

Exhibit 7

What to look for in medical reports

- The physician should be trained, credentialed and experienced in evaluating cancer cases and familiar with the cancer presumption issues
- The medical report should be a medical report, not a legal opinion
- We are all exposed to asbestos, vehicular exhaust, polyaromatic compounds, etc. in the environment, food, air and via personal habits
- Firefighter exposures are usually reasonably inferred assuming the person has been involved in active fire suppression – history of SCBA use, attendance at typical range of fires, etc. should be documented.

-Presented by Thomas S. Allems, M.D., M.P.H.

The medical report should cover:

- A detailed exposure history appropriate to the occupation for firefighters this means a discussion of their work actually fighting fires, SCBA use etc.
- general medical, social and family histories
- smoking and alcohol use history (both are carcinogens)
- past occupational history and hobby history
- a review of the epidemiological literature with respect to the specific cancer
- a review of the occupational epidemiological literature specific to firefighters and the specific cancer, with statistical significance of the cited studies addressed
- a summary science-based analysis of whether the exposure history in the individual was of the intensity, duration and specificity to logically be considered a causal factor in their cancer, with reasonable medical probability

-Presented by Thomas S. Allems, M.D., M.P.



Carcinogen

- a substance (chemical, drug, infectious organism or physical agent) capable of causing cancer.
- there are various theories of carcinogenesis, but the general principle is that a series of genetic mutations develops in a cell line and in other cells involved in surveillance, regulation and repair processes that then allow the mutated cell to grow uncontrollably leading to a diagnosable cancer.
- this process is usually spontaneous and “multifactorial”, due to a poorly understood confluence of genetic susceptibility, lifestyle and dietary / environmental influences.
- a diagnosis of cancer does not mean that a causal carcinogen is identifiable or must be identified.

-Presented by Thomas S. Allems, M.D., M.P.H.

Carcinogen (continued)

- with the exception of smoking related cancers and skin cancers due to solar radiation, most cancers in the general population are not linked to a carcinogen, although there are many theories about low level environmental carcinogens playing a role in some increasingly common cancers – breast, prostate, non-Hodgkin's lymphoma, etc.
- in those cancers that are due to an identified carcinogen, the culprit exposure has almost always occurred over a long period of time (smoking is the best example)
- a one time exposure to a carcinogen leading to cancer is rare – accidental high dose ionizing radiation exposure leading to acute leukemia is an example

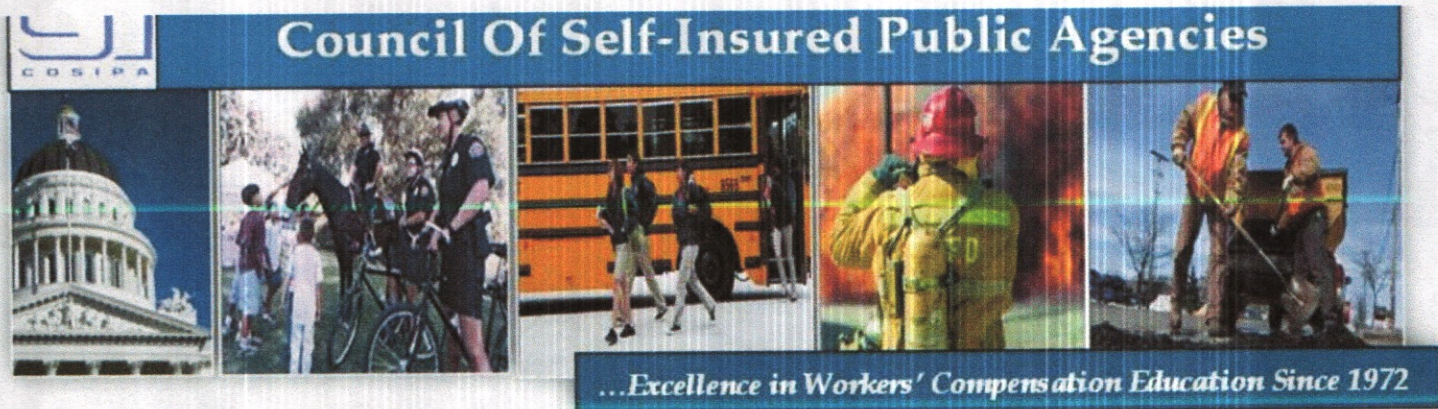
International Agency for Research on Cancer

The International Agency for Research on Cancer (IARC) under the auspices of the WHO publishes monographs and updates that analyze the state of the scientific, toxicological and epidemiological literature on chemical, physical and biological agents, mixtures and exposures, and lifestyle and occupational factors and rank them with respect to their potential to cause cancer.

Carcinogens are ranked by IARC based on associations with specific cancers in humans

<http://monographs.iarc.fr/ENG/Classification/ClassificationsGroupOrder.pdf>

-Presented by Thomas S. Allems, M.D., M.P.H.



News and Information

Annual Membership Renewals
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Message from the President

COSIPA was formed in 1972, with just a few public agency members. The membership has continued to grow tremendously, with members throughout the State of California.

I started to attend COSIPA meetings when I began my career in workers' compensation in 1995. Having the ability to meet with other professionals involved with public agency claims has given me the opportunity to grow in my career. COSIPA has also given me the ability to expand my experiences in both my professional and personal life.

Membership in COSIPA allows you to obtain firsthand knowledge of how to handle the challenges we all face in our respective organizations and how to get through these issues with positive outcomes whenever possible.

Keeping up with the ever changing workers' compensation laws, as well as all the overlapping issues we are faced with, such as ADA, FEHA and other employment laws is extremely challenging. At COSIPA we strive to keep our programs current and tailored to meet the needs of our attendees. We listen to you and ask for your input regarding topics that

*Committed to providing
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professionals working in the
California workers'
compensation industry*

would be beneficial to each of you in your endeavor to be an asset to your organizations.

Please join us at our meetings, meet some new people, catch up with friends and colleagues and take back some key points that will help you when you are back at your desk. Remember, we are here because of you, our members, to help you to grow in your careers and continue to make COSIPA a great value to all who attend.

As a bonus, claims adjusters receive CE units and attorneys receive MCLE units.

Look forward to seeing you all at our upcoming meetings!

Disclaimer

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To submit corrections, contact the webmaster at
cosipa@cosipa.org

Patti Williams
COSIPA President



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News and Information

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Oct. 23- North . . .

Nov. 6 - South

Annual Membership

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ABOUT COSIPA

The Council of Self-Insured Public Agencies was formed in 1972. The organization is a non-profit benefit corporation whose specific purpose is defined as follows:

To assist member agencies in providing equitable and prompt workers' compensation services to injured employees at the lowest possible cost to member agencies.

To provide a forum for member agencies to exchange information on mutual problems arising in the administration of workers' compensation programs and other programs within the agencies risk management responsibilities.

To provide information on proposed legislation affecting workers' compensation and other risk management programs of member agencies to the extent allowed as a non-profit organization.

To sponsor and support educational conferences and programs to benefit, enhance, and improve the knowledge of those members and associates involved in workers' compensation administration.

CHEMICALS

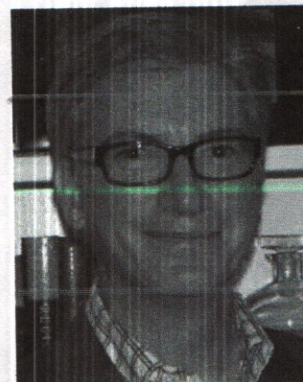
Diedre Imus (activist) vs. Tom Allems, M.D., M.P.H.



“You can't keep up with these toxins, and less than 2% are being tested for safety. And every year 2,000 new chemicals are being introduced into our environment.”

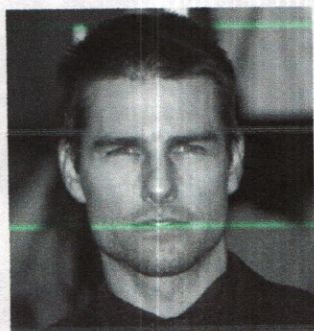
—Imus

We are exposed to myriad chemicals daily — including many from natural sources, including the food we eat. Virtually all chemicals can be “toxic” at certain doses and under certain conditions of exposure, but it is the dose that makes the poison. The mere ability to detect the presence of a chemical does not mean that it presents a human health hazard. And, contrary to what Ms. Imus asserts, many chemicals have been tested — in animal and microbiological models — but few pose dangers to humans at the low levels commonly encountered. —Dr. Allems



MENTAL ILLNESS

Tom Cruise (actor) vs. Nigel Bark, M.D.



[Commenting on post-partum disease and psychiatry in an interview with Matt Lauer and prescribing vitamins and exercise for depression:]

“Psychiatry is a pseudoscience...You don't know the history of psychiatry. I do...There is no such thing as a chemical imbalance in a body...The thing that I'm saying about Brooke Shields is that there's misinformation, okay? And she doesn't understand the history of psychiatry.”

—Cruise

Vitamins and exercise may help in the treatment of depressive illness, but in anything other than mild depression, antidepressant medication is essential and science-based. Double-blind studies have repeatedly demonstrated its effectiveness. Cognitive or interpersonal therapy has also been shown to be effective.

As regards the history of psychiatry: it is a history of increasing understanding of mental disorders, better treatments, improved care of those with psychiatric conditions, and a constant battle against the stigma of mental illness that still leads to psychiatric patients being less well treated than those with physical illness. Psychiatry aims to combine the science with caring, understanding, and support for those who suffer from mental illness, human qualities that I hope we can all share — including you, Mr. Cruise. —Dr. Bark



In support of their motions for summary judgment, defendants submitted declarations from two physicians, Dr. Michael Fischman and Dr. Thomas Allems, both of whom are experts in occupational and environmental medicine and toxicology. They each performed "Independent Medical Examinations" on and reviewed the medical records of all plaintiffs who made themselves or their records available.⁶ They also reviewed relevant environmental and environmental health reports related to the grading of Parcel A. Both doctors concluded: (1) the plaintiffs' various ailments were neither caused nor exacerbated by exposure to asbestos, and (2) none of the plaintiffs suffer from asbestosis, asbestos-related lung disease, mesothelioma, or any other illness related to asbestos exposure.

In support of its summary judgment motion, CH2M Hill also submitted the declaration of Dr. David Weill, an associate professor in pulmonary and critical care medicine at Stanford University Hospital, who had reviewed the plaintiffs' medical records. Dr. Weill concluded that none of the plaintiffs suffered from any asbestos-related disease, process, or condition.

In addition, defendants submitted various independent studies and reports that addressed the possible health risks from the release of airborne asbestos from Parcel A. For example, in February 2007, Arc Ecology, a nonprofit public interest organization that provides environmental technical advice and support to environmental justice communities and local governments on the cleanup and reuse of closed military facilities, issued a report following an investigation of allegations regarding possible health threats from asbestos dust at the Parcel A site. The report concluded that, while Lennar had experienced ongoing difficulties complying with the asbestos and dust control plan, *"there is currently no evidence that Asbestos from the grading operation on Parcel A*

⁶ Plaintiff Dom'Monique Green refused to appear for an examination and plaintiffs Amir Washington and Toneisha Byrd did not provide any medical records to defendants.

Thomas S. Allems MD

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Specialties

Internal Medicine (board certified), Occupational Medicine (board certified), specializing in Occupational and Environmental Medicine / Toxicology. Scientific evaluation of mold claims, and toxic exposure claims (including pesticides, metals, solvents, etc.). Available for case consultation, interpretation of environmental test data with respect to human health risks, and expert witness work.

Degrees/Licenses

MD (CA and Prov. of Ontario, Canada and Nebraska); MPH; Qualified Medical Evaluator (QME): Int. Med., Occ. Med. and Toxicology.

Reg/Lic

Internal Medicine (board certified), Occupational Medicine (board certified), specializing in Occupational and Environmental Medicine/Toxicology.

Previous/Current Position

UCSF Volunteer Faculty; scientific policy advisor to the American Council on Science and Health; Toxicology subcommittee of the American College of Occ. and Env. Med.

Prior Expert

Expert witness, litigation support, record reviews, air quality/toxicologic data interpretation with respect to human health risks, corporate health/safety consultation.

From the Bar Association of San Francisco website, Northern California Register of Experts and Consultants, 4/1/2014

From the American Council on Science and Health website, search word "formaldehyde":



ACSH American Council on
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Science. Not Hype.

Search Results for: formaldehyde

. Pages:1234»

Formaldehyde follies, lawyer jollies

Posted on May 30, 2012 by admin

After ACSH's Dr. Josh Bloom was inspired to coin the phrase "Wheel of Extortion" just last week, in reference to Syngenta's disappointing class-action settlement in a suit against its herbicide atrazine, we have, unfortunately, come across another example to add to the wheel. A class-action settlement has been reached, following allegations that ... [Continue reading](#) →

Posted in Chemicals and Environment, News, News and Views |

Brazilian Blowouts linked to formaldehyde health risks

Posted on November 30, 2010 by admin

When it comes to beauty products and services, it should come as no surprise that women will go to great, and sometimes questionable, lengths to attain the apogee of glamour. For a portion of these women, a new hair treatment technique called the Brazilian Blowout, that claims to eliminate frizz ... [Continue reading](#) →

Posted in Chemicals and Environment, News |

Formaldehyde For Sale

Posted on July 1, 2010 by admin

The controversy over formaldehyde in Federal Emergency Management Agency (FEMA) trailers is back, and this time it is featured on the front page

of today's The New York Times. The FEMA trailers are being re-sold to temporarily house oil spill cleanup workers, but many workers are purchasing them as longer-term housing. ... [Continue reading →](#)

Posted in [Chemicals and Environment](#), [News](#), [News and Views](#) |

“EPA Foments Baseless Fear of Formaldehyde”

Posted on June 17, 2010 by admin

Yesterday, your humble scribe revealed the fallacies in an Environmental Protection Agency's Formaldehyde Toxicity draft document on formaldehyde toxicity for an article posted on ACSH's Health Facts and Fears: ...the very science cited in the draft report specifically contradicts the findings publicly broadcast during the EPA's phone conference. Yet the ...

[Continue reading →](#)

Posted in [Chemicals and Environment](#), [News](#), [News and Views](#) |

EPA Foments Baseless Fear of Formaldehyde

Posted on June 16, 2010 by admin

Haven't Hurricane Katrina victims suffered enough, without some government agency using junk science to add to their worries? The Environmental Protection Agency has just completed a preliminary report suggesting that formaldehyde in the 120,000 trailers used to house Hurricane Katrina evacuees for years after the storm slightly elevated their risk ...

[Continue reading →](#)

Posted in [Chemicals and Environment](#), [News](#) |

Here we go again: Another phony chemical scare about 4-Methylimidazole (4-MeI). Get ready for a laugh.

Posted on January 23, 2014 by admin

In the “Really Good Timing” department, our story on January 21st reported that Johnson and Johnson was removing traces of the formaldehyde

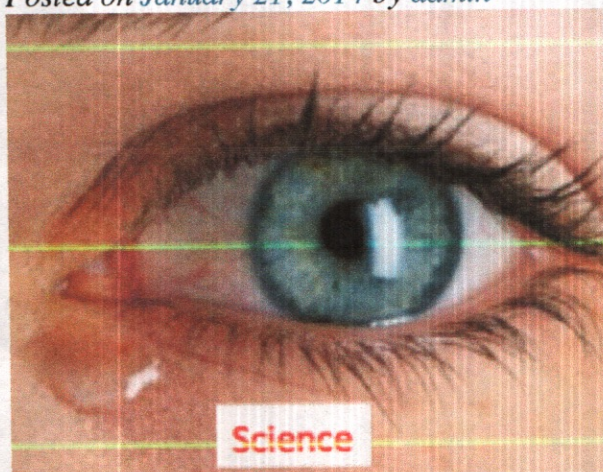
preservative from its baby shampoo—for absolutely no scientific or health-based reason.

At that time, ACSH's Dr. Josh Bloom noted, "In the end it doesn't really matter, because chemical Y will eventually be replaced by chemical Z, and the 'scientific extortion' process will start again." Almost as if on cue, chemical Z hit the news today. The Chemical Z du jour is called 4-methylimidazole (4-MeI), and is part of the caramel coloring that give sodas (especially colas) their color. [Continue reading](#) →

Posted in Chemicals and Environment, News and Views, Nutrition and Lifestyle, Public Policy | Tagged carcinogens, chemicals, soda |

No More Tears shampoo, no more fears? Not so fast

Posted on January 21, 2014 by admin



It's not just another day in the office of environmental group X. Big decisions have to be made.

Have they milked a phony scare of chemical Y to the point of diminishing returns, or are there still enough people to terrify to keep this one going?

In the end it doesn't really matter, because chemical Y will eventually be replaced by chemical Z, and the "scientific extortion" process will start again.

Well, it looks like it may be time to dust off chemical Z, because environmental and consumer groups have [finally bullied](#) Johnson and Johnson into removing a preservative called quaternium-15 from its No More Tears baby shampoo. The chemical acts by slowly decomposing to

Phenoxyethanol: From the EWG website—"Other HIGH concerns: Irritation (skin, eyes, or lungs), Occupational hazards; Other MODERATE concerns: Organ system toxicity (non-reproductive)"

Citric acid— Watch out!. You could get hit by a truck delivering it.

If this sounds ridiculous to you, it is. And so are the claims about the original formula. But J&J was "forced" to make these changes because of falsely perpetuated claims, not science. But it has accomplished nothing, and has cost them millions of dollars – and who do you think will wind up paying this increased cost?

Dr. Bloom concludes, "There isn't a single chemical around that won't be toxic at some dose. But by cynically taking advantage of the public's ignorance of science and a general fear of all chemicals, these groups get funding, publicity, and recognition. In this case they made Johnson and Johnson fold up like a three dollar lawn chair. Others will inevitably follow."

Posted in Chemicals and Environment, News and Views, Public Policy | Tagged Consumer Activist |

Be afraid of your nail polish, says the NYTimes' "Ask Well" column. Really?

Posted on January 9, 2014 by admin

This is what happens when you let your "health" advice column be taken over by an "environmental writer." This week's Science section of the New York Times included an advisory about [Continue reading →](#)

Posted in Chemicals and Environment, News and Views | Tagged chemicals, cosmetics, EWG, formaldehyde, nail polish, Phthalates |

Even retail giant Walmart caves to anti-chemical activists

Posted on September 18, 2013 by admin

In fear of getting left behind, Walmart — the world's largest retailer — followed in Procter & Gamble's footsteps last week in deciding to require full disclosure of chemicals used by companies selling cosmetics and cleaning products. [Continue reading →](#)

Posted in Chemicals and Environment, News, News and Views, Opinion | Tagged chemicals, parabens, Phthalates, Procter & Gamble, triclosan, Walmart |

Culture of Alarmism letter

Posted on May 24, 2013 by admin

ACSH is a co-signer of the Culture of Alarmism letter sponsored by the Independent Women's Forum (IWF). The IWF project is an effort intended to counter the "Mind the Store" campaign that seeks to pressure retailers into removing thousands of products from shelves for fear of the "hazardous" chemicals contained in the products. In signing [...]

The post [Culture of Alarmism letter](#) appeared first on [Health & Science Dispatch](#).

[Continue reading →](#)

Posted in Chemicals and Environment, News, News and Views |

7-1

“Cancer Presumption Claims” The Law and Science Behind Presumptive Cancer Claims and Rebutting the Same



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- NORTH -

October 10, 2013

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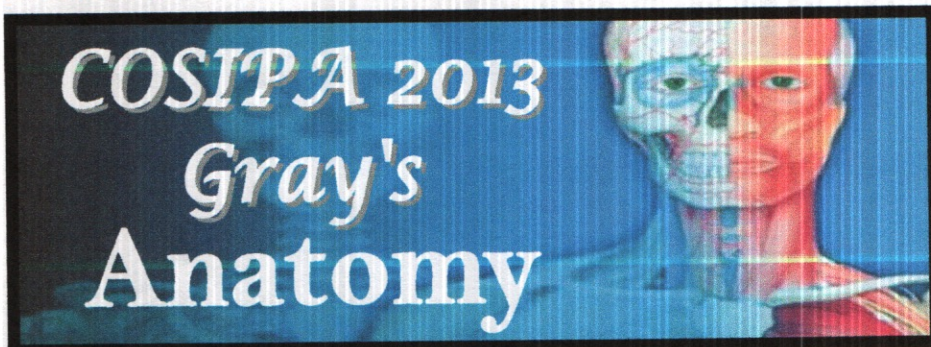


Workers' Compensation General Meetings

- SOUTH -

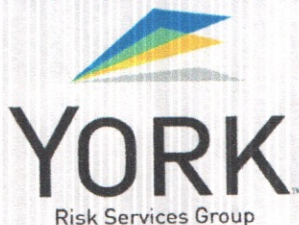
October 17, 2013

Wyndham Hotel
3350 Avenue of the Arts
Costa Mesa, CA 92626
(714) 751-5100



8:30 - 9:00 AM	"ER Admission" - Welcome - Registration & Breakfast
9:00 - 9:15 AM	"Hippocratic Announcements" - Special COSIPA Announcements
9:15 - 10:15 AM	"Don't Mesh with Me" - What you need to know about Hernia Repairs Presented By: Todd Harris, M.D.
10:15 - 10:30 AM	Bone Crushing BREAK - (Visit the Sponsor Booths)
10:30 - 11:15 AM	"Dr. Know" - Case Law Update Presented By: Anne Hernandez, Mullen & Filippi, Legal Advisor to COSIPA
11:15 - 12:30 PM	"Under the Microscope" - Perspective on Medical & Investigative Role of the Clinic for Treating Injured Workers Presented By: Dr. Roman Kownacki, (North) & Kathryn Mason, MD Chief Occupational Medicine, Kaiser Permanente (South)
12:30 - 1:30 PM	Code Red Café - LUNCH BREAK
1:30 - 3:00 PM	"The Latency Culprit" - Cancer Presumption Claims to Help Shed Light on the Science Behind Latency Periods & Defense Presented by: Dr. Thomas Allems & Eric Helphrey, Stockwell et al.
3:00 - 3:30 PM	"Discharged as Cured" - Q&A Session, Door Prize Raffles

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REGISTRATION FORM COSIPA MEETINGS

- NORTHERN CALIFORNIA -

Thursday, October 10, 2013

Hilton Hotel
1970 Diamond Blvd., Concord, CA
(925) 827-2000

*North Seminar: Free Shuttle from the Hotel Available from the Concord BART Station

- SOUTHERN CALIFORNIA -

Thursday, October 17, 2013

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3350 Avenue of the Arts, Costa Mesa, CA
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48 Hours Cancellation
Notice for Refund

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NOTE: Associate Members can HOST a Table of 8 Attendees for \$600

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- ☐ NORTHERN CALIFORNIA MEETING
☐ SOUTHERN CALIFORNIA MEETING

- ▶ \$50 - Public Agency COSIPA Members (Claim Handlers/Supervisors; each attendee)
- ▶ \$75 - All Other COSIPA Members (each attendee)
- ▶ \$150 - Non-Member Registrant or Late Registration (at door or 3 days prior)

Please send ADVANCED Registration payments along with this form to:

NORTHERN PROGRAM

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1000 Webster St., Fairfield, CA 94533
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Email: lmarquez@fairfield.ca.gov

SOUTHERN PROGRAM

EDWIN BYRNE, OC Transportation Authority
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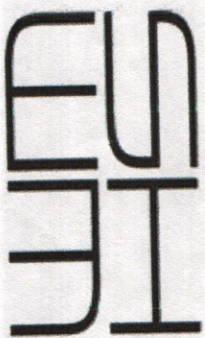
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