

6-20-08 Dameron

Dameron Hospital Occupational Health Services

(209) 461-3196

PATIENT NAME	SSN	BIRTH DATE	INJURY DATE	VISIT DATE
Tiffany Anderson	549-23-5133	08/22/1970	06/19/2008	6/20/2008
PRACTITIONER NAME				
Mike Dixon, PA-C		Donald Rossman, M.D.		

CHIEF COMPLAINT: Tiffany states that on June 19, 2008, while working for SJ Mosquito & Vector Control, she injured the right leg while she was climbing up and down the bed of the truck for two days.

HISTORY OF PRESENT ILLNESS: This is the initial visit for Tiffany Anderson, a 37 year-old Pesticide Applicator, whose primary complaint is pain, stiffness and swelling located in the right leg. She describes it as a "shooting" pain and "pressure". She considers it to be moderate. Tiffany says that it seems to be present on a constant basis and varies with her activity levels. She has noticed that it is made worse by walking. It is improved with nothing. She feels it is Rest 5/10 with activity 7/10. Her pain level is 5-7/10. She denies ever having a similar injury in the past. She states she has had a injury in the past, which was work-related. Tiffany states she had fell into a ditch full of pesticide and she ended up with a rash. She does not recall how long she was off of work because it was three years ago.

REVIEW OF SYSTEMS: General Health: Good. Constitutional: Negative for fever, malaise. Eyes: Negative for recent change in vision. Cardiovascular: Negative for chest pain, heart trouble. Respiratory: Negative for cough, shortness of breath, wheezing. Gastrointestinal: Negative for abdominal pain, diarrhea, heartburn, nausea. Genitourinary: Negative for kidney disease. Musculoskeletal: Negative for joint pain, joint stiffness, joint swelling. Neurological: Negative for headache. Psychiatric: Negative for anxiety, depression, difficulty sleeping. Hematologic: Negative for blood disorder, anemia.

PAST, FAMILY AND SOCIAL HISTORY: Major Surgery: None. Marital Status: She is currently not married. Employment Status: She is currently employed in a full time position. Other Employment: None.

CURRENT MEDICATIONS: Ibuprofen and Birth Control Pills

ALLERGIES: None Known

VITAL SIGNS: Weight: 145 pounds. Blood Pressure: 137/89 Sitting. Pulse: 85/minute and Regular. Respirations: 16/minute.

PHYSICAL EXAMINATION:

General: Gait is antalgic. There are signs of mild discomfort while at rest. She appears to have moderate pain with movement.

* (Right Knee: Bruising is absent. Deformity of the knee is not present. Iliotibial band palpation causes no pain. Joint effusion is present. Movement of the knee causes pain. Range of motion is limited. Tenderness to palpation is present posteriorly.)

DIAGNOSIS: 1. Knee effusion, Right (719.06). 2. Anterior Cruciate Ligament Sprain, Right (844.2).

MEDICAL DECISION MAKING: This is the initial visit for this medical condition. Current treatment includes medications, splint and a home exercise program. RTC 2-3 days. Modified duty.

PRESCRIPTIONS: Tiffany has been prescribed the following: (RX1) Propoxyphene/APAP Dosage: 100 mg./650 mg. Dispense: 10 Instructions: One tablet every four hours as needed for pain. Refills: None. She has been instructed in medication use and side effects. She has been instructed of the impact medication (Propoxyphene/APAP) has on driving and machine operation.