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Initial Patient Evaluation

FAXES
 8/31/11 MB

Date: 08-29-11	RE: ANDERSON, Tiffany	DOB: 08-22-1970
To: Gary Murata, M. D.	PT: PIPER BARNES, P.T., D.P.T.	SOC: 08-29-11
Reason for Referral: Pain and swelling in right knee with prolonged walking, deep squatting and twisting		Diag: 717.40,719.7,719.46,719.06
Prior Level of Function: Able to perform job without increased pain in right knee		Onset: 6-29-11 DOS: 2010-2008-2009 ^{YB}
		Visits: 1 of 8
		Frequency: 2 x wk 4 wks

Current Level of Function (with objective measurements):

Patient describes flu-like symptoms with fever and body aches since 7-18-11
 Active range of motion right knee: 0°-136° (painful with full bend)
 Girth measurement: Right knee: Joint line: 35 ½ cm, 10 cm above 37 cm
 Left knee: Joint line: 32 cm, 10 cm above 36 cm
 Patient is tender with medial and lateral stress testing and tender behind knee joint in central popliteal fossa.
 The patient is painful when rising onto her toes and unable to stand on right single leg without loss of balance

Living Conditions: Off duty at work/single/no stairs at home

Comorbidities: Possible recent infection controlled by antibiotics

Discharge Target Date: 8-weeks

Goals:

1. Patient able to ambulate 30 ft for community ambulation without increased right knee pain in 2-weeks
2. Patient able to bend/squat to pick up items off floor with 1/10 knee pain in 4-weeks
3. Patient able to ambulate 4-hours on uneven surface for return to work with 2/10 pain in 8-weeks

Treatment Plan

- Therapeutic Exercise
- Soft Tissue Mobilization
- Neuromuscular Re-Education
- Manual Therapy
- Mechanical Traction
- Home Program/ Patient Education
- Ice/Heat
- Ultrasound
- Electrical Stimulation
- Other:

Patient Rehabilitation Potential is: Excellent Good Fair Poor

Thank you for your referral!

Therapist Signature: P. Barnes

Provider #: PT 37431