

ASH, INC. dba LODI PHYSICAL THERAPY  
 631 S HAM LANE  
 LODI, CALIFORNIA 95242  
 DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE: 8/4/08

Subjective: pt c/o of swelling & pain in ant/lat knee shortly into shin. pt states she has not been taking anti regularly anymore.

Visit #: 518

Objective/Treatment:  Initial Evaluation / Re-evaluation Completed

E-Stim To (R) knee Type DFC Setting high Time 15

Ultrasound/Phonophoresis to \_\_\_\_\_ Cont. / Pulsed \_\_\_\_\_ % x \_\_\_\_\_ min. @ \_\_\_\_\_ W/cm<sup>2</sup>

Traction: Cervical/Lumbar Cont/Inter. @ \_\_\_\_\_ lb. x \_\_\_\_\_ min. (on \_\_\_\_\_ /off \_\_\_\_\_)

Hot Pack to: \_\_\_\_\_ x \_\_\_\_\_ min.

Cold Pack to: vaso (R) knee x 15 min. Ice + ES elevation

Aquatic Therapy, see flow sheet. x \_\_\_\_\_ min.

Therapeutic Exercises, see flow sheet. x 65 min.

Therapeutic Activities, see flow sheet. x \_\_\_\_\_ min.

Manual Therapy Technique x \_\_\_\_\_ min.:

Neuro-muscular re-educ, see flow sheet x \_\_\_\_\_ min.:

HEP issued:

Other, describe: \_\_\_\_\_

Case Conference with PTA

Assessment: No ↓ in symptoms of knee, but ↓ of pain

Plan:  Progress per treatment plan  Re-evaluate  Discharge

Therapist: Doreen Anderson, PT

7/15/08 8 authorized

DATE: 8/8/08

Subjective: pt states she will be having surgery on @ knee. pt feeling pretty good.

Visit #: 613

Objective/Treatment:  Initial Evaluation / Re-evaluation Completed

E-Stim To (R) knee Type DFC Setting high Time 15

Ultrasound/Phonophoresis to \_\_\_\_\_ Cont. / Pulsed \_\_\_\_\_ % x \_\_\_\_\_ min. @ \_\_\_\_\_ W/cm<sup>2</sup>

Traction: Cervical/Lumbar Cont/Inter. @ \_\_\_\_\_ lb. x \_\_\_\_\_ min. (on \_\_\_\_\_ /off \_\_\_\_\_)

Hot Pack to: \_\_\_\_\_ x \_\_\_\_\_ min.

Cold Pack to: (R) knee x 15 min. vaso ice + ES elevation

Aquatic Therapy, see flow sheet. x \_\_\_\_\_ min.

Therapeutic Exercises, see flow sheet. x 65 min.

Therapeutic Activities, see flow sheet. x \_\_\_\_\_ min.

Manual Therapy Technique x \_\_\_\_\_ min.:

Neuro-muscular re-educ, see flow sheet x \_\_\_\_\_ min.:

HEP issued:

Other, describe: \_\_\_\_\_

Case Conference with PTA

Assessment: pt stated that truck step is much higher than step up and are having her do so for some plyo box

Plan:  Progress per treatment plan  Re-evaluate  Discharge

↑ step up to see plyo box

Therapist: Doreen Anderson, PT

RECEIVED  
 AUG 29 2008