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**FAXED**

8/15/12

## Discharge Report

Date: 8/14/2012

RE: Tiffany Anderson

DOB: 8/22/1970

To: Dr. Murata

PT: Danielle Sartori, PT

SOC: 12/15/2011

Patient Subjectively: ☐ Resolved ☒ Improved ☐ Unchanged

Diagnosis: 719.46, V54.9, 719.7

### Objective/Assessment:

Ms. Anderson was last seen for a work conditioning treatment on 7/31/12. Since then she has been denied a supervised gym program so please see progress report dated 7/31/12 for details.

Onset: DOS: 11/21/2011

Visits: 12/12 work conditioning

### Functional Goals:

1. Patient to be I with HEP in 2 weeks.
2. Patient able to ambulate 20 minutes for short community ambulation with 2/10 right knee pain in 6 visits.
3. Patient able to bend, squat and lunge with 2/10 right knee pain in 12 visits.
4. Patient able to ambulate on uneven surface, step in/out of truck and lift 30 lbs. with 2/10 right knee pain in 18-24 visits.

### Status Update:

1. Met
2. Met
3. Met with 3/10 pain
4. Met with 3/10 pain

#### Discharge Plan

- ☒ Home Program  
☐ Gym Program  
☐ Other  
☒ Discharge

Reason: Patient denied supervised gym program so DC to HEP.

#### Treatment Received

- ☒ Therapeutic Exercise  
☐ Soft Tissue Mobilization  
☐ Neuromuscular Re-Education  
☒ Manual Therapy  
☐ Mechanical Traction  
☒ Home Program/ Patient Education  
☒ Ice/Heat  
☒ Ultrasound  
☒ Electrical Stimulation  
☒ Other: work conditioning

Therapist Signature:

Provider #: 33410