

**KAISER PERMANENTE** STK-WEST LANE  
 7373 WEST LANE  
 STOCKTON, CA 95210-3377

ANDERSON, TIFFANY K  
 MRN: 110007897964  
 DOB: 8/22/1970, Sex: F  
 Enc. Date: 03/21/07

**CIPS Notes Historical - NCAL**

**Visit Information**

	Provider	Department	Encounter #
3/21/2007 7:20 PM	HYMAVATHY JASTI MD	Stk-Medc >West Lane	37274294

**Allergies as of 3/21/2007**

	Noted	Type	Reactions	Never Reviewed
No Known Allergies				

**Immunizations**

No immunizations on file.

**Vitals**

(None)

**Encounter Information**

Date & Time	Provider	Department	Center
3/21/2007 7:20 PM	HYMAVATHY JASTI MD	Stk-Medc >West Lane	STKA

**Transcription**

Type	Author	Date
Progress Note	Jasti, Hymavathy (M.D.)	3/21/2007

This document has not been authenticated

**Document Text**

STKHEJ 03/21/07 19:17 PROVIDER: JASTI, HYMAVATHY M.D. 5121575  
 SUBJECTIVE: 36 y/o female Patient complains of and stress which is causing multiple episodes of anxiety X many months. She has poor sleep, feeling of shortness of breath,. Under lot of stress because of work related problems and family issues. taking zanax and vicodin, tried nortriptyline unable to tolerate want to continue the same meds  
 No fever or chills.  
 MEDS: per CIPS  
 OBJECTIVE: Vitals: Weight - 144, Height - 5'-4", BMI - 24, BP - 132/84, Pulse - 78, Temp - 98.9F, Nor-smoker,  
 GENERAL: Well built and well nourished female in no distress. Alert, awake and Oriented times three.  
 HEENT: ear and nose exam normal, oropharynx benign,  
 CVS: S1S2 RRR, no murmur  
 PULM: Lungs clear to auscultate bilaterally.  
 ABD: Soft, non tender, normal bowel sounds, no organomegaly  
 PSYCH: looks anxious, Mood - anxious, Good judgement, Good recent and remote memory.  
 ASSESSMENT: Stress, with Anxiety attacks,  
 PLAN: discussed with patient in length about the addictive potential of these meds and future consequences and alternative meds  
 patient understand, however due to her stress she want to continue the same meds for now  
 med plan made with patient.  
 advised that she can only use 30 pills of xanax 1mg per month and 75 pills of vicodin per months for both anxiety and headaches  
 patientn agreed.  
 advised to continue counselling

Follow up 4/20