

... INC. dba LODI PHYSICAL THERAPY  
 631 S HAM LANE  
 LODI, CALIFORNIA 95242  
 DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE: 7/28/08  
 Subjective: PT had a long weekend so feels fatigued, but  
PKU is ok.

Visit #: 318  
 Objective/Treatment:  Initial Evaluation / Re-evaluation Completed  
 E-Stim. To (PKU) Type IFC Setting high Time 15  
 Ultrasound/Phonophoresis to \_\_\_\_\_ Cont./Pulsed \_\_\_\_\_ % x \_\_\_\_\_ min. @ \_\_\_\_\_ W/cm<sup>2</sup>  
 Traction: Cervical/Lumbar Cont/Inter. @ \_\_\_\_\_ lb. x \_\_\_\_\_ min. (on \_\_\_\_\_ /off \_\_\_\_\_)  
 Hot Pack to: \_\_\_\_\_ x \_\_\_\_\_ min.  
 Cold Pack to: (PKU) (WSD) x 15 min.  
 Aquatic Therapy, see flow sheet. x \_\_\_\_\_ min.  
 Therapeutic Exercises, see flow sheet. x 65 min. Added star gird r step ups  
 Therapeutic Activities, see flow sheet. x \_\_\_\_\_ min.  
 Manual Therapy Technique x \_\_\_\_\_ min.: \_\_\_\_\_  
 Neuro-muscular re-educ, see flow sheet x \_\_\_\_\_ min.: \_\_\_\_\_  
 HEP issued: \_\_\_\_\_  
 Other, describe: \_\_\_\_\_  
 Case Conference with PTA \_\_\_\_\_

Assessment: PT did well to new firm so. PT test. lots of  
thought to use proximal stab to r cond in knee.

Plan:  Progress per treatment plan  Re-evaluate  Discharge  
 Therapist: Parvula Sabar, PT

RX 7-15-08 2x4

BUST method

DATE: 7/30/08  
 Subjective: PT went to MD, being sent to ortho MD 2<sup>nd</sup> (+)  
MRI for (PKU) meniscus tears PT on feet a 100 more  
the last two days is ↑ in pn + swelling

Visit #: 418  
 Objective/Treatment:  Initial Evaluation / Re-evaluation Completed  
 E-Stim. To (PKU) knee Type IFC Setting high Time 15  
 Ultrasound/Phonophoresis to \_\_\_\_\_ Cont./Pulsed \_\_\_\_\_ % x \_\_\_\_\_ min. @ \_\_\_\_\_ W/cm<sup>2</sup>  
 Traction: Cervical/Lumbar Cont/Inter. @ \_\_\_\_\_ lb. x \_\_\_\_\_ min. (on \_\_\_\_\_ /off \_\_\_\_\_)  
 Hot Pack to: \_\_\_\_\_ x \_\_\_\_\_ min.  
 Cold Pack to: (PKU) knee (WSD) x 15 min.  
 Aquatic Therapy, see flow sheet. x \_\_\_\_\_ min.  
 Therapeutic Exercises, see flow sheet. x 65 min.  
 Therapeutic Activities, see flow sheet. x \_\_\_\_\_ min.  
 Manual Therapy Technique x \_\_\_\_\_ min.: \_\_\_\_\_  
 Neuro-muscular re-educ, see flow sheet x \_\_\_\_\_ min.: \_\_\_\_\_  
 HEP issued: \_\_\_\_\_  
 Other, describe: \_\_\_\_\_  
 Case Conference with PTA \_\_\_\_\_

Assessment: PT tolerated ↑ height of step for step ups.  
Crease at back of knee visible & equal to (PKU).  
(PKU) gait still easily fatigued

Plan:  Progress per treatment plan  Re-evaluate  Discharge  
 Therapist: Parvula Sabar, PT