

ALPINE ORTHOPAEDIC PR-2 FORM  
(209) 948-3333  
Patient: Tiffany Anderson

2488 N. CALIFORNIA STREET  
STOCKTON, CA 95204  
Account#: DI 168478

- ☐ Periodic report
- ☐ Change in work status
- ☐ Change in patient's condition
- ☐ Need surgery/hospitalization
- ☐ Need consultation referral

- ☐ Change in treatment
- ☐ Info requested by:
- ☐ Discharged
- ☒ Other: **Needs therapy.**

**PATIENT**

Account: DI 168478  
Tiffany Anderson  
2 North Avena Ave  
SS#: 549-23-5133

Doctor: Gary T Murata M.D.  
Sex: female DOB: 08/22/1970  
Lodi Ca 95240  
Phone: 209 263-7132

**CLAIM ADMINISTRATOR**

A.I.M.S. Claim #: VE0700184 DOI: 06/19/08  
Po Box 269120 Sacramento, CA 95826  
Employer: Sj Co Mosquito Control

**DIAGNOSIS**

1. 836.1 /717.7 /

**WORK STATUS:** This patient has been instructed to

☐ Remain off work until

☒ Return to modified work with the following limitations and restrictions: **No squatting or kneeling; walking and standing occasionally; lifting to 10 lb; no climbing.**

☐ Return to full duty with no limitations or restrictions.

Continue with: ☐ Modified Work ☐ Full Duty

Date of Exam: April 13, 2010

Part of Body: Right Knee

**Subjective:** Tiffany has much improvement of pain. She has not used her crutch much in the last week, but she has very little knee pain.

**Objective:** On physical examination she has no effusion of her knee, good range of motion.

**ASSESSMENT:** Doing quite well following partial lateral meniscectomy, chondroplasty of medial femoral condyle.

**PLAN:** She can now stop her crutches, as she will be 6 weeks following surgery in 4 days. However, she should avoid any type of high-impact activities. She will

RECEIVED  
APR 13 2010



certainly benefit from physical therapy, twice-a-week for 4 weeks. Appropriate exercises would include walking on soft surfaces, leg lifts, and cycling. I will see her in the office in 4 weeks.

I have not violated Labor Code Section 139.3, and the contents of the report and bill are true and correct to the best of my knowledge. This statement is made under penalty of perjury in San Joaquin County, CA, dated 4-15-10.

**Gary T. Murata, M.D. / jaq**