

ALPINE ORTHOPAEDIC PR- ORM
(209) 948-3333
Patient: Tiffany Anderson

2488 N. CALIFORNIA STREET
STOCKTON, CA 95204
Account#: DI 168478

-
- | | |
|--|--|
| <input checked="" type="checkbox"/> Periodic report | <input type="checkbox"/> Change in treatment |
| <input type="checkbox"/> Change in work status | <input type="checkbox"/> Info requested by: |
| <input type="checkbox"/> Change in patient's condition | <input type="checkbox"/> Discharged |
| <input type="checkbox"/> Need surgery/hospitalization | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Need consultation referral | |

PATIENT

Account: DI 168478 Doctor: Gary T Murata M.D.
Tiffany Anderson Sex: female DOB: 08/22/1970
1416 Iris Dr #7 Lofi Ca 95242
SS#: 549-23-5133 Phone: 209 333-1037

CLAIM ADMINISTRATOR

A.I.M.S. Claim #: VE0700184 DOI: 06/19/08
Po Box 269120 Sacramento, CA 95826
Employer: Sj Co Mosquito Control

DIAGNOSIS

1. 836.1 /

WORK STATUS: This patient has been instructed to

- Remain off work until
 Return to modified work with the following limitations and restrictions:
 Return to full duty with no limitations or restrictions.
Continue with: Modified Work Full Duty

Date of Exam: January 20, 2009 Part of Body: Right Knee

Subjective: Tiffany has improved slowly. She still has some pain along the anteromedial joint line but she is using a recumbent bike 30-60 minutes per day and has been back to work regular duties for two weeks. She has no locking of her knee.

Objective: Full range of motion. Slight tenderness over the anteromedial portal but no effusion. Her gait pattern is normal. Her quad strength is improving nicely.

Assessment: Continuing improvement following partial lateral meniscectomy.

Plan: Continue a home exercise program including a recumbent bike. I stated that she should still stick to low impact exercises. Follow-up in the office in six weeks. I believe she will be permanent and stationary at that time.

I have not violated Labor Code 139.3, and the contents of the report and bill are true and correct to the best of my knowledge. This statement is made under penalty of perjury. Dated 1/22/09, at San Joaquin County, CA.

Gary T. Murata, M.D./sh

RECEIVED

JAN 30 2009

ALPINE ORTHOPAEDIC