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December 11, 1991

Re: MEIDINGER, Donald
File #3582

To Whom It May Concern:

Don returns and his knee is still bothersome, especially posteriorly on the medial side. There is no definite locking but it is significantly painful whenever he has to bend down. Even with just pure working without any squatting he develops pain. There are good and bad days.

The MRI was returned and we have discussed this with the patient. This reveals a complex tear of the posterior horn of the medial meniscus.

He has been given alternatives. He wishes continued conservative treatment. We have placed him on Clinoril, 200 mg. p.o. b.i.d. with meals. The risk of liver, ulcer and kidney disorder were discussed. The patient is not to drink alcohol or take aspirin or Advil while on this medication. He will stop the medication for any GI upset. He is additionally to continue home exercises. He is working full time. I will see him back in approximately 3 - 4 weeks for follow-up.

Sincerely,


Darryl W. Kitayama M.D.

DWK/gp