

and, INC. dba LODI PHYSICAL THERAPY
 631 S HAM LANE
 LODI, CALIFORNIA 95242
 DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE: 9/15/08
 Subjective: PT continuing PT 2° waiting for surgery on 9/22. PT has not been officially discharged from PT, so continue care.

Visit #: 1/8
 Objective/Treatment: Initial Evaluation / Re-evaluation Completed
 E-Stim. To (R) knee Type IFE Setting high Time 15
 Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
 Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
 Hot Pack to: _____ x _____ min.
 Cold Pack to: (R) knee x 15 min. Ice + ES + elevation + vaso
 Aquatic Therapy, see flow sheet. x _____ min.
 Therapeutic Exercises, see flow sheet. x 65 min. Added prone TKE + ES.
 Therapeutic Activities, see flow sheet. x _____ min.
 Manual Therapy Technique x _____ min.: _____
 Neuro-muscular re-educ, see flow sheet x _____ min.: _____
 HEP issued:
 Other, describe: _____
 Case Conference with PTA

Assessment: PT did well on new thier exp → quad + glute fatigue. PT has maintained red swelling. PT still c/o achiness in (R) knee

Plan: Progress per treatment plan Re-evaluate Discharge
 Therapist: Ramona Anderson, PT

Rx 8/27/8 JX4 8 approved

DATE: 9/10/08
 Subjective: PT doing well. Did not go on trip so rested a lot this weekend. Still constant ache in (R) knee + movement.

Visit #: 2/8
 Objective/Treatment: Initial Evaluation / Re-evaluation Completed
 E-Stim. To (R) knee Type IFE Setting high Time 15
 Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
 Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
 Hot Pack to: _____ x _____ min.
 Cold Pack to: (R) knee x 15 min.
 Aquatic Therapy, see flow sheet. x _____ min.
 Therapeutic Exercises, see flow sheet. x 65 min.
 Therapeutic Activities, see flow sheet. x _____ min.
 Manual Therapy Technique x _____ min.: _____
 Neuro-muscular re-educ, see flow sheet x _____ min.: _____
 HEP issued:
 Other, describe: _____
 Case Conference with PTA

Assessment: PT had PT in pm in (R) knee + thier exp. Improved glute and quad control + step ups.

Plan: Progress per treatment plan Re-evaluate Discharge
 Therapist: Ramona Anderson, PT

RECEIVED
 SEP 25 2008
 LMS SAC