

7-14-09

Murata

ALPINE ORTHOPAEDIC PR-2 FORM
(209) 948-3333
Patient: Tiffany Anderson

2488 N. CALIFORNIA STREET
STOCKTON, CA 95204
Account#: DI 168478

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|--|--|
| <input checked="" type="checkbox"/> Periodic report | <input type="checkbox"/> Change in treatment |
| <input type="checkbox"/> Change in work status | <input type="checkbox"/> Info requested by: |
| <input type="checkbox"/> Change in patient's condition | <input type="checkbox"/> Discharged |
| <input type="checkbox"/> Need surgery/hospitalization | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Need consultation referral | |

PATIENT

Account: DI 168478
Tiffany Anderson
1416 Iris Dr #7
SS#: 549-23-5133

Doctor: Gary T Murata M.D.
Sex: female DOB: 08/22/1970
Lodi Ca 95242
Phone: 209 263-7132

CLAIM ADMINISTRATOR

A.I.M.S. Claim #: VE0700184 DOI: 06/19/08
Po Box 269120 Sacramento, CA 95826
Employer: Sj Co Mosquito Control

DIAGNOSIS

1. 836.1 /

WORK STATUS: This patient has been instructed to

- Remain off work until
- Return to modified work with the following limitations and restrictions:
- Return to full duty with no limitations or restrictions.

Continue with:

- Modified Work - no climbing or squatting. Walking and standing intermittent.
- Full Duty

Date of Exam: July 14, 2009 Part of Body: Right Knee

Subjective: Tiffany returns with continued pain along the anterior aspect of her knee. Really no significant improvement since I saw her last week.

Objective: Mild diffuse swelling about her knee. Gait pattern is normal. Good range of motion.

Assessment: Continued anterior knee pain and swelling following arthroscopy, partial lateral meniscectomy. Surgery was performed ten months ago.

Plan: Light duty for another month. At that time she may be permanent and stationary. I went over her job restrictions which could include lifting up to 50 lbs regularly and walking on uneven ground such as dirt banks, streambeds, and shallow ponds, carrying equipment up to 50 lbs for extended periods of time. At this time Ms. Anderson cannot perform her regular duties. Again this may be permanent when I see her again in one month. I have placed limitations on her Norco; 21 pills will be renewed every seven days -no sooner.

I have not violated Labor Code 139.3, and the contents of the report and bill are true and correct to the best of my knowledge. This statement is made under penalty of perjury. Dated 7/20/09, at San Joaquin County, CA.
Gary T. Murata, M.D./sh