

TSH, INC. dba LODI PHYSICAL THERAPY &
 631 S HAM LANE
 LODI, CALIFORNIA 95242
 DAILY NOTE

PATIENT'S NAME: T. W. Anderson

DATE: 7/9/08
 Subjective: pt felt much better of last tx, but yesterday knee was very swollen not sure why

Visit #: 5/6

Objective/Treatment: Initial Evaluation / Re-evaluation Completed
 E-Stim. To (R) knee Type IFC Setting high Time 15
 Ultrasound/Phonophoresis to _____ Cont./Pulsed _____ % x _____ min. @ _____ W/cm²
 Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
 Hot Pack to: _____ x _____ min.
 Cold Pack to: (R) knee x 15 min. Ice + ES + elevation
 Aquatic Therapy, see flow sheet. x _____ min.
 Therapeutic Exercises, see flow sheet. x 45 min.
 Therapeutic Activities, see flow sheet. x _____ min.
 Manual Therapy Technique x _____ min.: _____
 Neuro-muscular re-educ, see flow sheet x _____ min.: _____
 HEP issued:
 Other, describe: _____
 Case Conference with PTA

Assessment: pt had ↓ stiffness & discomfort in (R) knee of tx. pt feels she is not moving it enough at home.

Plan: Progress per treatment plan Re-evaluate Discharge
 Therapist: Doreen Sabau, PT

KX 1p. 23-08 3x2 LOVAC. MEDS

DATE: 7/14/08
 Subjective: pt still no swelling and pn along ant. jt line and post/med knee.

Visit #: 6/6

Objective/Treatment: Initial Evaluation / Re-evaluation Completed
 E-Stim. To (R) knee Type IFC Setting high Time 15
 Ultrasound/Phonophoresis to (R) med/post knee Cont./Pulsed 20 % x 6 min. @ 0 W/cm²
 Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
 Hot Pack to: _____ x _____ min.
 Cold Pack to: (R) knee x 15 min. vaso ice + ES + elevation
 Aquatic Therapy, see flow sheet. x _____ min. quads 5/5 girth sup 42.5 cm
 Therapeutic Exercises, see flow sheet. x 45 min. hams 4/5 med 38 cm
 Therapeutic Activities, see flow sheet. x _____ min. med/knee with discomfort ER intra 36 cm
 Manual Therapy Technique x _____ min.: _____
 Neuro-muscular re-educ, see flow sheet x _____ min.: gaiter (-)
 HEP issued:
 Other, describe: tender to palpation medial hams & gaiter
 Case Conference with PTA

Assessment: pt has had muscle guarding, ↓ strength, ↓ swelling & less pn @ knee than eval. More muscle tenderness & less jt pn.

Plan: Progress per treatment plan Re-evaluate Discharge
plan to cont of med rx
 Therapist: Doreen Sabau, PT