

ALPINE ORTHOPAEDIC MEDICAL GROUP, INC.
2488 N. California Street
Stockton, CA 95204

August 16, 2013

San Joaquin County Employees'
Retirement Association
6 S. El Dorado Street, #400
Stockton, CA 95202-2804
Fax: (209) 468-0480

RE: Tiffany Anderson
EMP: S.J. County Mosquito Control
DOI: 6-19-08

Ladies and Gentlemen:

1. History of injury or illness:

Ms. Anderson has a chief complaint of right knee discomfort. She was employed at the time of her injury on June 19, 2008, as a vector control worker. She had increasing right knee pain and swelling after climbing onto a truck, as well as walking on uneven terrain. Also, she had a direct blow to her knee as a subsequent injury when her knee struck a large metal T-post in June 2011.

2. Medical complaints:

Ms. Anderson continues to have pain, swelling, and stiffness about the right knee. She has pain with kneeling and squatting. She cannot kneel or squat comfortably. She has tingling about the right thigh, as well as intermittent swelling about the thigh. She also has giving-way symptoms.

3. Past medical history:

No other active medical problems.

4. Family medical history:

Unremarkable.

5. Source of all facts set forth in the history and complaints:

Medical records from this office and the past surgical history. Arthroscopy was performed in September 2008 showing a lateral meniscus tear. She underwent partial lateral meniscectomy and chondroplasty of the medial femoral condyle. She also underwent arthroscopy of the right knee on February 8, 2010. She was noted to have Grade IV chondromalacia of the medial femoral condyle, 1.5 cm circular lesion, and a recurrent lateral meniscus tear. She underwent partial lateral meniscectomy and microfracture. She also had arthroscopy of the right knee on November 28, 2011, showing a complex recurrent tear of the lateral meniscus, stable chondromalacia of medial femoral condyle. She underwent partial lateral meniscectomy.

6. Findings on examination:

She has nontender logrolling of the right hip. Range of motion of the right knee 0-120 degrees with no effusion, 4+/5 quad strength, gait pattern normal, generalized joint tenderness, no ligamentous laxity. Distal calf nontender.

7. Opinion as to whether member is substantially incapacitated to perform the member's usual duties of the member's employment:

Yes. Ms. Anderson has permanent restrictions. Standing and walking are occasional; no kneeling or squatting.

8. Cause of the substantial incapacity, if any:

She has a well-documented work-related injury from June 19, 2008. I described this work injury earlier.

9. Medical treatment indicated:

The patient has already undergone three arthroscopic surgeries of the right knee. Further conservative treatment is indicated. She is a candidate for use of anti-inflammatory or analgesic medications. For weakness of the knee she is a candidate for eight physical therapy sessions per year. She should be allowed to use a knee brace. For numbness and weakness about the right leg she is a candidate for consultation with a neurologist.

10. Likelihood of permanent disability:

The patient does have permanent disability, with the above restrictions.

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11. Opinion as to whether or not the member's incapacity is a result of an injury or disease arising out of and in the course of employment and such employment contributes substantially to such incapacity:

The injury did occur, arising out of and in the course of employment. This was addressed in question #1.

12. Opinion as to whether or not the member's incapacity is due to intemperate use of alcoholic liquor or drugs, or so far as the medical examination discloses, willful misconduct:

The member's incapacity is not due to intemperate use of alcoholic liquor or drugs.

13. Opinion as to whether or not the member's incapacity would preclude the member from performing any employment in the county service:

The patient could perform other work in the county service if modified work is available.

14. The reasons for these opinions:

Medical records from this office were used to prepare this report.

15. I declare under penalty of perjury that the foregoing is true and correct. Dated:
August 16, 2013, at Stockton, California.

Sincerely yours,

Gary T. Murata, M.D. /jq

cc: Tiffany Anderson
2 N. Avena Ave
Lodi, CA 95240



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ADDRESS SERVICE REQUESTED

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