

4  
8-16-11  
ALPINE ORTHOPAEDIC PR-2 FORM  
(209) 948-3333  
Patient: Tiffany Anderson

DOI 6-29-11  
2488 N. CALIFORNIA STREET  
STOCKTON, CA 95204  
Account#: WC 168478

- Periodic report  
 Change in work status  
 Change in patient's condition  
 Need surgery/hospitalization  
 Need consultation/referral

- Change in treatment  
 Info requested by:  
 Released from care  
 Request for authorization  
 Other: **Need therapy.**

**PATIENT**

Account: WC 168478  
Tiffany Anderson  
2 North Avena Ave  
SS#: 549-23-5133

Doctor: Gary T Murata M.D.  
Sex: female DOB: 08/22/1970  
Lodi Ca 95240  
Phone: 209 329-9523

**CLAIM ADMINISTRATOR**

A.I.M.S. Claim #: VE090000198 DOI: 06/29/11  
Po Box 269120 Sacramento, CA 95826  
Employer: Sj Co Mosquito Control

**DIAGNOSIS**

1. 836.1 /717.7 /

**WORK STATUS: Modified work. No squatting. Standing and walking occasional.  
No climbing or lifting to 20 lbs.**

- Remain off work until:  
 Return to modified work with the following limitations and restrictions:  
 Return to full duty with no limitations or restrictions.  
Continue with:  Modified Work  Full Duty

Date of Exam: August 16, 2011 Part of Body: New Doi 062911 Rt Knee

Subjective: Ms. Anderson underwent an MRI of her knee. She continues to have mostly anterior as well as anterior medial joint pain.

Objective: Slight amount of swelling over the anterior medial joint line. No warmth or erythema. Good active range of motion of the knee and slight effusion.

I reviewed the MRI which shows no internal derangement about the medial side. There is a possible recurrent tear of the lateral meniscus.

Assessment: Recurrent tear, lateral meniscus, however, her symptoms are located anterior medial. This occurred after a new injury to her knee June 29, 2011, when she struck a large metal post.

549-23-5133

Plan: Since her symptoms do not specifically correlate with the MRI findings, I believe she is a candidate for physical therapy. She would benefit from eight physical therapy sessions including modalities and strengthening exercises.

She was given a note for modified work. No squatting. Standing and walking occasional. No climbing or lifting to 20 lbs. I also wrote a prescription for Motrin 800 mg tid #90. Follow-up in the office in four weeks.

I have not violated Labor Code 139.3, and the contents of the report and bill are true and correct to the best of my knowledge. This statement is made under penalty of perjury. Dated 8/17/11, at San Joaquin County, California.  
Gary T. Murata, M.D./sh

549-23-5133