NOTE

PATIENT'S NAME:

Taiwan Anderson

DATE:

9/26/11

Visit #:

718

Patient Reported Status (Today and Overall):

wed first day back to work 10/10' drive walk 5hr; Thursday Door-Door walking 4hrs, Fri workday same as wed. ↑ d (significant) pn in R knee over weekend, better c rest. PN onset intermittent.

Objective/Treatment:

- E-Stim. To R knee Type IFC Time 15'
- Ultrasound/Phonophoresis to Cont./Pulsed % x min. @ W/cm²
- Traction: Cervical/Lumbar Cont/Inter. @ lb. x min. (on/off)
- Hot Pack to: x min.
- Cold Pack to: R knee x 15' min. room ✓ 138° R knee
- Aquatic Therapy, see flow sheet. x min.
- Therapeutic Exercise/Activity, see flow sheet. x 10' min.
- Manual Therapy Technique x 10' min.:
- HEP issued:
- Case Conference with PTA STM R quad for ↓ d swelling. grill ant rot med joint tibia on femur.
- Other, describe:

Patients Response To Treatment/ Patient Needs:

1/2 cm diff R>L 10cm above knee joint line. NO pn at end range from into v. mobility at R med joint line ↓ d compared to me L.

Rational For Skilled Care:

Patient to begin strengthening & stretching for proper mechanics & MOB to ↑ function.

Plan:

- Progress per treatment plan
- Re-evaluate
- Discharge

Therapist:

P. Baumer PT

P.T.A.:

- Monty Merrill PT
- Brijpal Pataria PT
- Piper Barnes PT
- Rence Mercado PT
- Lauri Merrill PT
- Danielle Sartori PT
- Fatema Ghani PT

RX:

8-16-11

F & D:

2x4

AUTH:

8

EXP: none