

- Learn to recognize signs of head louse infestation and check for them if a child or family member scratches the head often.
- Treat promptly when head lice are found.
- Notify others (school nurse, teacher, friends' parents).

#### WHEN CHILDREN CAN RETURN TO SCHOOL

Children with head lice are kept out of school until treated. Some schools require removal of all nits before children may return. Check with your school nurse before returning a child to school.

#### CLEARING UP SOME COMMON MYTHS ABOUT HEAD LICE

- Personal cleanliness will not prevent head lice. Anyone can get them, whether clean or dirty.
- Head lice cannot jump or fly.
- Head lice come from another person, not from dogs, cats, or other pets.
- Carpets and furniture are not a favorable place for lice. They do not provide the warmth, food, or moisture needed for lice to survive.
- No solvent (vinegar, etc.) will effectively dissolve the cement that holds nits to the hair.

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92