

DAILY NOTE

PATIENT'S NAME:

Tiffany Anderson

DATE:

5/27/09

Subjective: PT had ↑ in knee pain to 6-7/10 along anterior jt line by the end of the day at work.

Visit #:

314

Objective/Treatment:

Initial Evaluation / Re-evaluation Completed

- E-Stim. To (R) knee Type TFC Time 15
- Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
- Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
- Hot Pack to: _____ x _____ min.
- Cold Pack to: (R) knee x 15 min.
- Aquatic Therapy, see flow sheet. x _____ min.
- Therapeutic Exercises, see flow sheet. x 55 min.
- Manual Therapy Technique x _____ min.:
- HEP issued:
- Case Conference with PTA.

with supra 48.8 cm
mid 38.5 cm
infra 36 cm

Other, describe: _____

Assessment: Not any valid change in knee swelling p a day of work. PT 6-7 anterior jt line pain, but able to complete all thur ex. ↑ in pain level. PT had had discomfort (R) knee p thur ex.

Plan: Progress per treatment plan Re-evaluate Discharge

Therapist: R. Mucke, DPT

Rx 4/28/07

TLC

YIT

DATE:

6/3/09

Subjective: Deep squat, keep knee ok. PT still inactivity periods → soreness. PT able to get in/out of work truck w problem. Pain level 7/10 at worst at joint line. Pain 4/05/10 c activity.

Visit #:

414

Objective/Treatment:

Initial Evaluation / Re-evaluation Completed

- E-Stim. To (R) knee Type TFC Time 15
- Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
- Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
- Hot Pack to: _____ x _____ min.
- Cold Pack to: (R) knee x 15 min.
- Aquatic Therapy, see flow sheet. x _____ min.
- Therapeutic Exercises, see flow sheet. x 55 min.
- Manual Therapy Technique x _____ min.:
- HEP issued:
- Case Conference with PTA.

ROM (R) knee +3 - 135°
supra 42.7 cm
mid 39.8 cm
infra 36.2 cm

Other, describe: _____

Assessment: Swelling has been consistent c return to work. ↑ pain (R) knee. Continued jt line pain. PT met all PT goals.

Plan: Progress per treatment plan Re-evaluate Discharge

Therapist: R. Mucke, DPT

DIC to HEP