

PLAINTIFF'S EXHIBIT 17-E
DATE OF INJURY: 06/29/11

DOI: 06/29/11		WC CLAIM#: 7104454	WC CLAIM#: 7104454	Tiffany Anderson: THIS FORM WAS RECEIVED BY THE PLAINTIFF ONLY AFTER REPORTING THE INJURY TO WORKER'S COMP. DISTRICT MANAGER JOHN STROH FAILED TO FILE THIS FORM AND PAID CASH FOR PLAINTIFF'S DR'S VISIT TO AVOID REPORTING MY INJURY TO WORKER'S COMP. HE ALSO TALKED DIRECTLY TO THE PHYSICIAN.
	Required Forms	Received Forms?		
	DWC-1		Y	
	DWC-1 ACK FORM		N	
DATE OF SERVICE:		7/6/11	7/18/11	PROVIDER'S NAME: DR. ECK
	Required Forms			
	EMPLOYER'S FIRST REPORT OF INJURY			
	PATIENT'S INITIAL VISIT FORM			
	EXAMINATION AND/OR CONSENT TO TREAT/AUTH TO RELEASE- PROVIDER FORM			Tiffany Anderson: PLAINTIFF IS SATISFIED WITH THE DOCUMENTS RECEIVED; HOWEVER SUBSEQUENT PHYSICIANS COULD NOT READ DR. ECK'S NOTES. THEREFORE THEY SHOULD BE RESUBMITTED IN A TYPED VERSION TO BE USED FOR FUTURE EVALUATION PURPOSES. WE RESPECTFULLY REQUEST TYPED VERSIONS OF THE DOCTOR'S NOTES, AND THEY BE SENT TO DR. TABBADDOR.
	CONSENT TO TREAT AND AUTH TO RELEASE INFO TO EMPLOYER- EMPLOYERS FORM			
	NURSE'S NOTES			
	DOCTOR'S NOTES (TYPED)			
	INJURY WORKSHEET			NOTE PLAINTIFF WAS NOT SATISFIED WITH THE TREATMENT PLAN AND LACK OF CARE AND CONCERN FOR PLAINTIFF'S WELL BEING DURING THESE TWO VISITS.
	WORK STATUS REPORT WORKSHEET			
	WORK STATUS REPORT			
	DOCTOR'S FIRST REPORT OF INJURY			
	PR-2			
	INFORMATION			
	LAB RESULTS (IF APPLICABLE)			
	AIMS MILEAGE REIMBURSEMENT FORM			
	CLAIM SUMMARY-PAYMENTS			
	AIMS FULLY RECOVERED LETTER			

NOTICE OF MISSED APPOINTMENT

USHW of California - Stockton
STOCKTON MEDICAL CENTER
3663 E. ARCH ROAD, SUITE # 400
STOCKTON, CA 95215
(209) 943-2202

Patient
Anderson, Tiffany
2 N Avena Avenue
Lodi, CA 95240

Employer
SJC MOSQUITO & VECTOR
7759 S. AIRPORT WAY
JOHN STROH
STOCKTON, CA 95206

Case # 118-168567
Injury Date 6/29/11
SS# XXX-XX-5133
Missed Appt 7/13/11 9:30 AM
Claim#
File # Org 1174/sv

Payor
SJC MOSQUITO & VECTOR
7759 S. AIRPORT WAY
JOHN STROH
STOCKTON, CA 95206

Our records show that you missed your scheduled appointment. It is very important that you keep all your appointments. Not only your employer has made a commitment to provide you with the proper medical care but also, failure to keep your appointments until the doctor releases you from care may jeopardize your recovery.

We have scheduled a new appointment for you on the date and time indicated below.

If our records are incorrect or the new scheduled appointment is not convenient for you, please call our office and we will accommodate you. A copy of this letter has been sent to your employer and to the insurance carrier.

Nuestros archivos demuestran que usted no asistio a su ultima cita. Es muy importante que asista a todas sus citas con el medico. No solo su empleador se ha comprometido a proveerle de tratamiento medico apropiado sino que tambien, el no asistir a sus citas antes que el medico le de de alta puede afectar su recuperacion.

Le hemos dado una nueva cita para el dia y la hora indicados abajo.

Si nuestros archivos estan incorrectos o si la nueva cita no le es conveniente por favor, llame a nuestra oficina para cambiarla a su conveniencia. Hemos enviado una copia de esta carta a su empleador y a la compania aseguradora.

Appointment (Cita): 7 / 18 / 2011 , 9:45 AM

17-E-2



HX2

WC HEALTH HISTORY / HISTORIA MEDICA

Confidential / Confidencial

To better assess your health condition, please provide the following information ((Para evaluar mejor su salud, por favor proporcione la siguiente información)

PLEASE ANSWER ALL QUESTIONS

Por favor, conteste todas las preguntas

Yes/Sí	No	PAST MEDICAL HISTORY / ANTECEDENTES MEDICOS	RESPIRATORY SYSTEM	Yes/Sí	No
		1. Allergies or hives Alérgias o urticaria	42. Chronic/Recurrent Cough/Cold Resfriado / tos crónica o recurrente		
		2. Medications Medicinas	43. Asthma / Wheezing Asma o pitos (sibilancias) en el pecho		
X		3. Major illnesses or injuries Enfermedades/lesiones importantes	44. Emphysema or chronic bronchitis Enfisema o bronquitis crónica		
X		4. Hospitalizations or surgeries Hospitalizaciones o cirugías	45. Pneumonia P neumonía o pulmonía		
X		5. Motor vehicle accidents Accidentes de tránsito	46. Tuberculosis Tuberculosis		
X		6. Blood transfusions Transfusiones de sangre	47. Coughing of Blood Tos con sangre		
X		7. Worked in a hazardous environment Trabajo en ambientes peligrosos	GASTROINTESTINAL TRACT		
X		8. Work-related injuries/illnesses Accidentes/enfermedades en el trabajo	48. Frequent Indigestion or reflux Indigestión o reflujo frecuentes		
X		9. Permanent disabilities Incapacidad permanente	49. Nausea or vomiting Náusea o vómitos		
Yes/Sí	No	FAMILY HISTORY / ANTECEDENTES FAMILIARES	50. Vomiting of Blood Vómitos con sangre		
		10. Blood diseases in relatives Familiares con enfermedades de la sangre	51. Abdominal pain Dolor abdominal		
		11. Cancer or leukemia in relatives Familiares con cáncer o leucemia	52. Liver disease Enfermedades del hígado		
		12. Diabetes in relatives Familiares con diabetes	53. Change in Bowel Habits Cambios en hábitos intestinales		
		13. Heart Disease Familiares con enfermedades del corazón	54. Frequent Constipation/Diarrhea Constipación o diarrea frecuentes		
		14. High Blood Pressure Familiares con presión alta	55. Blood in stools/Black stools Heces negras o con sangre		
		15. Strokes in relatives Familiares con trombosis / ataques cerebrales	56. Hemorrhoids / Rectal Disease Hemorroides o enfermedades del recto		
		16. Mental illnesses in relatives Familiares con enfermedades mentales	GENITOURINARY TRACT		
Yes/Sí	No	SOCIAL HISTORY / ANTECEDENTES SOCIALES	57. Painful or difficult urination Dificultad o dolor al orinar		
		17. Tobacco use. How much? <u>NA</u> week Uso de tabaco. ¿Cuanto? <u>NA</u> /semana	58. Blood in urine Sangre en la orina		
		18. Alcohol use. How much? <u>NA</u> week Uso de alcohol. ¿Cuanto? <u>NA</u> /semana	59. Kidney infection/stones Infecciones o cálculos del riñón		
		REVIEW OF SYSTEMS / REVISION DE SISTEMAS	60. Venereal Disease Enfermedades venéreas		
Have you had or do you commonly have: ¿Tiene usted normalmente o ha tenido:			MUSCULOSKELETAL		
Yes/Sí	No	CONSTITUTIONAL	61. Joint pain or disease Enfermedades o dolor en las articulaciones		
		19. Recent gain or loss of weight Ganancia o pérdida de peso reciente	63. Neck or back injury Lesiones del cuello o de la espalda		
		20. Weakness, fatigue, or appetite loss Debilidad, fatiga o pérdida de apetito	64. Foot Problems Problemas en los pies		
		21. Fever Fiebre	NEUROLOGICAL		
Yes/Sí	No	SKIN	65. Epilepsy, Convulsions Epilepsia, convulsiones, ataques		
		22. Skin diseases or problems Enfermedades en la piel	66. Dizziness Mareos o vértigo		
X		23. Discoloration, pigmentation changes Cambios de color en la piel	67. Muscle weakness or paralysis Parálisis o debilidad muscular		
		24. Cancer/Tumors or cysts Cáncer, tumores o quistes	68. Numbness in arms or legs Adormecimiento de manos o pies		
		HEAD	PSYCHIATRIC PROBLEMS		
		25. Frequent or severe headaches Dolores de cabeza frecuentes o severos	69. Depression Depresión		
Yes/Sí	No	EYES / VISION	70. Nervousness Nerviosismo		
		26. Eye injury, infection or pain Lesiones, infección o dolor en los ojos	71. Mood swings Cambios del humor o del carácter		
		27. Blurred, double or decreased vision Visión borrosa, doble, o disminuida	72. Sleep disturbances Trastornos del sueño		
		28. Eye itching, burning or tearing Lagrimeo, picazón o quemazón en ojos	73. Alcoholism Alcohólicismo		
		29. Light sensitivity Sensibilidad a la luz	74. Drug abuse treatment/rehabilitation Rehabilitación por adicción a drogas		
Yes/Sí	No	EARS, NOSE, THROAT, MOUTH	ENDOCRINE SYSTEM		
		30. Loss or decreased hearing Pérdida o disminución de la audición	75. Increased appetite Apetito exagerado		
		31. Ear pain, infection, discharge Dolor, infección o secreción en oídos	76. Increased thirst Sed exagerada		
		32. Nose / Sinus Problems Problemas en la nariz o en senos nasales	77. Increased urination Aumento en la frecuencia o cantidad de orina		
		33. Dental/Gum Disease Enfermedades dentales o de las encías	78. Diabetes/High Blood Sugar Diabetes / Azúcar en la sangre		
		34. Recurrent throat problems Problemas de garganta recurrentes	79. Hair loss Pérdida del cabello		
		35. Voice Change / Hoarseness Ronquera o cambios en la voz	BLOOD DISORDERS		
Yes/Sí	No	CARDIOVASCULAR SYSTEM	80. Bleeding gums Sangramiento por las encías		
		36. Shortness of Breath Dificultad para respirar	81. Bruising Moretones o cardenales		
		37. Chest Pain or Pressure Opresión o dolor en el pecho	82. Spontaneous nose bleeding Sangramiento espontáneo por la nariz		
		38. Palpitation/Pounding Heart Palpitaciones o saltos del corazón	83. Easy bleeding or hard to stop Sangramiento fácil o difícil de detener		
		39. High Blood Pressure Presión sanguínea elevada	FOR WOMEN ONLY		
		40. Swelling Feet/Ankles Hinchazón de pies o tobillos	84. Pregnant? Embarazada?		
		41. Varicose Veins Venas varicosas	85. Date last menstrual period? Fecha última menstruación		
			86. Irregular Menstruation? ¿Menstruación o períodos irregulares?		
			87. Painful Menstruation ¿Menstruación o períodos dolorosos?		

Please write the number of any Yes answers and explain each one of them in the space below.

Por favor, escriba el número de las preguntas en las cuáles haya contestado que Sí y explique sus repuestas en este espacio.

1. I have allergies.
2. I take IB Prolin and anxiety medication
4. I've had 2 surgeries on my R. knee
5. I was treated 12-2010
7. I am exposed to chemicals at animal waste water.
9. I've had two knee surgeries

I certify that the information above is correct. (Certifico que la información arriba es correcta)

Patient Signature (Firma del Paciente):

Date (Fecha):

7/6/11

PROVIDER COMMENTS

Relevant history was discussed and patient advised to follow up with personal physician

Provider Initials:

© U.S. HealthWorks

7/6/11 17-E-3



HX1

Please complete the following information. (Por favor, complete la siguiente información)

Employer (Patrón): S.J. County Mosquito Control Date (Fecha): 7-6-11 SSN: 549-23-5133
First Name (Nombre): Tiffany Middle Initial (Inicial): K Last Name (Apellido): Anderson
Address (Dirección): 2 N. Avena Avenue City (Ciudad): Lodi State (Estado): CA Zip (C. Postal): 95240
Telephone Numbers (Teléfonos) Home: (Casa) 209-329-9523 Work (Trabajo): 209-982-4675 Cell (Celular): James
Best number to reach you (Mejor número para llamarle): ☐ Home: (Casa) ☐ Work (Trabajo) ☒ Cell (Celular) Email: tiffanyanderson@ms.com
Date of Birth (Fecha de Nacimiento): 8-22-70 Sex (Sexo): F Marital Status (Estado Civil): Single
Date of Injury (Fecha de lesión): 6-29-11 Time (Hora): 2:15 Last day worked (Ultimo día que trabajo): NA
Occupation (Ocupación): pesticide applicator Address where injury occurred (Dirección donde ocurrió la lesión): 30138 E HWY 120 Escalon
Was your problem caused by something that happened at work? (¿Fue su problema causado por algo sucedido en su trabajo?) ☒ Yes (Sí) ☐ No
Injury was reported to (La lesión fue reportada a): Brian Heine Date (Fecha): 6-29-11 Time (Hora): 3:15
Has U.S. HealthWorks ever treated you before? (Alguna vez ha sido tratado en U.S. HealthWorks?): NO When? (Cuándo?): NA
In case of emergency call: (En caso de emergencia llamar a): Robert Blumett Tel: 415-516-5258

Please describe how your present injury/illness occurred. (Por favor describa cómo ocurrió su actual lesión o enfermedad.)

53 I was walking around a dairy pond. I walked into a metal post holder by grass. The metal post broke open the skin to a post surgical incision. The following day the open wound was exposed to dirty water from pastures with animal waste.

PLEASE COMPLETE THE FOLLOWING DIAGRAM (Por favor complete el diagrama a continuación.)

Do you feel any of the symptoms below, mark the areas of the body where you feel them on the figures below and indicate the type of symptom.
¿Siente alguno de los síntomas listados a continuación, marque la zona del cuerpo en donde los siente en las figuras e indique el tipo de sintoma.

Symptoms (Síntomas)	Example (Ejemplo)	Rate the intensity of your pain: Indique la intensidad de su dolor:										
		NO PAIN SIN DOLOR									MOST PAIN DOLOR INTENSO	
		0	1	2	3	4	5	6	7	8	9	10
① Pain (Dolor) ② Numbness (Adormecimiento) ③ Burning (Quemazón) ④ Pins/Needles (Pinchazos)												

Patient Signature (Firma del Paciente)

Date (Fecha) 7/6/11



BIL

1

WC Worksheet
New Patient

MA / NURSE NOTES. Dominant hand: ☐ Right ☐ Left

Allergies: NKDA

Medications: Ibuprofen, Antianxiety

Problems/Side effects: none

☐ Yes ☒ No History of ulcers or gastritis?

☐ Yes ☒ No Possibly pregnant?

Last Tetanus Toxoid: 2004

Occupational History:

EMS - unknown

Job Title: Pesticide Applicator

Length of employment with company 6 yrs Average hours per week: 50

Main Job Characteristics At The Time Of Injury:

☐ Sit down job ☒ Prolonged standing or walking ☒ Repetitive use of hands / keyboard / mouse ☒ Kneeling or squatting
☒ Bending ☒ Stooping ☒ Climbing ☐ Overhead work ☒ Operating hand tools / Machinery
☒ Lifting / Pulling / Pushing ☐ Up to 10 lbs. ☐ Up to 25 lbs. ☒ Up to 50 lbs. ☐ Up to ___ lbs. Other: _____
☐ Yes ☒ No Any lost work time? If Yes, specify number of full days lost: _____ and last date worked: _____
☐ Yes ☒ No Any other source of employment? If Yes, specify: _____
☐ Yes ☒ No Any sports or hobbies? If Yes, specify: _____
☐ Yes ☒ No Any previous treatment for the complaint(s) before coming to U.S. HealthWorks? If Yes, specify: _____

Chief Complaint: Pain in R Knee

Ht: 64 in Wt: 145 lbs Pulse: 64 /min BP: 142/100 mmHg Resp: 16 /min Temp: 97.7 °F

140/100
120/80

Completed by: tt smn /

PHYSICIAN HISTORY (Explain any Yes answers below.)

☐ Yes ☒ No Chemical / toxic exposure involved?
☒ Yes ☐ No Any previous occupational injuries or illnesses?
☐ Yes ☒ No Any pre-existing condition that could complicate or prolong the patient's diagnosis, treatment, and/or rate of recovery?

Hx @ knee arthroscopy for meniscus inj 2008 and 2009
Last Tx 2004

History of Present Illness/Injury: (Describe below the mechanism of injury, progression of illness, and the characteristics of the chief complaint)

walked into a T-bar 6/29/11 contused and scrapped medial
@ knee over a Trochanter Scar. 60 exposure to waste water from
a dairy farm the next day - claims it feels funny

Chief Complaint #1: Pain @ knee

Location: med. il joint

Quality: ☐ Faint ☐ Sharp ☒ Dull ☐ Tingling ☐ Burning

Severity: ☒ Minimal ☐ Mild ☐ Moderate ☐ Severe

Duration: ___ Min ___ Hours 7 Days

Timing: ☒ Occasional ☐ Intermittent ☐ Constant

Context: at work

Modifying Factors: Exacerbated by: movement

Lessened by: Rest

Relevant History. Comments:

⊕ HTN, DM, AN, kidney on Lix 12
⊕ Anxiety - takes Xanax over every
NKDA

Chief Complaint #2:

Location:

Quality: ☐ Faint ☐ Sharp ☐ Dull ☐ Tingling ☐ Burning

Severity: ☐ Minimal ☐ Mild ☐ Moderate ☐ Severe

Duration: ___ Min ___ Hours ___ Days

Timing: ☐ Occasional ☐ Intermittent ☐ Constant

Context:

Modifying Factors: Exacerbated by:

Lessened by:

Denies pregnancy Last 2-3 months
ago. Refuses UPT

As part of my evaluation, I reviewed the information above, as well as the patient's Medical, Family and Social History and the Review of Systems collected today.

Provider Signature

C MOSQUITO & VECTOR 159356

HE DOCUMENTATION ABOVE.

WC Worksheet
New Patient

DOS: 7/06/11 DOI: 6/29/11 DOB: 8/22/70

Patient: Anderson, Tiffany

ident #:

Date: 17-E-5

Case # : 118-168567 Ref # : Org 1174/s

Relevant History (Check all that apply and explain any Yes answers below.)

1. Time since the injury occurred? Minutes: _____ Hours: _____ Days: 7
☐ Tetanus Booster? ☐ 0-5 years ago ☒ 6-10 years ago ☐ >10 years ago ☐ Unknown
☐ Yes ☒ No Diabetes?
 4. ☐ Yes ☒ No Immunosuppressive therapy or state?
 5. ☐ Yes ☒ No First aid provided? If Yes, explain: _____

EXAM: (Check all the statements that apply and explain any Yes answers below.)

6. ☐ Yes ☒ No Malnourished and/or underdeveloped?
 7. ☐ Yes ☒ No Disoriented to time, place and person and/or non-alert?
 8. ☐ Yes ☒ No Mood and affect appear inappropriate?

BURNS:

9. ☐ Yes ☐ No 1st Degree Burns _____ %
 10. ☐ Yes ☐ No 2nd Degree Burns _____ %
 11. ☐ Yes ☐ No 3rd Degree Burns _____ %

Deep 2nd degree burns involving most of the hands, feet, face, or perineum most likely need care at a burn unit.

12. ☐ Yes ☐ No Circumferential burn?
 13. ☐ Yes ☐ No Respiratory tract injury? (Smoke Inhalation) Symptoms: _____
 Signs: _____
 14. ☐ Yes ☐ No ☐ Signs of clubbing, ☐ cyanosis or ☐ edema?

WOUNDS:

15. ☐ Location #1: Medial knee
 16. Shape: ☒ Linear ☐ Irregular Other: _____
 17. Depth: ☐ Skin ☐ Subcutaneous ☐ Fascia
 18. Condition: ☐ Contaminated ☐ Infected Explain: _____
 19. Size Length: 2 cms. 20. Other: _____

21. ☐ Location #2: _____
 22. Shape: ☐ Linear ☐ Irregular Other: _____
 23. Depth: ☐ Skin ☐ Subcutaneous ☐ Fascia
 24. Condition: ☐ Contaminated ☐ Infected Explain: _____
 25. Size Length: _____ cms. 26. Other: _____

(Additional locations may be described in the space below.)

2 cm healing abrasion medial knee
almost fully healed. @ resolving cellulitis from TTP.
Swelling or Erythema
1050F

(Check all that apply and explain any YES answers. If not all items in a statement are positive, circle and explain those that apply.)

27. ☐ Yes ☒ No Signs of infection or contamination?
 28. ☐ Yes ☒ No Tendon damage?
 29. ☒ Yes ☐ No Ecchymosis?
 30. ☐ Yes ☐ No Nerve damage?
 31. ☐ Yes ☒ No Vascular damage?
 32. ☐ Yes ☒ No Fracture associated?
 33. ☐ Yes ☒ No Signs of lymphangitis, lymphedema or regional lymphadenopathy?
 34. ☐ Yes ☒ No Signs of apparent respiratory distress (tachypnea, hyperpnea, etc.)?
 35. ☐ Yes ☒ No Restrictions to range of motion?

Joint: _____
 Joint: _____

Explain: _____
 Explain: _____

Explanation of abnormalities and other physical findings:

From. no ligament instability @ knee moving
algia

Other injuries associated with this incident: _____ (Document appropriately)

DIAGNOSTIC TESTS: Radiographic series of: _____ Number of views _____ X-Ray #: _____

☐ CBC / Differential ☐ Chemistry ☐ Urinalysis. Dipstick ☐ Urinalysis ☐ Wound C&S Other: _____
Results: Preliminary X-ray reading: ☐ Normal ☐ Abnormal: _____
 Laboratory: ☐ Normal ☐ Abnormal: _____
☐ Sent to radiologist
☐ Discussed with patient

THE DOCUMENTATION ABOVE.

OPEN WOUNDS / BURNS

Page 1 of 2 WC New Patient

incident #: _____

Date: 17-E-6

U.S. MOSQUITO & VECTOR 159356

DOS: 7/06/11 DOI: 6/29/11 DOB: 8/22/70

Patient: Anderson, Tiffany

Case # : 118-168567 Ref # : Org 1174/s

DIAGNOSES: (Specify all diagnoses by numbering in order of importance.)

1 Open Wound # 1 Crush Injury # Degree Burn
Degree Burn # 1 Abrasion @ face # Degree Burn
☒ Work-related ☐ Not Work-related ☐ Pending determination.
☒ First Aid Case

PHYSICIAN COMMENTS (Explain any No answers.)

1. ☒ Yes ☐ No According to the patient, was the present injury/illness caused by a single specific event?
2. ☐ Yes ☐ No Are findings consistent with the patient's statement?

TREATMENT PLAN:

- ☐ Cryotherapy locally for 15 min. STAT.
☐ Injection administered. Med/Manufacturer: Dose: Route: Location: Lot: Exp. Date:
☒ Td ☒ Tdap 0.5 mL IM STAT. Location: Lot: Exp. Date:
☐ For examination and treatment a **surgical tray with sterile instruments** was opened and prepared.
☐ A **sterile field** was prepared and sterile drapes were used.
☐ The wound was **cleansed and disinfected** with ☐ Saline ☐ Iodine Solution ☐ Hydrogen Peroxide Other:
☐ Local ☐ Regional ☐ Digital block **anesthesia** with [mL] of ☐ Xylocaine ☐ Marcaine 1% / 1.5% / 2% ☐ w/ Epinephrine %
☐ The wound was **explored**.
☐ **Irrigation and drainage** performed. ☐ Simple ☐ Complex
☐ **Non-surgical debridement** performed: ☐ Infected ☐ Not-infected
☐ **Surgical debridement** performed with: ☐ Scissors ☐ Scalpel ☐ Dermotome ☐ Burr ☐ Other:
☐ **Sutures /** ☐ **Staples** were placed:
☐ Skin Sutures: #: Type: ☐ Tendon Sutures: #: Type:
☐ Subcutaneous Sutures: #: Type: ☐ Fascia Sutures: #: Type:
☐ Antibiotic ointment / ☐ Silvadene cream ☐ Nailbed Sutures: #: Type:
☐ Sterile dressing was applied.
☐ Patient tolerated procedure well without complications.

Medications / Supplied (Check all that apply, write the prescription in the blanks and circle (D) for Dispensed and (P) for Prescribed.)

- ☐ Acetaminophen (Tylenol) ES 500 mg (#40) D / P ☐ Acetaminophen/ Cod. 300/30 mg (Tylenol #3) (#20) D / P
☐ Acetaminophen/ Hyd. 500/5 mg (Vicodin) (#20) D / P ☐ Cephalexin (Keflex) 500 mg (#40) D / P
☐ Cefadroxil (Duricef) 500 mg (#20) D / P ☐ Ibuprofen (Advil, Motrin) 200 / 600 / 800 mg (#40) D / P
☐ Naproxen Sodium (Aleve) 220 (#28) D / P ☐ Naproxen (Naprosyn) 375 (#40) / 500 mg (#20) (#40) D / P
☐ Ranitidine (Zantac) 150 mg (#20) D / P ☒ Injectables. Specify: Tdap D / P
☐ Other D / P ☐ Other D / P

☐ The following medical supplies were dispensed and the patient instructed in their proper use:

1. 2. 3.

Other:

- ☐ Interpreter used ☐ Certified interpreter unavailable. Name:
Work Status: ☒ Regular work ☐ Modified work ☐ Off work. Explain:
☐ Counseling visit: Total duration of visit: mins. Total duration of patient counseling: mins. Referral visit
Return to clinic on: 7/13
☐ Discharged from care. No further treatment is anticipated at this center at this time.

CONSULT / REFERRAL:

- ☐ Patient advised to follow up with personal physician.
☐ Consult/ ☐ Referral ☐ ER ☐ Other:
Reasons:

PATIENT EDUCATION:

- Patient voiced understanding of: ☒ aftercare instructions and medication side effects
☒ work restrictions and expected progression of the injury
Patient was given educational material on ☐ Krames Booklet

EMPLOYER CONTACT: ☒ Discussed case / ☐ Left detailed message with: Edna Buckner on the issues of:

- ☒ Causation ☒ Diagnoses ☒ Prognosis ☐ Work Status Other:

PROVIDER. Signature: Jon Eck

Name: Jon Eck, M.D.

MA/Nurse completing medical orders:

LABELS

Date 1ST A.S. Time 10:17
Medication Tdap Site AD delt
Dose 0.5ml Route IM
Manufacture Adacel
Lot # C38978x
VIS Publication Date 11/19/08
Exp 11-2-13

John Stroh

SJC MOSQUITO & VECTOR

159356

DOCUMENTATION ABOVE.

OPEN WOUNDS / BURNS

Page 2 of 2 WC New Patient

DOS: 7/06/11 DOI: 6/29/11 DOB: 8/22/70

Date: 17-E-7

Patient: Anderson, Tiffany

Case # : 118-168567 Ref # : Org 1174/s

PRIMARY TREATING PHYSICIAN'S PROGRESS REPORT (PR-2)

☐ Additional pages attached

Patient Last Anderson First Tiffany M.I. _____ Date of Exam: 7/6/2011 Case #: 118-16856

Occupation: _____ SS# _____ Date of Birth 8/22/70 Date of Injury 6/29/11 Claim # _____

Employer: SI County Mosquito Control Contact: _____ Tel: _____ Fax: _____

Claims Administrator _____ Tel: _____ Fax: _____

REASON FOR SUBMITTING REPORT (Check all that apply. If any box aside from "Other" applies, this report qualifies as mandatory.)

- ☐ Significant change in patient's condition ☐ Need for referral or consultation ☐ Info requested by: _____
☐ Significant change in work status ☐ Need for surgery or hospitalization ☐ Released from care ☐ Request for authorization
☐ Significant change in treatment plan ☐ Periodic Report (45 days after last report) ☐ Other: DEFER

PATIENT STATUS Since the last exam, this patient's condition has:

- ☐ Improved as expected ☐ Improved, but slower than expected ☐ not improved significantly
☐ worsened ☐ reached plateau and no further improvement is expected ☐ been determined to be non-work related

SUBJECTIVE COMPLAINTS (Document and describe significant complaints.)

OBJECTIVE FINDINGS (Document significant exam findings, lab, imaging, and other diagnostic testing.)

DIAGNOSES (Include ICD-9 code, if possible)

abrasion/cut on @ knee

Tdap given

TREATMENT

- ☒ Office Visit / Injury Treatment ☐ Start / ☐ Continue ☐ Therapy: _____ times / week for _____ weeks. ☐ Ergonomic Evaluation
☐ Start / ☐ Continue ☐ Chiro: _____ times / week for _____ weeks. ☐ Other _____
☒ Medications / Supplies Dispensed Tdap
☐ Consultation / ☐ Referral ☐ Requested / ☐ Pending. Specialty _____ ☐ Work status to be determined by specialist.
 Estimated length of treatment is now _____ weeks

WORK STATUS

- ☒ First Aid Case
☒ Return / ☐ Continue to work without restrictions
☐ Off work until (DATE) _____ Estimated period of total temporary disability _____ days,
☐ Off the balance of this shift only. Then RTW on (DATE) _____ to Full / ☐ Modified duty. ☐ Re-evaluate work status before next shift.
☐ Return to work as of _____ with the restrictions indicated below. Estimated duration of modified duty is _____ days.
 () No work near moving machinery () Sit down job
 () No / () Limited use of R / L hand to _____ hrs/day () Must wear ☐ Splint ☐ Immobilizer ☐ Back support ☐ Cage
 () No / () Limited standing or walking to _____ hrs/day ☐ Other _____
 () No / () Limited overhead work to _____ hrs/day () Must keep _____ elevated
 () No / () Limited stooping and bending to _____ hrs/day () Keep wound/bandage clean and dry
 () No / () Limited kneeling or squatting to _____ hrs/day () Must take a _____ minute stretch break every _____ minutes from
 () No / () Limited ☐ Lift ☐ Pull ☐ Push ☐ Keyboard / ☐ Other: _____
 Up to: ☐ 10 lbs ☐ 25 lbs ☐ 50 lbs ☐ _____ lbs () Other _____
 () No Climbing

☒ Medical status was discussed with employer representative John Strach

DISCHARGE STATUS

- ☐ Return to full duty on (DATE) _____ with no limitations or restrictions.
☐ Patient discharged as permanent and stationary with either impairment, work restrictions and/or need for future medical care. A PR-4 to follow.
☐ NON-INDUSTRIAL. Patient instructed to see private physician at own expense.

PRIMARY TREATING PHYSICIAN

I declare under penalty of perjury that this report is true and correct to the best of my knowledge and that I have not violated Labor Code § 139.3.

Name Jon Eck, M.D. Cal. Lic # _____ Date of Exam _____

Specialty: _____ Signature (Original) _____

located at: U.S. HealthWorks / Stockton, 3663 E. Arch Road, Suite 400, Stockton, CA 95215 Tel: (209) 943-2202 • Fax: (209) 943-2209

YOUR NEXT APPOINTMENT WITH THE DOCTOR IS:

☐ MON ☐ TUE ☒ WED ☐ THUR ☐ FRI ☐ SAT
 DATE: 7/13 TIME: 9:30 AM ☐ Before / After Shift
 PLEASE CALL IN ADVANCE IF YOU WILL BE UNABLE TO KEEP THIS APPOINTMENT.

YOUR NEXT APPOINTMENT WITH THE DOCTOR IS:

☐ MON ☐ TUE ☐ WED ☐ THUR ☐ FRI ☐ SAT
 DATE: _____ TIME: _____ ☐ Before / After Shift
 PLEASE CALL IN ADVANCE IF YOU WILL BE UNABLE TO KEEP THIS APPOINTMENT.

17-E-8

PRIMARY TREATING PHYSICIAN'S PROGRESS REPORT (PR-2)

☐ Additional pages attached

Patient Last First M.I. Date of Exam: Case #:
Occupation: SS# Date of Birth Date of Injury Claim #
Employer: Contact: Tel: Fax:
Claims Administrator Tel: Fax:

REASON FOR SUBMITTING REPORT (Check all that apply. If any box aside from "Other" applies, this report qualifies as mandatory.)

- ☐ Significant change in patient's condition ☐ Need for referral or consultation ☐ Info requested by:
☐ Significant change in work status ☐ Need for surgery or hospitalization ☐ Released from care ☐ Request for authorization
☐ Significant change in treatment plan ☐ Periodic Report (45 days after last report) ☐ Other:

PATIENT STATUS Since the last exam, this patient's condition has:

- ☐ improved as expected ☐ improved, but slower than expected ☐ not improved significantly
☐ worsened ☐ reached plateau and no further improvement is expected ☐ been determined to be non-work related

SUBJECTIVE COMPLAINTS (Document and describe significant complaints.)

OBJECTIVE FINDINGS (Document significant exam findings, lab, imaging, and other diagnostic testing.)

DIAGNOSES (Include ICD-9 code, if possible)

TREATMENT

- ☐ Office Visit / Injury Treatment ☐ Start / ☐ Continue ☐ Therapy: times / week for weeks. ☐ Ergonomic Evaluation
☐ Start / ☐ Continue ☐ Chiro: times / week for weeks. ☐ Other
☐ Medications / Supplies Dispensed
☐ Consultation / ☐ Referral ☐ Requested / ☐ Pending. Specialty ☐ Work status to be determined by specialist.
Estimated length of treatment is now weeks

WORK STATUS

- ☐ First Aid Case
☐ Return / ☐ Continue... to work without restrictions
☐ Off work until (DATE) Estimated period of total temporary disability days,
☐ Off the balance of this shift only. Then RTW on (DATE) to Full / ☐ Modified duty. ☐ Re-evaluate work status before next shift.
☐ Return to work as of with the restrictions indicated below. Estimated duration of modified duty is days.
() No work near moving machinery () Sit down job
() No / () Limited use of R / L hand to hrs/day () Must wear ☐ Splint ☐ Immobilizer ☐ Back support ☐ Cage
() No / () Limited standing or walking to hrs/day ☐ Other
() No / () Limited overhead work to hrs/day () Must keep elevated
() No / () Limited stooping and bending to hrs/day () Keep wound/bandage clean and dry
() No / () Limited kneeling or squatting to hrs/day () Must take a minute stretch break every minutes from
() No / () Limited ☐ Lift ☐ Pull ☐ Push ☐ Keyboard / ☐ Other:
Up to: ☐ 10 lbs ☐ 25 lbs ☐ 50 lbs ☐ lbs () Other
() No Climbing

☐ Medical status was discussed with employer representative

DISCHARGE STATUS

- ☐ Return to full duty on (DATE) with no limitations or restrictions.
☐ Patient discharged as permanent and stationary with either impairment, work restrictions and/or need for future medical care. A PR-4 to follow.
☐ NON-INDUSTRIAL. Patient instructed to see private physician at own expense.

PRIMARY TREATING PHYSICIAN

I declare under penalty of perjury that this report is true and correct to the best of my knowledge and that I have not violated Labor Code § 139.3.

Name Cal. Lic # Date of Exam
Specialty: Signature (Original)

Executed at: U.S. HealthWorks / Stockton, 3663 E. Arch Road, Suite 400, Stockton, CA 95215 Tel: (209) 943-2202 • Fax: (209) 943-2209

YOUR NEXT APPOINTMENT WITH THE DOCTOR IS:

☐ MON ☐ TUE ☐ WED ☐ THUR ☐ FRI ☐ SAT
DATE: TIME: ☐ Before / After Shift
PLEASE CALL IN ADVANCE IF YOU WILL BE UNABLE TO KEEP THIS APPOINTMENT.

YOUR NEXT APPOINTMENT WITH THE DOCTOR IS:

☐ MON ☐ TUE ☐ WED ☐ THUR ☐ FRI ☐ SAT
DATE: TIME: ☐ Before / After Shift
PLEASE CALL IN ADVANCE IF YOU WILL BE UNABLE TO KEEP THIS APPOINTMENT.

WORK STATUS REPORT

Name, Last: Anderson First: Tiffany Date of Exam: 7/06/11 Case #: 118168567
 SS#: XXX-XX-5133 Date of Birth: 8/22/70 Date of Injury: 6/29/11 Claim #:
 Employer: SJC MOSQUITO & VECTOR Contact: JOHN STROH Tel.: (209) 982-4675 Fax: 209 982-0120
 Claims Administrator: AIMS Tel.: (800) 444-6157 Fax: 916 563-1919

PATIENT STATUS Since the last exam, this patient's condition has:

- ☐ improved as expected ☐ improved, but slower than expected ☐ work status pending PR2
☐ worsened ☐ reached plateau and no further improvement is expected ☐ not improved significantly
☐ been determined to be non-work related

DIAGNOSES (Include ICD-9 code, if possible)

924.11 CONTUSION OF KNEE R

TREATMENT

- ☒ Office Visit / Injury Treatment ☐ Start / ☐ Continue ☐ Therapy: _____ times / week for _____ weeks. ☐ Ergonomic Eval
☐ Start / ☐ Continue ☐ Chiro: _____ times / week for _____ weeks. ☐ Other _____
☒ Meds / Supplies Dispensed TDAP
☐ Consultation / ☐ Referral ☐ Requested / ☐ Pending. Specialty _____ ☐ Work status to be determined by specialist
 Estimated length of treatment is now _____ weeks

WORK STATUS ☒ First Aid Case

- ☒ Return / ☐ Continue... to work without restrictions.
☐ Off work until (Date) _____ Estimated period of total temporary disability _____ days.
☐ Off the balance of this shift only. Then RTW on (Date) _____ to ☐ Full / ☐ Modified duty. ☐ Re-evaluate work status before next shift.
☐ Return to work as of (Date) _____ with the restrictions indicated below. Estimated duration of modified duty is _____ days.
 () No work near moving machinery () Sit down job.
 () No / () Limited use of R / L hand to _____ hrs/day () Must wear: () Splint () Immobilizer () Back support () Cage
 () No / () Limited standing or walking to _____ hrs/day () Other _____
 () No / () Limited overhead work to _____ hrs/day () Must keep _____ elevated
 () No / () Limited stooping and bending to _____ hrs/day () Keep wound/bandage clean and dry
 () No / () Limited kneeling or squatting to _____ hrs/day () Must take a _____ minute stretch break every _____ minutes from
 () No / () Limited () Lift () Pull () Push () Keyboard / () _____
 Up to: () 10 lbs () 25 lbs () 50 lbs () _____ lbs () Other _____
 () No climbing _____

☐ Medical status was discussed with employer representative. Name _____

If no modified work is made available, employer must keep employee off work unless, and until, such modified work is made available.

DISCHARGE STATUS

- ☐ Return to full duty on (Date) _____ with no limitations or restrictions. Released from care without
 ratable disability or need for future medical care.
☐ Patient discharged as permanent and stationary with either impairment, work restrictions and/or need for future
 medical care. A PR-4 to follow.
☐ NON-INDUSTRIAL. Patient instructed to see private physician at own expense.

TREATING PROVIDER

Name ECK, JON L., M.D. Lic. # G67867 Date of Exam 7/06/11
 Specialty _____ Signature _____ Signature on File [Signature]

Issued at: USHW of California - Stockton, 3663 E. ARCH ROAD, SUITE # 400, STOCKTON, CA 95215 Tel: (209) 943-2202

Checkin Time 9:50 AM

Checkout Time 11:18 AM

Next Visit Date 7/13/11 Time 9:30 AM

17-E-9



MA / NURSE NOTES:

Since last visit:

Current Medications:

18 Profin

Any medication/ treatment problems or side effects:

None

Allergies:

NECRA

Pulse: 72

BP: 150/102

Resp: 16

Temp: 98.3

Completed by: D20/PJ

SUBJECTIVE COMPLAINTS:

I reviewed the patient's health history as documented on (date of first visit) 7/6/11 and updated any changes below.

PI: Chief Complaint:

Knee pain

Location:

Quality: ☐ Faint ☐ Sharp ☒ Dull ☐ Tingling ☐ Burning

Severity: ☒ Minimal ☐ Mild ☐ Moderate ☐ Severe

Timing: ☒ Occasional ☐ Intermittent ☐ Constant

Duration: ___ Min ___ Hrs ___ Days

Since the last visit: ☐ Yes ☒ No Any new symptoms or complaints? If so, describe:

Patient is ☒ better/ ☐ worse/ ☐ same. Treatment ☒ was/ ☐ was not followed and ☐ was/ ☐ was not tolerated. Current Work Duty: ☒ Regular/ ☐ Modified/ ☐ Off

Employer reports she was doing fine and wanted to be back 5 being seen. Today she tells me she had severe pain 5 11 day as 7/8 she almost went to ER, claims constant dull pain (addnl),

Associated Signs/Symptoms: ☒ None ☐ Yes ☐ No; Ecchymosis? ☐ Yes ☐ No; Redness? ☐ Yes ☐ No; Swelling? ☐ Yes ☐ No; Bleeding? ☐ Yes ☐ No; Increased pain? ☐ Yes ☐ No; Fever/Chills? ☐ Yes ☐ No; Foul odor? ☐ Yes ☐ No; Discharge? ☐ Yes ☐ No; Other: knee

OBJECTIVE FINDINGS:

(Check all that apply and explain any Yes answers below)

1. ☐ Yes ☒ No Disoriented to time, place and person, or non-alert?

Burns 1st Degree Burns

2nd Degree Burns

3rd Degree Burns

Wounded Areas:

5. Location #1: Ant @ Tibial, medial knee

6. Shape: ☐ Linear ☐ Irregular Other

7. Depth: ☐ Single Layer ☐ Multiple Layers:

8. Condition: ☐ Contaminated ☐ Infected. Explain

9. Size Length: ___ cms.

10. Other:

17. ☐ Yes ☐ No Sutures disrupted?

18. ☐ Yes ☐ No

Circumferential burn?

19. ☐ Yes ☐ No

Signs of infection?

20. ☐ Yes ☐ No Tendon damage?

21. ☐ Yes ☐ No

Ecchymosis?

22. ☐ Yes ☐ No

Vascular damage?

23. ☐ Yes ☐ No Signs of lymphangitis, lymphedema or regional lymphadenopathy?

24. ☐ Yes ☐ No

Fracture associated?

25. ☐ Yes ☐ No Signs of respiratory distress due to smoke inhalation?

26. ☐ Yes ☐ No

Restrictions to range of motion?

Wound except variable TTP medial joint line, fem and tibia condyle. Greening
Ligament instability on pain & valgus & varus stress. From NP

DIAGNOSTIC TESTS:

☒ Additional / ☐ Repeat Radiographs: @ Knee

Preliminary x-ray reading: ☒ Normal ☐ Abnormal:

Number of views 4

X-Ray #: 44889

☐ Additional / ☐ Repeat Laboratory:

Laboratory: ☐ Normal ☐ Abnormal:

DIAGNOSES:

Current Diagnoses: Contusion Abrasion @ knee

☐ Diagnosis added

ICD9:

TREATMENT PLAN:

☐ Surgical tray opened and sterile field prepared ☐ Sutures removed

☐ Wound cleaned and redressed

☐ SteriStrips applied

Medications ☐ New / ☐ Refill / ☐ Continue Specify:

☐ Dispensed ☐ Prescribed

Supplies ☐ The patient was instructed in the use and care of the following applied/fitted medical supplies:

☐ Dressings dispensed Other:

☐ Physical Therapy: Evaluate and treat ___ times/week for ___ weeks

Work Status: ☒ Regular ☐ Modified ☐ Off work

Interpreter ☐ required. Name:

Return to clinic on: 10/1

☐ Counseling Visit. Total duration of visit: ___ mins. Total duration of patient counseling: ___ mins.

No objective findings x Healed superficial abrasion
N/w pt. she agrees to cont Reg work. no further Tx indicated

☐ Referral / ☐ Consult to: Reason:

☐ Discharged from care. No further treatment is anticipated at this center at this time.

PHYSICIAN

Signature: [Signature]

Name:

LABELS

MOSQUITO & VECTOR

159356

DOS: 7/18/11 DOI: 6/29/11 DOB: 8/22/70

Patient: Anderson, Tiffany

Case # : 118-168567 Ref # : Org 1174/s

THE DOCUMENTATION ABOVE.

Injury: Incident #:

OPEN WOUNDS / BURNS

WC Established Patient

Date:

US HealthWorks

17-E-10

U.S. HealthWorks
MEDICAL GROUP

ADMINISTRATIVE DISCHARGE

USHW of California - Stockton
STOCKTON MEDICAL CENTER
3663 E. ARCH ROAD, SUITE # 400
STOCKTON, CA 95215
(209) 943-2202

Date: 7/15/11

Employer: SJC MOSQUITO & VECTOR

Ins.Carrier: SJC MOSQUITO & VECTOR

Address: 7759 S. AIRPORT WAY
JOHN STROH
STOCKTON, CA 95206

Address: 7759 S. AIRPORT WAY
JOHN STROH
STOCKTON, CA 95206

Employee: Anderson, Tiffany

Social Security #: XXX-XX-5133

Date of Injury: 6/29/11

Diagnosis: CONTUSION OF KNEE

Our records show that the aforementioned patient has failed to keep consecutive appointments on the following dates: 0/00/00 7/13/11 although we have sent letters of notification to the patient for each scheduled appointment.

The patient was last seen on 7/06/11 and the last work status was as follows:
07/06/11

The patient has failed to comply with our request to come back for a follow-up examination and is no longer under our care.

Additional comments:

pt no longer feels the need to be seen, requested case to be closed.

Should you wish to schedule this patient for a final evaluation, please contact our office.

Sincerely,

Primary Treating Physician

ECK, JON L., M.D.

17-E-11

2 Copy

U.S. HealthWorks
MEDICAL GROUP

WORK STATUS REPORT

Name. Last: Anderson First: Tiffany Date of Exam: 7/18/11 Case #: 118168567
SS#: XXX-XX-5133 Date of Birth: 8/22/70 Date of Injury: 6/29/11 Claim #: _____
Employer: SJC MOSQUITO & VECTOR Contact: JOHN STROH Tel.: (209) 982-4675 Fax: 209 982-0120
Claims Administrator: SJC MOSQUITO & VECTOR Tel.: (209) 982-4675 Fax: 209 982-0120

PATIENT STATUS Since the last exam, this patient's condition has:

- ☒ improved as expected ☐ improved, but slower than expected ☐ work status pending PR2
☐ worsened ☐ reached plateau and no further improvement is expected ☐ not improved significantly
☐ been determined to be non-work related

DIAGNOSES (Include ICD-9 code, if possible)

924.11 CONTUSION OF KNEE R

TREATMENT

- ☒ Office Visit / Injury Treatment ☐ Start / ☐ Continue ☐ Therapy: _____ times / week for _____ weeks. ☐ Ergonomic Eval
☐ Start / ☐ Continue ☐ Chiro: _____ times / week for _____ weeks. ☐ Other _____
☐ Meds / Supplies Dispensed _____
☐ Consultation / ☐ Referral ☐ Requested / ☐ Pending. Specialty _____ ☐ Work status to be determined by specialist
Estimated length of treatment is now _____ weeks

WORK STATUS ☒ First Aid Case

- ☐ Return / ☒ Continue... to work without restrictions.
☐ Off work until (Date) _____ Estimated period of total temporary disability _____ days.
☐ Off the balance of this shift only. Then RTW on (Date) _____ to ☐ Full / ☐ Modified duty. ☐ Re-evaluate work status before next shift.
☐ Return to work as of (Date) _____ with the restrictions indicated below. Estimated duration of modified duty is _____ days.
() No work near moving machinery () Sit down job.
() No / () Limited use of R / L hand to _____ hrs/day () Must wear: () Splint () Immobilizer () Back support () Cage
() No / () Limited standing or walking to _____ hrs/day () Other _____
() No / () Limited overhead work to _____ hrs/day () Must keep _____ elevated
() No / () Limited stooping and bending to _____ hrs/day () Keep wound/bandage clean and dry
() No / () Limited kneeling or squatting to _____ hrs/day () Must take a _____ minute stretch break every _____ minutes from
() No / () Limited () Lift () Pull () Push () Keyboard / () _____
Up to: () 10 lbs () 25 lbs () 50 lbs () _____ lbs () Other _____
() No climbing _____
☐ Medical status was discussed with employer representative. Name _____

If no modified work is made available, employer must keep employee off work unless, and until, such modified work is made available.

- DISCHARGE STATUS ☒ Return to full duty on (Date) 7/18/11 with no limitations or restrictions. Released from care without ratable disability or need for future medical care.
☐ Patient discharged as permanent and stationary with either impairment, work restrictions and/or need for future medical care. A PR-4 to follow.
☐ NON-INDUSTRIAL. Patient instructed to see private physician at own expense.

TREATING PROVIDER

Name ECK, JON L., M.D. Lic. # G67867 Date of Exam 7/18/11
Specialty _____ Signature _____ Signature on File _____

Issued at: USHW of California - Stockton, 3663 E. ARCH ROAD, SUITE # 400, STOCKTON, CA 95215 Tel: (209) 943-2202

Checkin Time 8:44 AM

Checkout Time 10:42 AM

17-E-12

7/18/11

Current Symptoms:

The patient has drawn her symptoms on a diagram outlining the human body. The body parts reported are the knees.

The patient was asked to describe his pain based on the McGill Pain Questionnaire short form. The character of the pain is described as ache.

The patient's present pain intensity on a numeric rating scale (NMRS) is 3-7/10. The patient does not have visibly disabling pain.

From the patient's perspective the cause of pain is from the original injury. Aggravating factors include general activities and normal work. Palliative measures include rest.

The patient has taken a proactive approach to their condition, and is actively engaged in moving forward with a self directed management program.

The impact of the pain is problematic because the persistent symptoms have affected the quality of life (QOL) and activities of daily living. He is much more limited in social and recreational activities, and it has affected his outlook and mood.

Objective Findings: *(include significant physical examination, laboratory, imaging, or other diagnostic findings)*

GENERAL APPEARANCE:

The patient is well-developed, well-nourished, and in no distress. The patient is alert, and oriented x3.

HEENT:

Normocephalic, atraumatic. Palpatory examination normal. Pupils are equal, round, and reactive to light. Extraocular muscles are intact. Sclerae are non-icteric. Conjunctiva are pink, non-icteric.

NECK:

There is no significant lymphadenopathy or mass. Trachea is mid-line. The thyroid is without enlargement or palpable nodule. There is no evidence of jugular vein distention.

CARDIOVASCULAR:

The heart has a regular rate and rhythm. Pulses are normal.

RESPIRATORY:

Lungs are clear.

LUMBAR SPINE:

Gait is normal.

Normal Lumbar flexion.

Straight leg raise is negative.

Spasm and guarding is noted lumbar spine mild soreness/ no spasm/ guarding.

FABER TEST Negative.

Patrick Test Negative.

RECEIVED

JUL 20 2011

AMS SACRAMENTO

17-E-13

U.S. HealthWorks
MEDICAL GROUP

WORK STATUS REPORT

Name Last: Anderson First: Tiffany Date of Exam: 7/18/11 Case #: 118168567
 SS#: XXX-XX-5133 Date of Birth: 8/22/70 Date of Injury: 5/29/11 Claim #: _____
 Employer: SJC MOSQUITO & VECTOR Contact: JOHN STROE Tel.: (209) 982-4675 Fax: 209 982-0120
 Claims Administrator: SJC MOSQUITO & VECTOR Tel.: (209) 982-4675 Fax: 209 982-0120

PATIENT STATUS Since the last exam, this patient's condition has:

- ☒ improved as expected ☐ improved, but slower than expected
☐ worsened ☐ reached plateau and no further improvement is expected

- ☐ work status pending PR2
☐ not improved significantly
☐ been determined to be non-work related

DIAGNOSES (Include ICD-9 code, if possible)

S24.11 CONTUSION OF KNEE R

TREATMENT

- ☒ Office Visit / Injury Treatment ☐ Start / ☐ Continue ☐ Therapy: _____ times / week for _____ weeks. ☐ Ergonomic Eval
☐ Start / ☐ Continue ☐ Chiro: _____ times / week for _____ weeks. ☐ Other _____
☐ Meds / Supplies Dispensed _____
☐ Consultation / ☐ Referral ☐ Requested / ☐ Pending. Specialty _____ ☐ Work status to be determined by specialist.
 Estimated length of treatment is now _____ weeks

WORK STATUS ☒ First Aid Case

- ☐ Return / ☒ Continue... to work without restrictions.
☐ Off work until (Date) _____ Estimated period of total temporary disability _____ days.
☐ Off the balance of this shift only. Then RTW on (Date) _____ to ☐ Full / ☐ Modified duty. ☐ Re-evaluate work status before next shift.
☐ Return to work as of (Date) _____ with the restrictions indicated below. Estimated duration of modified duty is _____ days.
 () No work near moving machinery () Sit down job.
 () No / () Limited use of R / L hand to _____ hrs/day () Must wear: () Splint () Immobilizer () Back support () Cage
 () No / () Limited standing or walking to _____ hrs/day () Other _____
 () No / () Limited overhead work to _____ hrs/day () Must keep _____ elevated
 () No / () Limited stooping and bending to _____ hrs/day () Keep wound/bandage clean and dry
 () No / () Limited kneeling or squatting to _____ hrs/day () Must take a _____ minute stretch break every _____ minutes from
 () No / () Limited () Lift () Pull () Push () Keyboard / () _____
 Up to: () 10 lbs () 25 lbs () 50 lbs () _____ lbs () Other _____
 () No climbing

- ☐ Medical status was discussed with employer representative. Name _____

If no modified work is made available, employer must keep employee off work unless, and until, such modified work is made available.

- DISCHARGE STATUS ☒ Return to full duty on (Date) 7/18/11 with no limitations or restrictions. Released from care without
 notable disability or need for future medical care.
☐ Patient discharged as permanent and stationary with either impairment, work restrictions and/or need for future
 medical care. A PR-4 to follow.
☐ NON-INDUSTRIAL. Patient instructed to see private physician at own expense.

TREATING PROVIDER

Name ECK, JON L. M.D. Lic. # G67857 Date of Exam 7/18/11
 Specialty _____ Signature _____ Signature on File _____

Issued at: USHW of California - Stockton, 3663 E. ARCH ROAD, SUITE # 400, STOCKTON, CA 95215 Tel: (209) 943-2202

Checkin Time 8:44 AM

Checkout Time 10:42 AM

17-E-14

**MEDICAL NECESSITY / REASONS
FOR KNEE IMAGING STUDIES**

SJC MOSQUITO & VECTOR 159356

DOS: 7/18/11 DOI: 6/29/11 DOB: 8/22/70

Patient: Anderson, Tiffany

Sex: M F

Date of Service: _____

Case # : 118-168567 Ref # : Org 1174/s

f Injury: _____

Claim Number: _____

KNEE

Criteria for ordering imaging studies (ACOEM p 331) are:

- ♦ Red flags present for possible serious knee condition
- ♦ History of trauma
- ♦ Bony crepitation, abnormal mobility, angulation of leg, new deformity
- ♦ Point tenderness
- ♦ Inability to bear weight or walk (ACOEM p 331), inability to walk (four steps) or bear weight immediately or within a week of the trauma (ACOEM p 343)
- ♦ Displaced patella, tibia or fibula or history of dislocation
- ♦ Penetrating wound of knee
- ♦ Diabetes, history of immunosuppression, systemic signs/symptoms of infection/sepsis
- ♦ Localized heat, swelling erythema, soft tissue swelling NOT consistent with effusion
- ♦ Severe pain on motion
- ♦ History of cancer or palpable tumor
- ♦ History of gout, pseudogout, inflammatory arthritis or rheumatoid arthritis, recurrent episodes, swelling in other joints
- ♦ Painful, swollen joints without systemic symptoms, local effusion, heat
- ♦ Need to rule out compartment syndrome
- ♦ History consistent with fracture and/or dislocation
- ♦ Possible collateral ligament tear – "stress films" ((ACOEM p 335)
- ♦ Twisting, direct lateral OR medial blow to the knee, excessive abduction or adduction, tenderness at joint line or tenderness at ligament origin or insertion. (ACOEM p 335)
- ♦ Joint Effusion within 24 hours of direct blow or fall (ACOEM p 341)
- ♦ Palpable tenderness over fibular head or patella (ACOEM p 341)
- ♦ Inability to flex knee to 90 degrees (ACOEM p 343)
- ♦ Plain films recommended for "suspected red flags" or optional for tense hemarthroses (ACOEM p 347)

Other:

Treating Physician

Name: Jon Eck, M.D.

Signature: [Signature]

Date: 7/18/11



X-RAY INTERPRETATION REQUEST

From Dr. Dr. ECK, M.D. Date 7/18/11

Patient _____ Age _____

X-Ray No. 44889

Examination 1. RT knee

2. _____

3. _____

4. _____

SJC MOSQUITO & VECTOR 159356

DOS: 7/18/11 DOI: 6/29/11 DOB: 8/22/70

Patient: Anderson, Tiffany

Case # : 118-168567 Ref # : Org 1174/s

Reason:

☐ Trauma

☐ Routine Exam

☐ Fracture Follow-up

☐ Recent Surgery

☐ Other _____

☒ Pain

☐ Cough

☐ Fever

☐ Known Malignancy

☐ Additional pages attached

Patient Last Anderson First Tiffany DOB 8/22/70 Date of Exam: 7/18/11 Case #: 118168567

Occupation Pesticide Applicator SS# 549-23-5133 Date of Injury 6/29/11 Claim # _____

Employer: SJC MOSQUITO & VECTOR Contact: JOHN STROH Tel: (209) 982-4675 Fax: 209 982-0120

Claims Administrator SJC MOSQUITO & VECTOR Tel: (209) 982-4675 Fax: 209 982-0120

REASON FOR SUBMITTING REPORT (Check all that apply. If any box aside from "Other" applies, this report qualifies as mandatory.)

- ☐ Change in patient's condition ☐ Need for referral or consultation ☐ Info. requested by: _____
☐ Change in work status ☐ Need for surgery or hospitalization ☐ Released from Care ☐ Request for Authorization
☐ Change in treatment plan ☐ Periodic Report (45 days after last report) ☐ Other: _____

PATIENT STATUS Since the last exam, this patient's condition has:

- ☒ Improved as expected ☐ improved, but slower than expected ☐ not improved significantly
☐ worsened ☐ reached plateau and no further improvement is expected ☐ been determined to be non-work related

SUBJECTIVE COMPLAINTS (Document and describe significant complaints)

No intermittent pain @ knee

OBJECTIVE FINDINGS (Document significant exam findings, lab, imaging, and other diagnostic testing)

*No obj. findings
Healed superficial abrasion*

① Memory. ② Organized intelligibility of gait

DIAGNOSES (Include ICD-9 code, if possible)

Contusion/Abrasion @ leg

TREATMENT

- ☒ Office Visit / Injury Treatment ☐ Start / ☐ Continue ☐ Therapy: _____ times / week for _____ weeks. ☐ Ergonomic Eval
☐ Start / ☐ Continue ☐ Chiro: _____ times / week for _____ weeks. ☐ Other _____
☐ Meds / Supplies Dispensed _____
☐ Consultation / ☐ Referral ☐ Requested / ☐ Pending. Specialty _____ ☐ Work status to be determined by specialist.

Estimated length of treatment is now _____ weeks

WORK STATUS

- ☒ First Aid Case
☐ Return / ☒ Continue... to work without restrictions.
☐ Off work until (Date) _____ Estimated period of total temporary disability _____ days.
☐ Off the balance of this shift only. Then RTW on (Date) _____ to ☐ Full / ☐ Modified duty. ☐ Re-evaluate work status before next shift.
☐ Return to work as of (Date) _____ with the restrictions indicated below. Estimated duration of modified duty is _____ days.

- () No work near moving machinery
() No / () Limited use of R / L hand to _____ hrs/day
() No / () Limited standing or walking to _____ hrs/day
() No / () Limited overhead work to _____ hrs/day
() No / () Limited stooping or bending to _____ hrs/day
() No / () Limited kneeling or squatting to _____ hrs/day
() No / () Limited ☐ Lift ☐ Pull ☐ Push
Up to: ☐ 10 lbs ☐ 25 lbs ☐ 50 lbs ☐ _____ lbs
() No climbing
() Sit down job
() Must wear ☐ Splint ☐ Immobilizer ☐ Back support ☐ Cage
☐ Other _____
() Must keep _____ elevated
() Keep wound/bandage clean and dry
() Must take a _____ minute stretch break every _____ minutes from
() Keyboard / () _____
() Other _____

☐ Medical status was discussed with employer representative _____

DISCHARGE STATUS

- ☐ Return to full duty on (Date) _____ with no limitations or restrictions. Released from care without ratable disability or need for future medical care.
☐ Patient discharged as permanent and stationary with either impairment, work restrictions and/or need for future medical care. A PR-4 to follow.
☐ NON-INDUSTRIAL. Patient instructed to see private physician at own expense.

PRIMARY TREATING PHYSICIAN

I declare under penalty of perjury that this report is true and correct to the best of my knowledge and that I have not violated Labor Code S 139.3.

Signature: Jon Eck, M.D. Cal. Lic # _____ Date of Exam: 7/18/11

Executed at: USHW of California - Stockton, 3663 E. ARCH ROAD, SUITE # 400, STOCKTON, CA 95215 Tel: (209) 943-2202

YOUR NEXT APPOINTMENT WITH THE DOCTOR IS ON:

☐ MON ☐ TUE ☐ WED ☐ THUR ☐ FRI ☐ SAT

ATE: AC TIME: _____ ☐ Before / After Shift
PLEASE CALL IN ADVANCE IF YOU WILL BE UNABLE TO KEEP THIS APPOINTMENT.

YOUR NEXT APPOINTMENT FOR PHYSICAL THERAPY IS ON:

☐ MON ☐ TUE ☐ WED ☐ THUR ☐ FRI ☐ SAT

DATE: _____ TIME: _____ ☐ Before / After Shift
PLEASE CALL IN ADVANCE IF YOU WILL BE UNABLE TO KEEP THIS APPOINTMENT.

17-E-17

CONSENT FOR X-RAY EXAMINATION

I, Tiffany Andersen hereby certify that:

1. Before undergoing any X-ray examination, I have been informed by U.S. HealthWorks Medical Group that radiation exposure may be harmful to my health and to the health of my offspring, in case I am pregnant.
2. I have been asked to notify the X-ray technician, by means of this statement, if I am or if I believe that I might be pregnant, before I undergo any X-ray examination.
3. I have been asked to provide this information so that, in case of pregnancy, appropriate measures can be taken to protect the well-being of both my descendant(s) and I, while still receiving the best possible medical care.
4. My last menstrual period started on 1-2011 and to the best of my knowledge,
☒ **I am not pregnant** and I consent to an X-ray examination, as indicated by the physician.
☐ **I am pregnant.**

AUTORIZACION PARA EXAMEN DE RAYOS X

Yo, _____ certifico que:

1. Antes de cualquier examen de rayos X, he sido informada por U.S. HealthWorks Medical Group que la exposición a radiaciones puede ser perjudicial para mi salud y para la salud de mi hijo(a), en caso de estar embarazada.
2. Se me ha pedido que notifique al técnico de rayos X, por intermedio de esta certificación, si estoy embarazada o creo estar embarazada, antes de que se me haga algún examen de rayos X.
3. Se me ha pedido que suministre esta información para que en caso de estar embarazada, puedan tomarse las medidas necesarias para proteger a mi hijo(a) y a mi, mientras recibo el mejor cuidado médico posible.
4. Mi último período menstrual comenzó el _____ y hasta donde yo sé,
☐ **no estoy embarazada** y doy mi consentimiento para un examen de rayos X, tal como fue indicado por el médico.
☐ **si estoy embarazada.**



SIGNATURE (Firma)

17-E-18

DATE (Fecha)