

7-1-11 Tabaddor Evidence

Leg Diary

June 31 mon Dameron @ 10:00
leg swollen 3 800 mg IB profin
ice packs

July 1 tue leg elevated ice packs
3 800 mg IB profin

July 2 wed physical therapy 8:30 2 appointment
3 800 mg IB profin leg brace ice elevation

July 3th extreme pain through out leg & swollen
Called Dameron adv. & therapist

3 800 mg IB profin 2 pain pills salt bath
ice packs, leg brace,

July 4th Fri less swollen small bike ride
leg swelled ice brace elevation IB profin

July 5th Sat less swollen 3 IB

July 6th Sun pain & swollen 3 IB 2 pain pills

July 7th Mon physical therapy light 3 IB

July 8th Tues Dameron 10:20

July 9th & 11th physical therapy