

DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE:

9-15-11

Visit #:

5, 8

Patient Reported Status (Today and Overall):

Continues to have swelling in @knee, not as much pain but cont to have mostly sedentary day. Going to start walking tomorrow.

Objective/Treatment:

- E-Stim. To R knee Type IFC Time 15'
- Ultrasound/Phonophoresis to \_\_\_\_\_ Cont. / Pulsed \_\_\_\_\_ % x \_\_\_\_\_ min. @ \_\_\_\_\_ W/cm<sup>2</sup>
- Traction: Cervical/Lumbar Cont/Inter. @ \_\_\_\_\_ lb. x \_\_\_\_\_ min. (on \_\_\_\_\_ /off \_\_\_\_\_)
- Hot Pack to: \_\_\_\_\_ x \_\_\_\_\_ min.
- Cold Pack to: R knee x 15' min.
- Aquatic Therapy, see flow sheet. x \_\_\_\_\_ min.
- Therapeutic Exercise/Activity, see flow sheet. x 50' min.
- Manual Therapy Technique x 10' min.:
- HEP issued: STINT TO R IT BAND
- Case Conference with PTA o edema reduction.
- Other, describe: \_\_\_\_\_

Patients Response To Treatment\ Patient Needs:

Pt ptul at endrange / & o overpress ure in to v at 133°.

Tender in @dystal ltband still present.

NO 4'd pn o tne ex but 4'd to 1 o v'd fatigue.

Rational For Skilled Care:

Pt to gain optimal sup/quad/ham strength & v'd swelling in LF to tgt mechanics & return to work.

Plan:  Progress per treatment plan  Re-evaluate  Discharge

Therapist:

Pearnespt

P.T.A.:

- Monty Merrill PT
- Brijpal Pataria PT
- Piper Barnes PT
- Renee Mercado PT
- Lauri Merrill PT
- Danielle Sartori PT
- Fatema Ghani PT

RX: 8/16/11

F & D: 2 x 4

AUTH: 8

EXP: none