

ASH, INC. dba LODI PHYSICAL THERAPY
 631 S HAM LANE
 LODI, CALIFORNIA 95242
 DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE: 8/13/08

Subjective: Pt feeling the same. swelling has been under control.

Visit #: 7/8

Objective/Treatment: Initial Evaluation / Re-evaluation Completed

E-Stim. To (R) knee Type IFC Setting high Time 15

Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²

Traction: Cervical/Lumbar Cont./Inter. @ _____ lb. x _____ min. (on _____ /off _____)

Hot Pack to: _____ x _____ min.

Cold Pack to: Vaso (R) knee x 15 min (R) knee girth supra 41 cm mid 37.3 cm infra 35.5 cm

Aquatic Therapy, see flow sheet x _____ min.

Therapeutic Exercises, see flow sheet x 60 min.

Therapeutic Activities, see flow sheet x _____ min.

Manual Therapy Technique x _____ min.:

Neuro-muscular re-educ, see flow sheet x _____ min.:

HEP issued:

Other, describe: _____

Case Conference with PTA

Assessment: d in swelling evidenced by girth measurement & visibility of patella. Pt like slightly high. box 2" ↑ work and mom like truck. Pt states step still needs to be higher

Plan: Progress per treatment plan Re-evaluate Discharge

follow up in 1 wk for re-eval Therapist: Romulo Santoni, PT

Rx 7-14-08 2x8

3 vst auth

DATE: 8/20/08

Subjective: Pt doing well still wearing brace for long distances walking & on days it is sore. Pt staying away from uneven ground.

Visit #: 8/8

Objective/Treatment: Initial Evaluation / Re-evaluation Completed

E-Stim. To (R) knee Type IFC Setting high Time 15

Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²

Traction: Cervical/Lumbar Cont./Inter. @ _____ lb. x _____ min. (on _____ /off _____)

Hot Pack to: _____ x _____ min.

Cold Pack to: (R) knee Vaso x 15 min ROM 0-125° @ 130° Quads 575 hamstrings 475 no pt in mid range.

Aquatic Therapy, see flow sheet x _____ min.

Therapeutic Exercises, see flow sheet x 60 min.

Therapeutic Activities, see flow sheet x _____ min.

Manual Therapy Technique x _____ min.:

Neuro-muscular re-educ, see flow sheet x _____ min.:

HEP issued:

Other, describe: _____

Case Conference with PTA

Assessment: Pt still has an i and range flexion. Improved strength & WB tolerance (R) LC. Cont pain along jt line (R) knee. Swelling out of knee.

SEP 08 2008

Plan: Progress per treatment plan Re-evaluate Discharge

D/c to HEP. Therapist: Romulo Santoni, PT