

PH, INC. dba LODI PHYSICAL THERAPY  
 631 SHAM LANE  
 LODI, CALIFORNIA 95242  
 DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE: 8/13/08

Subjective: Pt feeling the same. swelling has been under control.

Visit #: 7/8

Objective/Treatment:  Initial Evaluation / Re-evaluation Completed

E-Stim. To (Knee) Type IFC Setting high Time 15

Ultrasound/Phonophoresis to \_\_\_\_\_ Cont./Pulsed \_\_\_\_\_ % x \_\_\_\_\_ min. @ \_\_\_\_\_ W/cm<sup>2</sup>

Traction: Cervical/Lumbar Cont/Inter. @ \_\_\_\_\_ lb. x \_\_\_\_\_ min. (on \_\_\_\_\_ /off \_\_\_\_\_)

Hot Pack to: \_\_\_\_\_ x \_\_\_\_\_ min.

Cold Pack to: Vaso (Knee) x 15 min (Knee girth)

Aquatic Therapy, see flow sheet. x \_\_\_\_\_ min. Supra 41.6cm

Therapeutic Exercises, see flow sheet. x 60 min. mid 37.3 cm

Therapeutic Activities, see flow sheet. x \_\_\_\_\_ min. infra 35.5 cm

Manual Therapy Technique x \_\_\_\_\_ min.:

Neuro-muscular re-educ, see flow sheet x \_\_\_\_\_ min.:

HEP issued:

Other, describe: \_\_\_\_\_

Case Conference with PTA

Assessment: ↓ in swelling evidenced by girth measurement & visibility of patella. Pt like slightly high box 2" ↑ work and now like truck, pt states step still needs to be higher

Plan:  Progress per treatment plan  Re-evaluate  Discharge

Follow up in 1wk for re-eval Therapist: Romula Santoni, PT

Rx 7-14-08 2x8

8 vst auth

DATE: 8/20/08

Subjective: Pt doing well still wearing brace for long distance walking & on days it is sore. Pt staying away from uneven ground.

Visit #: 8/8

Objective/Treatment:  Initial Evaluation / Re-evaluation Completed

E-Stim. To (Knee) Type IFC Setting high Time 15

Ultrasound/Phonophoresis to \_\_\_\_\_ Cont./Pulsed \_\_\_\_\_ % x \_\_\_\_\_ min. @ \_\_\_\_\_ W/cm<sup>2</sup>

Traction: Cervical/Lumbar Cont/Inter. @ \_\_\_\_\_ lb. x \_\_\_\_\_ min. (on \_\_\_\_\_ /off \_\_\_\_\_)

Hot Pack to: \_\_\_\_\_ x \_\_\_\_\_ min.

Cold Pack to: (Knee Vaso) x 15 min. ROM 0-125° @ ± 130°

Aquatic Therapy, see flow sheet. x \_\_\_\_\_ min. Quads 575

Therapeutic Exercises, see flow sheet. x 60 min. ham 475 no pt in mid range.

Therapeutic Activities, see flow sheet. x \_\_\_\_\_ min.

Manual Therapy Technique x \_\_\_\_\_ min.:

Neuro-muscular re-educ, see flow sheet x \_\_\_\_\_ min.:

HEP issued:

Other, describe: \_\_\_\_\_

Case Conference with PTA

Assessment: Pt still has an i and range flexion. Improved strength & WB tolerated (Knee) cont pt along it limit knee. swelling out of knee.

Plan:  Progress per treatment plan  Re-evaluate  Discharge

D/c to HEP. Therapist: Romula Santoni, PT

RECEIVED  
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