

9-14-11

DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE:

9-14-11

Visit #:

4/8

Patient Reported Status (Today and Overall):

Patient states R knee is feeling better, but she has not been doing much. Feeling depressed & not having much to do.

Objective/Treatment:

- E-Stim. To R knee Type IFE Time 15'
- Ultrasound/Phonophoresis to Cont. / Pulsed % x min. @ W/cm²
- Traction: Cervical/Lumbar Cont/Inter. @ lb. x min. (on /off)
- Hot Pack to: x min.
- Cold Pack to: R knee x 15' min. 45 10cm above R knee
- Aquatic Therapy, see flow sheet. x min. 38 st in.
- Therapeutic Exercise/Activity, see flow sheet. x 40' min.
- Manual Therapy Technique x 10' min.
- HEP issued: - sm to ↓ edema at jt on R knee
- Case Conference with PTA - sm to R IT band.
- Other, describe:

Patients Response To Treatment\ Patient Needs:

A'd swelling present in R knee & 4'd mm restriction in IT band. Pt cont to have same level of R knee swelling. Pt fatigues quickly in exercise.

Rational For Skilled Care:

Pt to gain optimal leg strength & R knee mobility to ↓ pain, ↑ function, & return to work.

Plan: Progress per treatment plan Re-evaluate Discharge

Therapist: P Barnes PT

- P.T.A:
- Monty Merrill PT Lauri Merrill PT
 - Brijpal Pataria PT Danielle Sartori PT
 - Piper Barnes PT Fatema Ghani PT
 - Renee Mercado PT

RX: 8/16/11

F & D: 2x4

AUTH: 8

EXP: None