

4-30, 5-7-09

DAILY NOTE

PATIENT'S NAME:

DATE:

4/30/09

Visit #:

5/6

Subjective: PT still off of work, MD concerned about medial knee swelling.

Objective/Treatment: O Initial Evaluation / Re-evaluation Completed
E-Stim To [X] knee Type IFC Time 15
Ultrasound/Phonophoresis to [X] med knee Cont./Pulsed 20% x 6 min. @ 1.0 W/cm2
Cold Pack to: Vaso [X] knee x 15 min.
Therapeutic Exercises, see flow sheet. x 55 min.
Vaso RES elevation.

Assessment: PT had a little more distal swelling on medial knee. PT did well to this ex, no pain or swelling. Encouraged pt to do more icing at home.

Plan: [X] Progress per treatment plan O Re-evaluate O Discharge

Therapist: [Signature]

DATE:

5/7/09

Visit #:

6/6

Subjective: PT feeling a little better, but knee still swollen and a little sore.

Objective/Treatment: O Initial Evaluation / Re-evaluation Completed
E-Stim To [X] knee Type IFC Time 15
Ultrasound/Phonophoresis to [X] med knee Cont./Pulsed 20% x 6 min. @ 1.0 W/cm2
Cold Pack to: Vaso [X] knee x 15 min.
Therapeutic Exercises, see flow sheet. x 55 min.
Vaso RES elevation.

Assessment: PT had improved height and control to today. PT felt adductor & quad work ball between knees for leg press & squats.

Plan: [X] Progress per treatment plan O Re-evaluate O Discharge

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MAY 22 2009