



631 South Lane  
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## Discharge Report

Date: 4/20/2012  
To: Dr. Murata

RE: Tiffany Anderson  
PT: Danielle Sartori, PT

DOB: 8/22/1970  
SOC: 12/15/2011  
Diagnosis: 719.46, V54.9, 719.7  
Onset: DOS: 11/21/2011  
Visits: 2/12 work conditioning

Patient Subjectively: ☐ Resolved ☒ Improving ☐ Unchanged

### Objective/Assessment:

Ms. Anderson only kept her appointments on 3/26/12 and 4/13/12 and since then has failed to keep her appointments. She has been non-compliant with her work conditioning program and on her last treatment she did not complete her program due to "personal reasons". She was able to tolerate 2 hours and 20 minutes of work related activity for one treatment with little to no increase in R knee symptoms.

### Functional Goals:

### Status Update:

1. Patient to be I with HEP in 2 weeks.
2. Patient able to ambulate 20 minutes for short community ambulation with 2/10 right knee pain in 6 visits.
3. Patient able to bend, squat and lunge with 2/10 right knee pain in 12 visits.
4. Patient able to ambulate on uneven surface, step in/out of truck and lift 30 lbs. with 2/10 right knee pain in 18-24 visits.

1. Met
2. Met
3. Met
4. Met

### Treatment Received

- ☒ Therapeutic Exercise
- ☒ Soft Tissue Mobilization
- ☐ Neuromuscular Re-Education
- ☒ Manual Therapy
- ☐ Mechanical Traction
- ☒ Home Program/ Patient Education
- ☒ Ice/Heat
- ☐ Ultrasound
- ☒ Electrical Stimulation
- ☒ Other: work conditioning/handwriting

### Discharge Plan

- ☒ Home Program
- ☐ Gym Program
- Other:
- ☒ Discharge

Reason: Pt met all PT goals and is non-compliant with PT.

Therapist Signature:

Provider # 33410