DAILY NOTE

PATIENT'S NAME: Tiffany Anderson

DATE: 6-29-10

Visit #: 1, 4

Patient Reported Status (Today and Overall):

Pt. has had 1/10 pain since last visit. Pt. feels much better & ready to get back to work.

Objective/Treatment: O Initial Evaluation / Re-evaluation Completed Time: _____

O E-Stim. To _____ Type _____ Time _____

O Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % × _____ min. @ _____ W/cm²

O Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. × _____ min. (on _____ /off _____)

O Hot Pack to: _____ × _____ min.

● Cold Pack to: (R) knee × 15 min.

O Aquatic Therapy, see flow sheet. × _____ min.

● Therapeutic Exercises, see flow sheet. × 70 min.

O Manual Therapy Technique × _____ min.:

O HEP issued:

O Case Conference with PTA

O Other, describe: _____

Girth: Supra (R): 42.5 cm 2" +: 46.5 cm
5" dist: 54 cm

Patients Response To Treatment\ Patient Needs:

Pt. had ↑ in (R) knee pain c̄ step-grind. Pt. showed good form c̄ the garbage can doll and monster walk. Pt. able to fatigue quads, hams, and glutes c̄ < 3/10 pain in (R) knee

Rational For Skilled Care:

Pt. needs to be trained on proper techniques to protect the (R) knee from further injury and increase strength of core, glutes, quads to assist c̄ (R) knee stabilization.

Plan: ☒ Progress per treatment plan O Re-evaluate O Discharge

cont. c̄ ther ex

Therapist: Danielle Sartori, PT

P.T.A.: _____

☐ Monty Merrill PT ☐ Lauri Merrill PT
☐ Gina M. Smith PT ☒ Danielle Sartori PT
☐ Fatema Ghani PT ☐ Katie Graves PT
☐ Alcina Lima PT ☐ BJ Pataria PT
☐ Lisa Schomburg PTA

Robinson Willis Physical Therapy Center

Rx 6/10/10 1x4 W/C 4 app
@ 100 8/16/10