

428-09

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~~Pine Street Physical & Occupational Therapy~~

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John Bob DPT, OCS • Peter Hohenthauer DPT • Rosalia Quiroz Felahy PT
Michael Ko DPT, ATC • Kylie Raymer DPT • Sarah Blessinger OTR, CHT

Patient: Tiffany Anderson

Date: 4/28/09

Diagnosis: LMT (2)

Next M.D. Appointment: _____

Evaluate & Treat Physical Therapy

Evaluate & Treat Occupational /Hand Therapy

Body Part:

- Cervical
- Thoracic
- Lumbar
- Hip
- Knee
- Ankle/Foot
- Shoulder
- Elbow
- Wrist/Hand

Exercise:

- Passive
- Active
- Resistive
- Core Stabilization
- Stretching Exercises
- Home Exercise Program

Treatment:

- Range of Motion/Joint Mob
- Soft Tissue Mob/MFR
- Modalities p.r.n.
- Traction
- Edema Management
- Sensory Testing
- Desensitization
- Gait Training

Specialized Treatment:

- ASTYM Technique
- Kinesio Taping
- Sports Rehab
- Splint Fabrication
- Work Conditioning
- Prosthetic Training

Frequency:

- 3X 2X 1X Daily

1x 4 weeks

Duration: _____ Weeks

Recommendation/Precautions: _____

Physician's Signature: _____