

PHYSICAL THERAPY, INC. dba LODI PHYSICAL THERAPY
 631 S HAM LANE
 LODI, CALIFORNIA 95242
 DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE: 7/28/08
 Subjective: Pt had a long weekend so feels fatigued, but
(R) knee is ok.

Visit #: 318

Objective/Treatment: Initial Evaluation / Re-evaluation Completed
 E-Stim. To (R) knee Type EFC Setting high Time 15
 Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
 Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
 Hot Pack to: _____ x _____ min.
 Cold Pack to: (R) knee (w/SD) x 15 min.
 Aquatic Therapy, see flow sheet. x _____ min.
 Therapeutic Exercises, see flow sheet. x 605 min. Added star gird & step ups
 Therapeutic Activities, see flow sheet. x _____ min.
 Manual Therapy Technique x _____ min.: _____
 Neuro-muscular re-educ, see flow sheet x _____ min.: _____
 HEP issued:
 Other, describe:
 Case Conference with PTA

Assessment: Pt did well w/ new firm sup. pt feet. lots of
thought to use proximal stab to lead in knee.

Plan: Progress per treatment plan Re-evaluate Discharge
 Therapist: Annalisa DeLuca

RX 7-15-08 2x4

BUSI authed

DATE: 7/30/08
 Subjective: Pt went to MD, being sent to ortho w/ D 2' (+)
MRI for (R) meniscus tear. Pt on feet a lot more
the last two days & in pm + swelling

Visit #: 418

Objective/Treatment: Initial Evaluation / Re-evaluation Completed
 E-Stim. To (R) knee Type EFC Setting high Time 15
 Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
 Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
 Hot Pack to: _____ x _____ min.
 Cold Pack to: (R) knee w/SD x 15 min.
 Aquatic Therapy, see flow sheet. x _____ min.
 Therapeutic Exercises, see flow sheet. x 605 min.
 Therapeutic Activities, see flow sheet. x _____ min.
 Manual Therapy Technique x _____ min.: _____
 Neuro-muscular re-educ, see flow sheet x _____ min.: _____
 HEP issued:
 Other, describe:
 Case Conference with PTA

Assessment: Pt tolerated 9" height of step for step ups.
Crease at back of knee visible & equal to (L).
(R) quad still easily palpable.

Plan: Progress per treatment plan Re-evaluate Discharge
 Therapist: Annalisa DeLuca

