

4-10-09

Injury 2

ALPINE ORTHOPAEDIC PR-2 FORM
(209) 948-3333
Patient: Tiffany Anderson

2488 N. CALIFORNIA STREET
STOCKTON, CA 95204
Account#: DI 168478

- Periodic report
- Change in work status
- Change in patient's condition
- Need surgery/hospitalization
- Need consultation referral

- Change in treatment
- Info requested by:
- Discharged
- Other: Need therapy.

PATIENT

Account: DI 168478
Tiffany Anderson
1416 Iris Dr #7
SS#: 549-23-5133

Doctor: Gary T Murata M.D.
Sex: female DOB: 08/22/1970
Lodi Ca 95242
Phone: 209 333-1037

CLAIM ADMINISTRATOR

A.I.M.S. Claim #: VE0700184 DOI: 06/19/08
Po Box 269120 Sacramento, CA 95826
Employer: Sj Co Mosquito Control

DIAGNOSIS

1. 836.1 /

WORK STATUS: This patient has been instructed: Complete disability until May 4, 2009. No light duty is available.

- Remain off work until
 - Return to modified work with the following limitations and restrictions:
 - Return to full duty with no limitations or restrictions.
- Continue with: Modified Work Full Duty

Date of Exam: April 10, 2009 Part of Body: Right Knee

Subjective: Tiffany had one day where she had such severe pain that she had to take pain pills regularly. Although she has no locking or swelling of the knee, she still has a fair amount of lateral joint pain and anterior joint pain.

Objective: No effusion of her knee with good range of motion. Her gait pattern is nearly normal. She is diffusely tender over the anterior aspect of her knee and lateral joint line, again without effusion.

I reviewed the MRI and there is a large horizontal cleavage tear through the lateral meniscus but I am not convinced there is a free fragment that is catching in her knee.

Assessment: Painful right knee.

This could represent a recurrent tear of the lateral meniscus but I would like to give her the benefit of the doubt before considering repeat arthroscopy. I think it would be worthwhile trying another course of therapy two times per week for three weeks before surgical treatment. She will, otherwise, try to exercise on her own any type of low impact exercise. She also takes over-the-counter Motrin. Follow-up in the office in three weeks. She was given disability until May 4, 2009.

APR 27 2009

Patient: Tiffany Anderson

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I have not violated Labor Code 139.3, and the contents of the report and bill are true and correct to the best of my knowledge. This statement is made under penalty of perjury. Dated 4/14/09, at San Joaquin County, CA.

Gary T. Murata, M.D./sh

APR 27 2009