

DAILY NOTE

PATIENT'S NAME:

Tiffany Anderson

DATE:

4/22/09

Subjective: PT did not do any exercises at home yesterday and there was a little more sore. PT also trying to take less pain meds

Visit #:

3, 4

Objective/Treatment:

Initial Evaluation / Re-evaluation Completed

- E-Stim. To (R) knee Type TFC Time 15
- Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
- Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
- Hot Pack to: _____ x _____ min.
- Cold Pack to: (R) knee x 15 min.
- Aquatic Therapy, see flow sheet x _____ min.
- Therapeutic Exercises, see flow sheet x 55 min.
- Manual Therapy Technique x _____ min.:
- HEP issued:
- Case Conference with PTA.
- Other, describe: _____

Assessment: PT did well to new thru exp. PT had slight discomfort to side lung in (R) med knee to larger ROM, but able to control to down

Plan: Progress per treatment plan Re-evaluate Discharge

Therapist: Ramulidaku, PT

Rx 4/10/9

32

6 app

DATE:

4/27/09

Subjective: PT feeling a little better, but still concerned about return to work.

Visit #:

4, 4

Objective/Treatment:

Initial Evaluation / Re-evaluation Completed

- E-Stim. To (R) knee Type TFC Time 15
- Ultrasound/Phonophoresis to _____ Cont. / Pulsed _____ % x _____ min. @ _____ W/cm²
- Traction: Cervical/Lumbar Cont/Inter. @ _____ lb. x _____ min. (on _____ /off _____)
- Hot Pack to: _____ x _____ min.
- Cold Pack to: (R) knee x 15 min.
- Aquatic Therapy, see flow sheet x _____ min.
- Therapeutic Exercises, see flow sheet x 55 min.
- Manual Therapy Technique x _____ min.:
- HEP issued:
- Case Conference with PTA.
- Other, describe: _____

pt has pain to lateral step up at 9" to avoid contact of truck +3-128°
(R) med knee to extor

Assessment: PT had pain to repetitive side step up like step up into truck and at end range flexion pain free ROM & ↑ loading/activity tolerance

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MAY 15 2009

Plan: Progress per treatment plan Re-evaluate Discharge

Therapist: Ramulidaku, PT

IMS-SACT