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**Initial Patient Evaluation**

**8/31/11 WRB**

<b>Date:</b> 08-29-11	<b>RE:</b> ANDERSON, Tiffany	<b>DOB:</b> 08-22-1970
<b>To:</b> Gary Murata, M. D.	<b>PT:</b> PIPER BARNES, P.T., D.P.T.	<b>SOC:</b> 08-29-11
<b>Reason for Referral:</b> Pain and swelling in right knee with prolonged walking, deep squatting and twisting		<b>Diag:</b> 717.40, 719.7, 719.46, 719.06
<b>Prior Level of Function:</b> Able to perform job without increased pain in right knee		<b>Onset:</b> 6-29-11 <b>DOS:</b> 2010-8-28-2009
<b>Current Level of Function (with objective measurements):</b>		<b>Visits:</b> 1 of 8
		<b>Frequency:</b> 2 x wk 4 wks

Patient describes flu-like symptoms with fever and body aches since 7-18-11  
 Active range of motion right knee: 0°-136° (painful with full bend)  
 Girth measurement: Right knee: Joint line: 35 1/2 cm, 10 cm above 37 cm  
 Left knee: Joint line: 32 cm, 10 cm above 36 cm  
 Patient is tender with medial and lateral stress testing and tender behind knee joint in central popliteal fossa.  
 The patient is painful when rising onto her toes and unable to stand on right single leg without loss of balance

**Living Conditions:** Off duty at work/single/no stairs at home  
**Comorbidities:** Possible recent infection controlled by antibiotics

**Discharge Target Date:** 8-weeks

- Goals:**
1. Patient able to ambulate 30 ft for community ambulation without increased right knee pain in 2-weeks
  2. Patient able to bend/squat to pick up items off floor with 1/10 knee pain in 4-weeks
  3. Patient able to ambulate 4-hours on uneven surface for return to work with 2/10 pain in 8-weeks

- Treatment Plan**
- Therapeutic Exercise
  - Soft Tissue Mobilization
  - Neuromuscular Re-Education
  - Manual Therapy
  - Mechanical Traction
  - Home Program/ Patient Education
  - Ice/Heat
  - Ultrasound
  - Electrical Stimulation
  - Other:

**Patient Rehabilitation Potential is:**  Excellent  Good  Fair  Poor

**Therapist Signature:** P Barnes **Thank you for your referral!** **Provider #:** PT 37431